



DETAILED PROGRAM

THE 23rd ASEAN FEDERATION OF ENDOCRINE SOCIETIES CONGRESS

ENDOCRINOLOGY, DIABETES, METABOLIC DISORDERS AND DIGITAL TECHNOLOGY

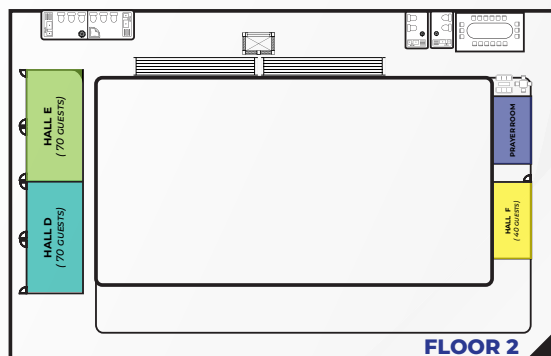
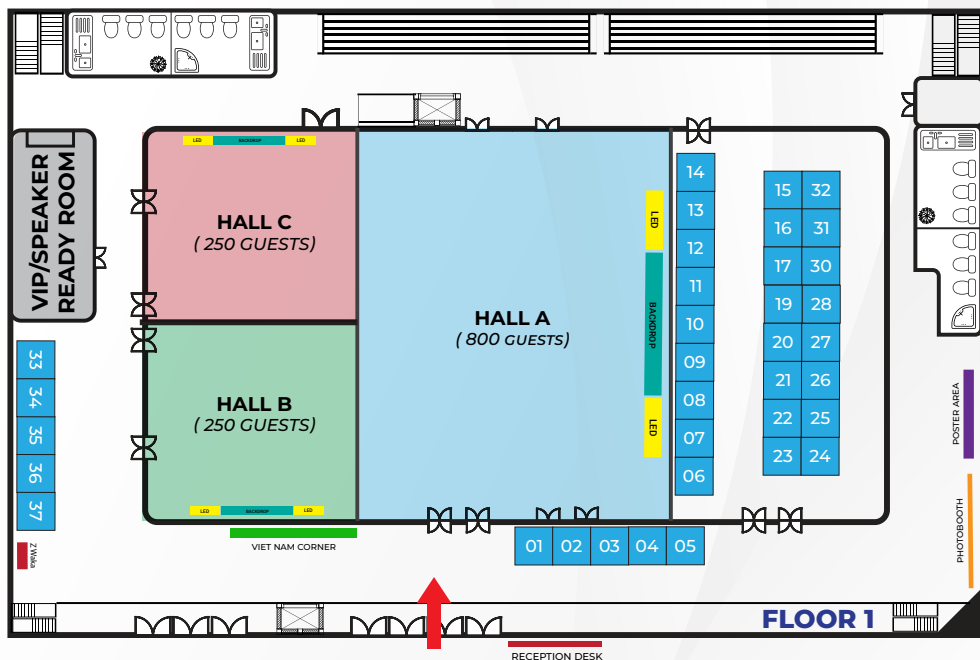
Da Nang, Vietnam, 14-16.11.2025

AFES 2025



LAYOUT AFES 2025

Ariyana Convention Center



Standard Booth
3m (length) x 3m (width) x 2.5m (height)

Standard Table
1.8m (length) x 0.6m (width) x 0.75m (height)

1	SERVIER	8	MEGA	15	EMBECTA	23	NOVO NORDISK	31	DƯỢC HẦU GIANG
2	SERVIER	9	MEGA	16	SCIGEN	24	NOVO NORDISK	32	UNITED
3	SERVIER	10	GSK	17	ASTRAZENECA	25	NOVO NORDISK	33	AOCE
4	SERVIER	11	GSK	19	ABBOTT	26	WÖRWAG	34	EMSS
5	SERVIER	12	PFIZER	20	ABBOTT	27	VÂN LONG	35	PERKENI
6	MEGA	13	ROCHE	21	ABBOTT	28	GIGAMED	36	PCEDM
7	MEGA	14	BOEHRINGER	22	NOVO NORDISK	30	HASAN DERMAPHARM	37	VADE



PROF. TRAN HUU DANG

President of the ASEAN Federation of Endocrine Societies
President of the Vietnam Association of Diabetes and Endocrinology

Dear Distinguished Delegates and Colleagues,

On behalf of the **ASEAN Federation of Endocrine Societies (AFES)** and the **Vietnam Association of Diabetes and Endocrinology (VADE)**, I would like to extend to you my warmest greetings and best wishes for health and happiness.

In 2025, Vietnam has the great honor of hosting the **23rd Congress of the ASEAN Federation of Endocrine Societies (AFES 2025)** - the region's premier scientific event in the field of **Endocrinology, Diabetes, and Metabolic Disorders**.

With the theme **"Endocrinology, Diabetes, Metabolic Disorders and Digital Technology"**, the Congress aims to highlight the latest advancements in modern medicine, particularly the integration of **digital technology** into the diagnosis, treatment, and management of endocrine and metabolic diseases.

The Congress will bring together leading experts, scientists, and clinicians from Vietnam and across the world, offering high-quality lectures, scientific presentations, and diverse perspectives. It will serve as a valuable platform for the Southeast Asian medical community to share knowledge, exchange ideas, and strengthen collaboration in research, education, and patient care.

On behalf of the AFES Executive Council and the Organizing Committee, I would like to express my sincere appreciation to all delegates, speakers, sponsors, and colleagues for your invaluable support and contributions to the success of this Congress.

I wish you inspiring and memorable days of learning, connection, and collaboration at **AFES 2025 in Da Nang City, Vietnam**.

Sincerely,



PROGRAM AT GLANCE

TIME	HALL A (1 st Floor)	HALL B (1 st Floor)	HALL C (1 st Floor)	HALL D (2 nd Floor)	HALL E (2 nd Floor)	HALL F (2 nd Floor)
PRE-SCIENTIFIC CONFERENCE FRIDAY, 14 NOVEMBER 2025						
13.30 - 15.15	PRE A1 ENDOCRINOLOGY DISORDER	PRE B1 TYPE 1 DIABETES: COMPLICATION OF DIABETES	PRE C1 QUẢN LÝ BIẾN CHỨNG CẤP TÍNH VÀ CHIẾN LƯỢC TOÁN ĐIỂN TRONG ĐIỀU TRỊ ĐTD	PRE. D1 AFES - ANAH JOINT SYMPOSIUM	PRE E1 PEDIATRIC ENDOCRINOLOGY DISEASE	PRE F1 EMERGENCY RESUSCITATION, CLINICAL CASE OF THYROID DISEASE
15.15 - 17.00	PRE A2 METABOLISM DISORDER	PRE B2 NEW APPROACHS IN MANAGEMENT OF THYROID DISEASE	PRE C2 TIẾP CẬN MÔI TRƯỜNG ĐIỀU TRỊ ĐAI THẢO ĐƯỜNG	PRE. D2 MEET THE PROFESSOR SESSION: PREGNANCY, GENETIC DISORDER AND ADRENAL INCIDENTALOMA	PRE E2 COMPREHENSIVE MANAGEMENT IN ELDERLY PATIENTS	PRE F2 SURGERY, ORGAN TRANSPLANT
17:00 - 18:00		SATELITE WORKSHOP B1 - SERVIER				
SCIENTIFIC CONFERENCE SATURDAY, 15 NOVEMBER 2025						
8.30 - 9.00	OPENNING CEREMORY - HALL A					
9.00 - 10.40	PLENARY A1 ENDOCRINOLOGY, DIABETES, METABOLIC DISORDERS AND DIGITAL TECHNOLOGY	PLENARY B1 MEDICATION ADHERENCE IN TREATMENT OF DIABTES	PLENARY C1 QUẢN LÝ BIẾN CHỨNG BỆNH ĐAI THẢO ĐƯỜNG	PLENARY D1 TREATMENT OF DIABETES: THE ROLE OF EARLY GLYCEMIC CONTROL	PLENARY E1 PHYSIOLOGY IN DIABETES, METABOLIC DISORDERS	PLENARY F1 PARATHYROID AND THYROID DISEASE
EXHIBITION OPENING / TEA BREAK						
10.45 - 12.15	SYMPOSIUM A2 APPLICATION OF NEW TECHNOLOGY IN TREATMENT OF DIABETES	SYMPOSIUM B2 GESTATIONAL DIABETES MELLITUS (GDM) 2	SYMPOSIUM C2 ĐIỀU TRỊ BỆNH BÉO PHÍ VÀ BỆNH TUYẾN GIÁP	SYMPOSIUM D2 APPLICATION OF AI AND NEW TECHNOLOGY IN TREATMENT	SYMPOSIUM E2 OPTIMAL DIABETIC FOOT ULCER MANAGEMENT	SYMPOSIUM F2A ANAH RESEARCH
12.15 - 13.15	SATELITE WORKSHOP A2 - NOVIO	SATELITE WORKSHOP B2 - SERVIER	SATELITE WORKSHOP C2 - SANOFI		SATELITE WORKSHOP E2 - URGO	SYMPOSIUM F2B ANAH RESEARCH
13.30 - 15.00	SYMPOSIUM A3 RENAL AND CARDIOVASCULAR IN DIABETES	SYMPOSIUM B3 OBESITY	SYMPOSIUM C3 CHIẾN LƯỢC ĐIỀU TRỊ ĐAI THẢO ĐƯỜNG	SYMPOSIUM D3 SYNERGISTIC SOLUTION IN TREATMENT OF DIABETES	SYMPOSIUM E3 METABOLIC DISORDERS AND OBSTETRICS, PCOS	SYMPOSIUM F3 HYPOTHYROID AND THYROID DISEASE
TEA BREAK						
15.15 - 16.30	EXPERTS TALK A4 MEET THE PROFESSOR SESSION: PARAGANGLIOMA, CORTISOL AND GENETIC DISORDERS	EXPERTS TALK B4 POWERING PATIENTS: TOGETHER FOR BETTER CARE	PLENARY C4 QUẢN LÝ BỆNH TIM MẠCH VÀ BÀN CHÂN ĐTD	PLENARY D4 DIABETES AND COMORIDITIES	PLENARY LECTURE E4 TREATMENT APPROACH IN ADRENAL DISORDERS	PLENARY LECTURE F4 PREDIABETES, METABOLISM SYNDROME
16.30 - 17.30		SATELLITE WORKSHOP B3. ABBOTT	SATELLITE WORKSHOP C3. ASTRAZENECA	SATELLITE WORKSHOP D3. NOVARTIS	SATELLITE WORKSHOP E3. ABBOTT	SATELLITE WORKSHOP F3. PFIZER
GALA DINNER						
SCIENTIFIC CONFERENCE SUNDAY, 16 NOVEMBER 2025						
8.00 - 9.30	SYMPOSIUM A5 THE EPIDEMIOLOGY OF DIABETES	SYMPOSIUM B5 MEET THE PROFESSOR SESSION PRIMARY ALDOSTERONISM	SYMPOSIUM C5 DEPRESSIVE AND DIABETIC NEUROPATHY	SYMPOSIUM D5 GESTATIONAL DIABETES MELLITUS (GDM) 1	SYMPOSIUM E5 SARCOPENIA: FROM PATHOPHYSIOLOGY TO TREATMENT	SYMPOSIUM F5 COMBINATION THERAPY IN DIABETES
TEA BREAK						
9.45 - 11.30	SYMPOSIUM A6 NEW INSIGHTS INTO OSTEOPOROSIS	SYMPOSIUM B6 MEET THE PROFESSOR SESSION PRIMARY ALDOSTERONISM	SYMPOSIUM C6 NOVEL THERAPEUTIC APPROACHES IN CANCER OF THYROID	SYMPOSIUM D6 MANEGEMENT IN METABOLISM DISORDER	SYMPOSIUM E6 COMPREHENSIVE ASSESSMENT OF DIABETIC PATIENTS	
12.00	CLOSING CEREMORY - HALL A					

HALL A The 1st floor

13.30 – 15.15

PRE A1 ENDOCRINOLOGY DISORDER

Chairpersons

Dr. Nguyen Van Vy Hau PhD – Vietnam
Prof. Sharmin Jahan – Bangladesh

13.30 - 13.40

PA1.1 - Into the unknown: a case of autoimmune hypothalamitis as a cause of neuroendocrine dysfunction

Dr. Elisha Mae G. Indiongco - Philippines

13.40 - 13.50

PA1.2 - Case Report: Pituitary Apoplexy in a Dual Hormone-Secreting Macroadenoma

Dr. Model Grace A. Montes-Buna - Philippines

13.50 - 14.00

PA1.3 - A Case of a Non-functioning Pituitary Microadenoma Conservatively Managed in a 49-year-old Filipino Male

Dr. Angel Abraham Sison - Philippines

14.00 - 14.10

PA1.4 - Conn's Syndrome : When Hormones Rule Blood Pressure (Case study)

Dr. Zainal Fahmi - Indonesia

14.10 - 14.20

PA1.5 - Diagnosis and treatment of endogenous Cushing syndrome: experiences at Cho Ray Hospital

Dr. Le Thi Thu Thao - Vietnam

14.20 - 14.30

PA1.6 - Case of Lymphocytic Hypophysitis in a 59 year old Filipino Woman

Dr. Catherine Rose P. Dumpit - Philippines

14.30 - 14.40

PA1.7 - Current status of Cardiovascular-Kidney-Metabolic Syndrome in adults ≥ 30 years old in Can Tho city in 2025

Dr. Nguyen Thi Thuy Trang - Vietnam

14.40 - 14.50

PA1.8 - The diagnostic utility of the Captopril challenge test for primary aldosteronism in Bangladeshi population: A prospective study

Prof. Sharmin Jahan - Bangladesh

14.50 - 15.15

Discussion

HALL A The 1st floor

15.15 – 17.00

PRE A2 METABOLISM DISORDER

Chairpersons

Prof. Nguyen Hai Thuy – Vietnam
Dr. Lora May T. Tin Hay – Philippines

15.15 - 15.30

PA2.1 - Estimating the prevalence of familial hypercholesterolemia from the 8th National Health and Nutrition Survey

Dr. Patricia Marie M. Lusica - Philippines

15.30 - 15.45

PA2.2 - Nutritional Status and Dietary Patterns in Patients with Severe and Very Severe Hypertriglyceridemia at the Department of Endocrinology and Diabetes, Bach Mai Hospital

Dr. Ngo Quynh Trang - Vietnam

15.45 - 16.00

PA2.3 - Exploring the effects of Scleroderma on bone metabolism: A case report

Dr. Patricia Ana Vic H. Arcega - Philippines

16.00 - 16.15

PA2.4 - Dyslipidemia in Southeast Asian Patients With Ischemic Stroke

Prof. Nguyen Hai Thuy - Vietnam

16.15 - 16.30

PA2.5 - Disposable vaping in selected young adults: Effects on malondialdehyde and liver-specific enzyme levels

Dr. John Michelle M. Lagat - Philippines

16.30 - 16.45

PA2.6 - Coronary Microvascular Dysfunction in Diabetes Mellitus

Dr. Bui Cao My Ai - Vietnam

16.45 - 17.00

Discussion

HALL A The 1st floor

08.30 – 09.00	OPENNING CEREMORY
09.00 – 10.40	PLENARY A1 ENDOCRINOLOGY, DIABETES, METABOLIC DISORDERS AND DIGITAL TECHNOLOGY
Chairpersons	Prof. Tran Huu Dang – Vietnam Prof. William F. Young, Jr – USA Prof. Eun-Gyoung Hong – Korea
09.00 - 09.20	A1.1 - Diabetes and Metabolic Associated Fatty Liver Disease (MAFLD: Issues of Concern) Prof. Tran Huu Dang - Vietnam
09.20 - 09.40	A1.2 - AI in Medicine: Opportunities and Challenges Distinguished Prof. Tuan V. Nguyen - Australia
09.40 - 10.00	A1.3 - Clinical perspectives on adrenal disorders: Answers to common Q Prof. William F. Young, Jr - USA
10.00 - 10.20	A1.4 - Taking control: Complementary and alternative medicine in diabetes and cardiovascular disease management Prof. Narelle Warren - Australia
10.20 - 10.40	A1.5 - Advancements in Diabetes Technology: A Focus on Continuous Glucose Monitoring Dr. Amit Kumar Gupta - India
10.30 - 10.45	EXHIBITION OPENING / TEA BREAK

HALL A The 1st floor

10.45 – 12.15		SYMPOSIUM A2 APPLICATION OF NEW TECHNOLOGY IN TREATMENT OF DIABETES
Chairpersons		Prof. Tony Cunningham – Australia Assoc.Prof. Vinh Q.Mai – USA Dr. Alice Pik Shan KONG PhD – Hongkong
10.45 – 11.00	A2.1 – Breakthroughs in vaccine technology and applications for diabetes patient	Prof. Tony Cunningham – Australia
11.00 – 11.15	A2.2 – Frequency of hypoglycemia via continuous glucose monitoring in hospitalized patients with type 2 diabetes in non - ICU settings	Dr. Nguyen Thi Thu Huong PhD – Vietnam
11.15 – 11.30	A2.3 – Revolution of diabetes care with CGM as a standard of care and accelerate iCGM as an official standard about accuracy	Dr. Alice Pik Shan KONG PhD – Hongkong
11.30 – 11.45	A2.4 – Building better outcomes: Advancing insulin injection technique and education with FITTER forward	Dr. Shailendra Bajpai – India
11.45 – 12.15	A2.5 – Updates on diabetes mellitus diagnosis and management including advanced technology/CGM/insulin pumps	Assoc.Prof. Vinh Q.Mai – USA

HALL A The 1st floor

12.15 - 13.15		SATELITE WORKSHOP A2 – NOVO A NEW ERA IN THE TREATMENT OF TYPE 2 DIABETES: THE KEY ROLE OF SEMAGLUTIDE
Chairpersons Assoc.Prof. Nguyen Khoa Dieu Van		
12.15 - 12.20	Opening	Assoc.Prof. Nguyen Khoa Dieu Van
12.20 - 12.40	SA2.1 - Mechanism of action and benefits of Semaglutide: From research to practical application	Dr. Richard MacIssac - Australia
12.40 - 13.00	SA2.2 - Semaglutide: A solution to change the situation of type 2 diabetes treatment in Vietnam	Assoc.Prof. Nguyen Ngoc Quang - Vietnam
13.00 - 13.10	Discussion	
13.10 - 13.15	Closing	Assoc.Prof. Nguyen Khoa Dieu Van

HALL A The 1st floor

13.30 – 15.00		SYMPOSIUM A3 RENAL AND CARDIOVASCULAR IN DIABETES
Chairpersons		Prof. Nguyen Hai Thuy – Vietnam Prof. Dang Van Phuoc – Vietnam Dr. Abel Soh – Singapore
13.30 – 13.45	A3.1 – Assessment of renal cardiovascular risk factors – Key to improving prognosis for patients with metabolic renal cardiovascular disease	Prof. Dang Van Phuoc – Vietnam
13.45 – 14.00	A3.2 – Current situation of arterial hypertension and its related metabolic factors through 5 years MMM ' s Vietnam campaign	Prof. Huynh Van Minh – Vietnam
14.00 – 14.15	A3.3 – Remnant cholesterol as a distinct cardiovascular risk factor in young adults: An age-stratified nationwide cohort study	Dr. Han Na Jung - Korea - Korea
14.15 – 14.30	A3.4 – New-Onset Diabetes in Southeast Asian Patients With Heart Failure	Prof. Nguyen Hai Thuy – Vietnam
14.30 – 14.45	A3.5 – Insulin resistance and cardiovascular complications: The art of treatment approach	Prof. Nemencio A. Nicodemus Jr. - Philippines
14.45 – 15.00	A3.6 – GLP-1RA – An advanced therapy to reduce cardiovascular risk and overweight in diabetes patients in Vietnam	Dr. Nguyen Quoc Thai PhD – Vietnam
15.00 – 15.15	TEA BREAK	

HALL A The 1st floor

15.15 – 16.30		EXPERTS TALK A4 MEET THE PROFESSOR SESSION: PARAGANGLIOMA, CORTISOL AND GENETIC DISORDERS
Chairpersons		Dr. Sum Satha – <i>Cambodia</i> Dr. Tri Juli Edi Tarigan – <i>Indonesia</i>
15.15 - 15.40	A4.1 - Ruling OUT pheochromocytoma/paraganglioma	Prof. Gregory Kline - Canada
15.40 - 16.05	A4.2 - Hypercortisolism and hypertension	Assoc.Prof. Guido Di Dalmazi - Italia
16.05 - 16.30	A4.3 - Genetic disorders in adrenal disease	Assoc. Prof. Do Duc Minh - Vietnam
18.30 - 21.00	GALA DINNER	

HALL A The 1st floor

08.00 - 09.30 | SYMPOSIUM A5 THE EPIDEMIOLOGY OF DIABETES

Chairpersons | **Prof. Ko Ko** – Myanmar
Dr. Le Quang Toan PhD – Vietnam
Dr. Nguyen Ngoc Tam PhD – Vietnam

08.00 - 08.15 | **A5.1** - The epidemiology of diabetes mellitus and associated factors in adults under 40 years old presenting at Hanoi University of Medicine Hospital
Dr. Do Thu Thao - Vietnam

08.15 - 08.30 | **A5.2** - Efficacy and safety of icodex in type 2 diabetes mellitus in Asia population: A systematic review and meta analysis
Dr. Devina Ravelia Tiffany Subroto - Indonesia

08.30 - 08.45 | **A5.3** - Prevalence of cognitive impairment and some related factors in diabetic patients
Dr. Nguyen Ngoc Tam PhD - Vietnam

08.45 - 09.00 | **A5.4** - Prevalence of diabetes mellitus and related factors: Results of 2020 Vietnam Nationwide community-based survey
Dr. Le Quang Toan PhD - Vietnam

09.00 - 09.15 | **A5.5** - Prevalence of diabetes in the first trimester of pregnancy among women conceiving via in vitro fertilization and risk factors
Dr. Bui Phuong Thao - Vietnam

09.15 - 09.30 | **Discussion**

09.30 - 09.45 | **TEA BREAK**

HALL A The 1st floor

09.45 - 11.40		SYMPOSIUM A6 NEW INSIGHTS INTO OSTEOPOROSIS
Chairpersons		Distinguished Prof. Tuan V. Nguyen - Australia Prof. Manju Chandran - Singapore
09.45 - 09.50	Opening remarks	Distinguished Prof. Tuan V. Nguyen
09.50 - 10.20	A6.1 - Osteoporosis and Diabetes	Assoc. Prof. Vinh Q. Mai - USA
10.20 - 10.50	A6.2 - Minimum Clinical Standards of Osteoporosis Care	Prof. Manju Chandran - Singapore
10.50 - 11.20	A6.3 - Recent Developments in Fracture Risk Assessment	Distinguished Prof. Tuan V. Nguyen - Australia
11.20 - 11.35	A6.4 - Prevention and treatment of glucocorticoid -induced osteoporosis	Dr. Nguyen Thi Ngoc Thoi - Vietnam
11.35 - 11.40	Discussion	

HALL B The 1st floor

13.30 – 15.15	PRE B1 TYPE 1 DIABETES: COMPLICATION OF DIABETES
Chairpersons	Assoc.Prof. Le Dinh Tuan – <i>Vietnam</i> Dr. Edy Kornelius – <i>Taiwan</i>
13.30 - 13.45	PB1.1 - A decade of insights study: Long-term incidence and severity correlation between chronic kidney disease and diabetic retinopathy in type 2 diabetes Dr. Mai Trong Tri - Vietnam
13.45 - 13.55	PB1.2 - Glycemic control status among patients with type 1 diabetes at the National Hospital of Endocrinology, Vietnam Dr. Thai Thi Hanh - Vietnam
13.55 - 14.05	PB1.4 - The association between ADIPOQ gene variants (rs266729, rs2241766, rs1501299) and acute myocardial infarction in Vietnamese patients with type 2 diabetes mellitus Dr. Le Hoang Bao - Vietnam
14.05 - 14.15	PB1.5 - Diabetic peripheral neuropathy associated with cardiovascular risk factors and glucagon-like peptide-1 concentrations among newly diagnosed patients with type 2 Diabetes Mellitus Assoc.Prof. Le Dinh Tuan - Vietnam
14.15 - 14.25	PB1.6 - The prevalence of erectile dysfunction and associated risk factors among Filipino men with type 2 diabetes mellitus in a Tertiary Hospital and community clinic in Metro Manila: A cross-sectional study Dr. Joebeth S. Tabora - Philippines
14.25 - 14.35	PB1.7 - Review the results of using continuous blood glucose monitoring devices in pregnant women with diabetes under insulin treatment at Hai Duong General Hospital in 2024 BS. Vu Van Nguyen - Vietnam
14.35 - 14.45	PB1.8 - Stem Cell Therapy for Type 1 Diabetes Mellitus: Opportunities and Challenges Dr. Hoang Nguyen Thanh Thuy - Vietnam
14.45 - 15.00	PB1.9 - Research of left ventricular global longitudinal strain using speckle tracking echocardiography in patients with heart failure with preserved ejection fraction Dr. Nguyen Vu Ha Nguyen - Vietnam
15.00 - 15.15	Discussion

HALL B The 1st floor

15.15 – 17.00

PRE B2 NEW APPROACHS IN MANAGEMENT OF THYROID DISEASE

Chairpersons

Prof. Thanh D. Hoang – USA
Dr. Nguyen The Thanh PhD – Vietnam

15.15 - 15.30

PB2.1 - The golden window for treating Basedow eye disease and warning signs

Dr. Nguyen The Thanh PhD - Vietnam

15.30 - 15.45

PB2.2 - Graves' ophthalmopathy (thyroid eye disease)

Dr. Thanh D. Hoang - USA

15.45 - 16.00

PB2.3 - Challenges in the management of antithyroid drug -induced agranulocytosis in pregnant patient with Graves' disease - a case series

Dr. Jiramine M. Vicente - Philippines

16.00 - 16.15

PB2.4 - The value of TRAb in the diagnosis, monitoring, prognosis, and follow-up of Graves' disease

Dr. Nguyen Manh Ha - Vietnam

16.15 - 16.25

PB2.5 - Management of Graves' disease with methimazole induced agranulocytosis in a resource limited setting: A case report

Dr. Jifamy Faeldin - Philippines

16.25 - 16.35

PB2.6 - Characteristics of Antithyroid drug-induced Agranulocytosis patients in Cho Ray hospital from 2018 to 2025

Dr. Pham Vo Anh Tuan - Vietnam

16.35 - 17.00

Discussion

HALL B The 1st floor

17:00 – 18:00

SATELITE WORKSHOP B1 – SERVIER
DIABETES TREATMENT STRATEGIES: FROM OPTIMIZATION TO
PERSONALIZATION IN CLINICAL PRACTICE

Chairpersons

Assoc.Prof. Nguyen Thi Bich Dao – Vietnam
Assoc.Prof. Nguyen Khoa Dieu Van – Vietnam

17.00 - 17.05

Opening

Assoc.Prof. Nguyen Thi Bich Dao

17.05 - 17.20

SB1.1 - Optimizing treatment from existing weapons: Are we doing enough?

Assoc.Prof. Phan Huong Duong

17.20 - 17.40

SB1.2 - Personalized treatment - practical lessons from Vietnam

Assoc.Prof. Vu Thi Thanh Huyen

17.40 - 17.50

Discussion

17.50 - 18.00

Closing

Assoc.Prof. Nguyen Khoa Dieu Van

HALL B The 1st floor

09.00 – 10.20

PLENARY B1 MEDICATION ADHERENCE IN TREATMENT OF DIABTES

Chairpersons

Prof. Touch Khun – Cambodia
Assoc.Prof. Vu Thi Thanh Huyen – Vietnam
Dr. Sanjay Agarwal – India

09.00 – 09.15

B1.1 - Control and adherence in chronic CMVD: Current status and evolving guidelines

Dr. Sanjay Agarwal - India

09.15 – 09.30

B1.2 - Application of digital health technologies to improve care quality and treatment adherence in cardiovascular and diabetes management

Assoc.Prof. Vu Thi Thanh Huyen - Vietnam

09.30 – 09.40

B1.3 - Mobile phone usage and willingness to use mobile phones to support medication adherence and receive text message appointment reminders in older outpatients with type 2 diabetes

Dr. Nguyen Xuan Thanh PhD - Vietnam

09.40 – 09.50

B1.4 - Adherence to medication, nutrition and physical activity among type 2 diabetes patients at a Vietnamese tertiary hospital

Dr. Pham Hong Tham PhD - Vietnam

9.50 – 10.05

B1.5 - Evaluation of continuous glucose monitoring (isCGM) on type 2 diabetes patients treated with basal - bolus insulin therapy

Dr. Nguyen Thuy Duong - Vietnam

10.05 – 10.20

B1.6 - Blood glucose control and risk of cardiovascular complications, overweight: Epidemiological perspective in Vietnam

Dr. Phan Huu Hen PhD - Vietnam

10.20 – 10.30

Discussion

10.30 – 10.45

EXHIBITION OPENING / TEA BREAK

HALL B The 1st floor

10.45 – 12.15

SYMPOSIUM B2 GESTATIONAL DIABETES MELLITUS (GDM) 2

Chairpersons

Dr. Le Van Chi PhD
Assoc.Prof. Shamar Lo Lasta – Philippines

10.45 – 11.00

B2.1 - Intestinal alkaline phosphatase level is similar in women with gestational diabetes and normal glucose tolerance

Dr. Hasanul Islam - Bangladesh

11.00 – 11.15

B2.2 - A study on the relationship between maternal serum cortisol, low -grade inflammation indices and maternal insulin resistance and fetal growth indices by ultrasound in first -time diagnosed gestational diabetes mellitus

Dr Nguyen Tien Son - Vietnam

11.15 – 11.30

B2.3 - Blood protein oxidation is increased among Filipino Women with Gestational Diabetes Mellitus

Assoc.Prof. Shamar Lo Lasta - Philippines

11.30 – 11.45

B2.4 - Unmasking gestational diabetes mellitus: Distinct roles of insulin resistance and β -cell dysfunction-stratified by body mass index

Dr. Tania Tofail - Bangladesh

11.45 – 12.00

B2.5 - Glycemic status after 5 years of index pregnancy with gestational diabetes mellitus

Dr. Krishna Airi - Nepal

12.00 – 12.15

B2.6 - Assessing the Use of First Trimester Triglyceride Glucose (TyG) Index For Early Prediction of Gestational Diabetes Mellitus (GDM) Among Filipino: A Prospective Cohort Study

Dr. Jaqueline A. Sulit - Philippines

HALL B The 1st floor

12.15 – 13.15		SATELITE WORKSHOP B2 – SERVIER DIABVERSE: EXPANDING THE UNIVERSE OF DIABETES CARE
Chairpersons		Prof. Tran Huu Dang – Vietnam Prof. Mohamed Hassanein – UAE
12.15 - 12.20	Opening	Prof. Tran Huu Dang – Vietnam
12.20 - 12.35	SB2.1 - Leveraging synergies to Transform T2DM Care with real world evidence	Prof. Mohamed Hassanein – UAE
12.35 - 12.50	SB2.2 - Beyond Numbers: Managing a Curious Case of rising sugars and albuminuria	Dr. Sanjay Agarwal – India
12.50 - 13.05	SB2.3 - Harnessing Technology to Enhance Treatment Outcomes	M.Med. Nguyen Truong Duy – Vietnam
13.05 - 13.15	Closing	Prof. Mohamed Hassanein – UAE
13.15 – 15.00		SYMPOSIUM B3 OBESITY
Chairpersons		Assoc.Prof. Vu Thi Thanh Huyen – Vietnam Prof. Vivien Lim – Singapore Prof. Vandana Jain – India
13.30 - 13.45	B3.1 - Myths and Misconceptions of Obesity	Prof. Vivien Lim – Singapore
13.45 - 14.00	B3.2 - Spatiotemporal immune-prenchymal communication regulates metabolic quiescence in brown adipose tissue	Assoc.Prof. Jung Su Myung – Korea
14.00 - 14.15	B3.3 - Obesity management from geriatric perspective	Assoc.Prof. Vu Thi Thanh Huyen – Vietnam
14.15 - 14.30	B3.4 - The thin fat Asian Indian phenotype: myth or reality	Prof. Vandana Jain – India
14.30 - 14.45	B3.5 - Neck Circumference as an Anthropometric Measure of Obesity Among Newly Diagnosed Patients with Type 2 Diabetes Mellitus	Dr. Fabrienne Tuazon – Philippines
14.45 - 15.00	B3.6 - The HFpEF obesity: New phenotype?	Dr. Phan Thi Thanh – Vietnam

HALL B The 1st floor

15.15 – 16.30	EXPERTS TALK B4 POWERING PATIENTS: TOGETHER FOR BETTER CARE
Chairpersons	Assoc.Prof. Tran Thua Nguyen - Vietnam
15.15 - 15.30	B4.1 - The manager's perspective Assoc.Prof. Ho Thi Kim Thanh - Vietnam
15.30 - 15.45	B4.2 - The clinician's perspective Dr. Nguyen Manh Ha - Vietnam
15.45 - 16.00	B4.3 - The nursing's perspective Doan Thi Anh Le MSN - Vietnam
16.00 - 16.15	B4.4 - The role of the patinet's voice PhD. Pharmd. Aude Lemoine - Andre - France
16.15 - 16.30	Closing & key message Assoc.Prof. Tran Thua Nguyen
16.30 – 17.30	SATELLITE WORKSHOP B3. ABBOTT GLUCERNA NUTRITION, DIABETES AND OBESITY CARE: BRIDGING EVIDENCE AND CLINICAL PRACTICE
Chairpersons	Prof. Tran Huu Dang - Vietnam
16.30 - 16.35	Opening Prof. Tran Huu Dang - Vietnam
16.35 - 16.55	SB3.1 - Benefits of DSF in Cardiometabolic - based Chronic diseases Assoc.Prof. Phan Huong Duong - Vietnam
16.55 - 17.15	SB3.2 - Advancing Care: Guideline Directed Interventions for Diabetes and Obesity Assoc.Prof. Tran Quang Nam - Vietnam
17.15 - 17.25	Discussion
17.25 - 17.30	Closing Prof. Tran Huu Dang - Vietnam
18.30 - 21.00	GALA DINNER

HALL B The 1st floor

08.00 – 09.30		SYMPOSIUM B5 MEET THE PROFESSOR SESSION PRIMARY ALDOSTERONISM
Chairpersons		Prof. Tran Huu Dang – <i>Vietnam</i> Asst.Prof. Troy Puar – <i>Singapore</i>
08.00 - 08.30	B5.1 - Primary aldosteronism diagnosis in a global perspective	Prof. Gregory Kline - Canada
08.30 - 09.00	B5.2 - The spectrum of primary aldosteronism: Challenges in diagnosis and management	Dr. Wasita Parksook - Thailand
09.00 - 09.30	B5.3 - Challenges and solutions in subtyping primary aldosteronism	Asst.Prof. Troy Puar - Singapore
09.30 - 09.45	TEA BREAK	
09.45 – 11.30		SYMPOSIUM B6 MEET THE PROFESSOR SESSION PRIMARY ALDOSTERONISM
Chairpersons		Dr. Wasita Parksook – <i>Thailand</i> Dr. Hieu Tran – <i>Viet Nam</i>
09.45 - 10.15	B6.1 - Cardiovascular complications in primary aldosteronism	Prof. Austin Yen-Hung Lin - Taiwan
10.15 - 11.15	B6.2 - Primary aldosteronism - Guidelines discussion	Prof. William F. Young - USA Prof. Gregory Kline - Canada Asst.Prof. Troy Puar - Singapore Prof. Vin-Cent Wu - Taiwan Prof. Austin Yen-Hung Lin - Taiwan Dr. Nguyen Quang Bay - Vietnam
11.15 - 11.30	B6.3 - ANAH Masterclass Closing Remarks	Asst.Prof. Troy Puar - Singapore

HALL C The 1st floor

13.30 – 15.15

PRE C1

ACUTE COMPLICATION MANAGEMENT AND COMPREHENSIVE STRATEGY IN DIABETES TREATMENT

QUẢN LÝ BIẾN CHỨNG CẤP TÍNH VÀ CHIẾN LƯỢC
TOÀN DIỆN TRONG ĐIỀU TRỊ ĐTD

Chairpersons

Assoc.Prof. Phan Huong Duong – Vietnam

Dr. Quach Huu Trung PhD – Vietnam

Dr. Vo Bao Dung PhD – Vietnam

13.30 - 13.45

PC1.1 - Diabetic ketoacidosis and hyperglycemic hyperosmolar state

Toan ceton do đái tháo đường và tình trạng tăng thẩm thấu do tăng đường máu

Dr. Nguyen Duc Hoang PhD - Vietnam

13.45 - 14.00

PC1.2 - Treatment strategies to prevent hypoglycemic complications in type 2 diabetes patients

Chiến lược điều trị giúp ngăn ngừa biến chứng hạ glucose máu trên BN ĐTD típ 2

Dr. Pham Tuan Duong - Vietnam

14.00 - 14.15

PC1.3 - Metformin-Associated Lactic Acidosis - (MALA), Rare and easily overlooked situation: Report of 3 clinical cases and review of literature

Nhiễm toan lactic liên quan đến metformin, tình huống hiếm gặp và dễ bỏ sót:

Báo cáo 3 ca lâm sàng và tổng quan y văn

Dr. Tran Doan Minh Tuan - Vietnam

14.15 - 14.30

PC1.4 - Approach to diagnosis and treatment of Hyponatremia due to SIADH: from inpatient to outpatient

Tiếp cận chẩn đoán và điều trị Hạ natri máu do SIADH: từ nội viện đến ngoại trú

Assoc.Prof. Nguyen Ta Dong - Vietnam

14.30 - 14.45

PC1.5 - Exploring heterogeneities of cardiovascular efficacy and effectiveness of SGLT2i in T2D: an umbrella review of evidence from RCT versus RWE studies

Khám phá tính không đồng nhất của hiệu quả tim mạch của SGLT2i trong ĐTD típ 2: tổng quan chung về bằng chứng từ các nghiên cứu RCT so với RWE

Assoc.Prof. Tran Thua Nguyen - Vietnam

14.45 - 15.00

PC1.6 - GLP-1RA in new treatment recommendations:

The focus of a comprehensive treatment strategy for type 2 diabetes patients

GLP-1RA trong khuyến cáo điều trị mới: Tâm điểm của chiến lược điều trị toàn diện cho BN ĐTD típ 2

Prof. Tran Huu Dang - Vietnam

15.00 - 15.15

PC1.7 - Insulin resistance, obesity, type 2 diabetes and cancer risk

Kháng insulin, béo phì, đái tháo đường típ 2 gia tăng nguy cơ một số bệnh ung thư

Assoc. Prof. Hoang Trung Vinh - Vietnam

HALL C The 1st floor

15.15 – 17.00

PRE C2
NEW APPROACHES IN DIABETES TREATMENT
TIẾP CẬN MỚI TRONG ĐIỀU TRỊ ĐÁI THÁO ĐƯỜNG

Chairpersons | **Assoc.Prof. Dao Thi Dua** – Vietnam
Dr. Diep Thi Thanh Binh – Vietnam

15.15 - 15.30

PC2.1 - Approach to the treatment of newly diagnosed diabetes patients according to updated IDF and ADA 2025 guidelines
Tiếp cận điều trị BN ĐTĐ mới chẩn đoán cập nhận IDF VÀ ADA 2025

Dr. Diep Thi Thanh Binh - Vietnam

15.30 - 15.45

PC2.2 - Early intensive treatment in newly diagnosed type 2 diabetes patients
Điều trị tích cực sớm trên bệnh nhân đái tháo đường type 2 mới chẩn đoán

Dr. Nguyen Trong Nghia PhD - Vietnam

15.45 - 16.00

PC2.3 - Classification approach & new treatment strategies for cardio-renal-metabolic syndrome
Tiếp cận phân loại & chiến lược điều trị mới cho hội chứng tim mạch thận chuyển hóa

Prof. Tran Huu Dang - Vietnam

16.00 - 16.15

PC2.4 - International guideline update: Three pillars in the treatment of diabetic polyneuropathy
Cập nhật khuyến cáo quốc tế: Ba trụ cột điều trị bệnh đa dây thần kinh ĐTĐ

Dr. Le Hoang Bao - Vietnam

16.15 - 16.30

PC2.5 - Diabetes-specific nutrition (DSF) in diabetes management: latest clinical evidence and ADA 2025
Dinh dưỡng chuyên biệt (DSF) trong quản lý ĐTĐ qua bằng chứng lâm sàng mới nhất và ADA 2025

Dr. Ta Thuy Linh - Vietnam

16.30 - 16.45

PC2.6 - Clinical and paraclinical characteristics of young diabetic patients
Đặc điểm lâm sàng, cận lâm sàng bệnh nhân đái tháo đường trẻ tuổi

Dr. Nguyen Trang Nhung - Vietnam

16.45 - 17.00

Discussion

HALL C The 1st floor

09.00 – 10.30	PLENARY C1 MANAGEMENT OF DIABETES COMPLICATIONS QUẢN LÝ BIẾN CHỨNG BỆNH ĐÁI THÁO ĐƯỜNG
Chairpersons	Prof. Thai Hong Quang – Vietnam Assoc. Prof. Nguyen Khoa Dieu Van – Vietnam Dr. Nguyen Thi Thanh Thuy PhD – Vietnam
09.00 - 09.15	C1.1 - Combination of oral agents and insulin in clinical management of type 2 diabetes Phối hợp thuốc viên và insulin trong lâm sàng điều trị ĐTĐ típ 2 Assoc. Prof. Nguyen Thi Bich Dao - Vietnam
09.15 - 09.30	C1.2 - Glycemic control in patients with chronic kidney disease: Easy or Difficult? Kiểm soát đường huyết cho bệnh nhân bệnh thận mạn: Dễ hay Khó Assoc. Prof. Nguyen Khoa Dieu Van - Vietnam
09.30 - 09.45	C1.3 - Diabetic dementia: from physiopathology to treatment Sa sút trí tuệ do đái tháo đường: từ cơ chế bệnh sinh đến điều trị Assoc. Prof. Nguyen Dinh Toan - Vietnam
09.45 - 10.00	C1.4 - Intravenous ALA: A rapid solution for symptom relief in diabetic polyneuropathy ALA dạng tiêm truyền: giải pháp giảm nhanh triệu chứng cho BN bệnh đa dây thần kinh ĐTĐ Assoc.Prof. Tran Thi Thanh Hoa - Vietnam
10.00 - 10.15	C1.5 - Chromium in glucose metabolism: Clinical insights from insulin resistance to prediabetes Chromium trong chuyển hóa glucose: Những hiểu biết lâm sàng từ kháng insulin đến tiền ĐTĐ Dr. Nguyen Thi Thanh Thuy PhD - Vietnam
10.15 - 10.30	C1.6 - The role of weight management in the treatment of type 2 diabetes Vai trò của quản lý cân nặng trong điều trị đái tháo đường típ 2 Dr. Tran Huu Thanh Tung PhD - Vietnam
10.30 - 10.45	EXHIBITION OPENING / TEA BREAK

HALL C The 1st floor

10.45 – 12.15		SYMPOSIUM C2 MANAGEMENT OF OBESITY AND THYROID DISEASES ĐIỀU TRỊ BỆNH BÉO PHÌ VÀ BỆNH TUYẾN GIÁP
Chairpersons		Assoc.Prof. Nguyen Thi Bich Dao – Vietnam Assoc.Prof. Vu Bich Nga – Vietnam Dr. Nguyen Thu Huong PhD – Vietnam
10.45 – 11.00	C2.1 - Clinical strategies for obesity management: for whom, when, and how? Chiến lược điều trị béo phì trên thực tế lâm sàng: cho ai, khi nào và như thế nào? Dr. Lam Van Hoang PhD – Vietnam	
11.00 – 11.15	C2.2 - Obesity and respiratory diseases Béo phì và các bệnh lý hô hấp Dr. Hoang Thi Lan Huong – Vietnam	
11.15 – 11.30	C2.3 - The burden of obesity in the elderly: complications and effective treatment strategies Gánh nặng béo phì ở người cao tuổi: Biến chứng và Chiến lược điều trị hiệu quả Assoc. Prof. Vu Thi Thanh Huyen – Vietnam	
11.30 – 11.45	C2.4 - Challenges in Diagnosis and the Art of Personalized Treatment of Hypothyroidism: Multi-Dosage Solutions Thách thức trong chẩn đoán và nghệ thuật cá thể hóa điều trị suy giáp: giải pháp đa hàm lượng Dr. Lam My Hanh PhD – Vietnam	
11.45 – 11.55	C2.5 - Diagnosis and treatment of hypothyroidism in pregnancy Chẩn đoán và điều trị suy giáp trong thai kỳ Dr. Nguyen Thi Hong Van PhD – Vietnam	
11.55 – 12.05	C2.6 - Hypothyroidism in the elderly: Who needs treatment and how to treat? Suy giáp ở người cao tuổi: Ai cần điều trị và điều trị như thế nào? Dr. Nguyen Thu Huong PhD – Vietnam	
12.05 – 12.15	C2.7 - Considerations in selecting appropriate treatment methods for patients with hyperthyroidism Những cân nhắc khi lựa chọn phương pháp điều trị phù hợp cho bệnh nhân cường giáp Dr. Nguyen Thi Thu – Vietnam	

HALL C The 1st floor

12.15 – 13.15

SATELITE WORKSHOP C2 – SANOFI
CÁC VẤN ĐỀ THƯỜNG GẶP KHI KHỞI TRỊ INSULIN CHO BN ĐTĐ TÍP 2 VÀ
ỨNG DỤNG THỰC TIỄN LÂM SÀNG TẠI VIỆT NAM

Chairpersons | **PGS.TS. Nguyễn Thị Bích Đào**

12.15 - 12.20	Khai mạc	PGS.TS. Nguyễn Thị Bích Đào
12.20 - 12.40	SC2.1 - Đây là giải pháp tối ưu khi khởi trị insulin cho BN ĐTĐ típ 2?	PGS.TS. Trần Quang Nam
12.40 - 13.00	SC2.2 - Khởi trị insulin cho BN ĐTĐ típ 2: Bài học từ thực tế lâm sàng	BSCKII. Nguyễn Thị Thu Hương
13.00 - 13.10	Thảo luận	
13.10 - 13.15	Kết thúc	PGS.TS. Nguyễn Thị Bích Đào

HALL C The 1st floor

13.15 – 15.00

SYMPOSIUM C3
STRATEGIES FOR DIABETES TREATMENT
CHIẾN LƯỢC ĐIỀU TRỊ ĐÁI THÁO ĐƯỜNG

Chairpersons | **Assoc.Prof. Tran Thi Thanh Hoa** – Vietnam
Dr. Dang Anh Dao PhD – Vietnam
Dr. Chau My Chi PhD – Vietnam

13.30 – 13.45

C3.1 - Updates on blood pressure control in patients with type 2 diabetes
Cập nhật quản lý huyết áp ở BN ĐTĐ típ 2

Prof. Tran Huu Dang – Vietnam

13.45 – 14.00

C3.2 - Preventing hypoglycemia in the elderly: How to simplify treatment protocols according to ADA 2025?
Phòng ngừa hạ đường huyết ở người cao tuổi: Đơn giản hóa phác đồ điều trị theo ADA 2025 như thế nào?

Assoc.Prof. Tran Thua Nguyen – Vietnam

14.00 – 14.15

C3.3 - Updated data on the injectable fixed -ratio combination iGlarLixi and its impact on type 2 diabetes management in clinical practice in Asia
Dữ liệu cập nhật về liệu pháp tiêm phối hợp iGlarLixi có ảnh hưởng gì đến bức tranh điều trị ĐTĐ típ 2 trong thực hành lâm sàng tại Châu Á ?

Dr. Le Hoang Bao – Vietnam

14.15 – 14.30

C3.4 - What is the optimal combination for early initiation of therapy in type 2 diabetes patients?
Đâu là phối hợp tối ưu để khởi trị sớm cho người bệnh ĐTĐ típ 2

Assoc.Prof. Nguyen Thi Bich Dao – Vietnam

14.30 – 14.45

C3.5 - GLP-1 receptor agonists – A new piece in the management of diabetic kidney disease according to ADA 2025
Đồng vận thụ thể GLP-1 - Manh ghép mới trong điều trị bệnh thận đái tháo đường theo ADA 2025

Dr. Dang Anh Dao – Vietnam

14.45 – 15.00

C3.6 - Arterial hypertension treatment in patients with CKD/Dialysiss
Cập nhật điều trị THA trong BN thận lọc máu

Assoc.Prof. Pham Van Bui – Vietnam

15.00 – 15.15

TEA BREAK

HALL C The 1st floor

15.00 – 16.30	PLENARY C4 MANAGEMENT OF CARDIOVASCULAR DISEASE AND DIABETIC FOOT QUẢN LÝ BỆNH TIM MẠCH VÀ BÀN CHÂN ĐTD
Chairpersons	Prof. Huynh Van Minh – Vietnam Assoc.Prof. Hoang Trung Vinh – Vietnam Dr. Phan Long Nhon PhD – Vietnam
15.00 - 15.15	C4.1 - Can the Triglyceride/Glucose index be used to assess Cardio-Renal-Metabolic syndrome in Asian populations? Có thể dùng chỉ số Triglycerid/ Glucose để đánh giá Hội chứng Tim - Thận - Chuyển hóa người Châu Á không? Prof. Huynh Van Minh – Vietnam
15.15 - 15.30	C4.2 - Atrial fibrillation and hyperthyroidism Rung nhĩ và cường giáp Dr. Ly Huy Khanh – Vietnam
15.30 - 15.40	C4.3 - Analysis of immune cell activation in patients with diabetes foot ulcer from the perspective of single cell Phân tích sự kích hoạt của các tế bào miễn dịch ở bệnh nhân loét chân do đái tháo đường từ góc nhìn đơn bào Dr. Vu Le Hoang Anh – Vietnam
15.40 - 15.50	C4.4 - Study on dyslipidemia in patients with carotid atherosclerosis and hypertension in northern Binh Dinh NC rối loạn lipid máu ở BN vữa xơ động mạch cảnh tăng huyết áp tại địa bàn bắc Bình Định Dr. Phan Long Nhon PhD – Vietnam
15.50 - 16.00	C4.5 - Optimal statin selection for the treatment of dyslipidemia in non-diabetic patients Lựa chọn statin tối ưu trong điều trị rối loạn lipid máu ở người chưa mắc ĐTD Dr. Tran Huu Thanh Tung PhD – Vietnam
16.00 - 16.10	C4.6 - Assessment of eating disorders in relation to metabolic and psychological status in patients with diabetes mellitus Đánh giá rối loạn ăn uống với tình trạng chuyển hóa và tâm lý ở bệnh nhân đái tháo đường Dr. Luu Ngoc Tran – Vietnam
16.10 - 16.20	C4.7 - Evaluation of amputation rates and associated factors in patients with diabetic foot ulcers treated at the Endocrinology Department, Post Office General Hospital Đánh giá tỉ lệ đoạn chi và các yếu tố liên quan trên bệnh nhân vết loét bàn chân đái tháo đường đang điều trị tại khoa Nội Tiết BVĐK Bưu Điện Dr. Tho Truong Linh – Vietnam
16.20 - 16.30	C4.8 - Preliminary results of diabetic foot ulcer treatment using cortical window bone flap transfer Kết quả bước đầu ứng dụng điều trị loét bàn chân ĐTD bằng di chuyển nắp cửa sổ thân xương Dr. Dinh Van Thuy – Vietnam

HALL C The 1st floor

16.30 – 17.30		SATELLITE WORKSHOP C3. ASTRAZENECA EARLY COMBINATION STRATEGIES IN TYPE 2 DIABETES OPTIMIZING GLYCEMIC CONTROL AND CARDIORENAL PROTECTION
Chairpersons		A/Prof. Tran Thi Bich Huong – <i>Vietnam</i>
16.30 - 16.35	Opening	A/Prof. Tran Thi Bich Huong - Vietnam
16.35 - 16.55	SC3.1 - Early Combination Therapy Trends in Newly Diagnosed Diabetes Management	A/Prof. Alexander Tan - Malaysia
16.55 - 17.15	SC3.2 - Chronic Kidney Disease in Diabetes Patients: Diagnosis And Therapeutic Approaches	A/Prof. Tran Thi Bich Huong - Vietnam
17.15 - 17.25	Discussion	
17.25 - 17.30	Closing	A/Prof. Tran Thi Bich Huong - Vietnam
18.30 - 21.00	GALA DINNER	

HALL C The 1st floor

08.00 – 09.30		SYMPOSIUM C5 DEPRESSIVE AND DIABETIC NEUROPATHY
Chairpersons		Dr. Phan Huu Hen PhD – <i>Vietnam</i> Dr. Tran Minh Triet – <i>Vietnam</i>
08.00 – 08.15	C5.1	Severity and factors associated with depressive symptoms among type 2 diabetic patients in Vietnam Dr. Nguyen Tran Kien - Vietnam
08.15 – 08.30	C5.1	Prevalence and association of diabetic peripheral neuropathy and severity of coronary artery disease among adults with diabetes mellitus undergoing coronary Angiography: A Single-Center Cross-Sectional Study Dr. Precious Diamond Chua See - Philippines
08.30 – 08.45	C5.1	The Efficacy Of Thread Embedding As Adjuvant Therapy To Type 2 Diabetic Peripheral Neuropathy Dr. To Thi Van Giang - Vietnam
08.45 – 09.00	C5.1	Comparison of diabetes-related attitudes of health care providers and type 2 diabetes mellitus patients in a Tertiary Regional Hospital in the Philippines using the Filipino version of the Diabetes Attitude Scale (DAS-3): A cross-sectional study. Dr. Ivy Concepcion B. Quiapo - Philippines
09.00 – 09.15	C5.1	Evaluation of diabetic foot by wounds, ischemia, and foot infections (Wifi) classification system Dr. Huynh Le Thai Bao - Vietnam
09.15 – 09.30	C5.1	Application of reverse first dorsal metatarsal artery flap to treat soft tissue defect of great toe Dr. Dat Tran Dinh Truong - Vietnam
09.30 – 09.45	TEA BREAK	

HALL C The 1st floor

09.45 – 11.30		SYMPOSIUM C6 NOVEL THERAPEUTIC APPROACHES IN CANCER OF THYROID
Chairpersons		Assoc.Prof. Tran Quang Nam – Vietnam Dr. Lora May T. Tin Hay – Philippines Dr. Nguyen Quang Bay PhD – Vietnam
09.45 - 10.00	C6.1 - Advancing Oncoendocrinology in Southeast Asia: Developing Referral Pathways in a Philippines Cancer Center	Dr. Diana Colleen M. Dimayuga - Philippines
10.00 - 10.15	C6.2 - Insulinoma case series: Experience of a South Vietnam Tertiary Hospital	Dr. Huynh Thi Thanh Thanh - Vietnam
10.15 - 10.30	C6.3 - Novel therapeutic approaches for papillary microcarcinoma of the thyroid: preliminary results from one single center	Dr. Nguyen Van Bang - Vietnam
10.30 - 10.45	C6.4 - Braf positive and radioactive iodine refractory multifocal micropapillary thyroid carcinoma with concomitant Hashimoto's thyroiditis	Dr. Claudine Aubrey G. Marquez - Philippines
10.45 - 11.00	C6.5 - Papillary Thyroid Carcinoma Coexisting with Thyroid Tuberculosis: A Case Report	Dr. Serianne M. Soriano-Manasan - Philippines
11.00 - 11.15	C6.6 - Combination of Rago's score and Tirads classification in predicting Papillary Thyroid Cancer	Dr. Nguyen Trung Hung PhD - Vietnam
11.15 - 11.30	Discussion	

HALL D The 2nd floor

13.30 – 15.15 | PRE. D1 AFES – ANAH JOINT SYMPOSIUM

Chairpersons | **Prof. Norlela Sukor** – Malaysia
Dr. Nguyen Quang Bay PhD – Vietnam

13.30 – 13.45 | **PD1.1** - Opening remarks and introduction to the ASEAN Network of Adrenal Hypertension (ANAH)
Prof. Norlela Sukor - Malaysia

13.45 – 14.20 | **PD1.2** - Adrenal Incidentalomas: Illustrative Cases of Current Diagnostic Strategies
Prof. William F. Young, Jr - USA

Chairpersons | **Dr. Ada Teo** – Singapore
Dr. Than Than Aye – Myanmar

14.20 – 14.40 | **PD1.3** - Hypertension in obstructive sleep apnea: The hidden role of Aldosterone
Dr. Loh Huai Heng - Malaysia

14.40 – 15.00 | **PD1.4** - Inhibition of aldosterone by 1-liter normal saline infusion over 2 hours compared to 2 Liters over 4 Hours: Preliminary results from the Vietnamese Primary Hyperaldosteronism Registry
Dr. Mai Trong Tri - Vietnam

15.00 – 15.15 | **Break**

15.15 – 17.00 | PRE. D2 MEET THE PROFESSOR SESSION: ADRENAL INCIDENTALOMAS, ADRENAL INSUFFICIENCY AND PREGNANCY

Chairpersons | **Dr. Sum Satha** – Cambodia
Prof. Leilani B. Mercado Asis – Philippines

15.15 – 15.45 | **PD2.1** - Mild autonomous cortisol secretion: Revisiting the gray zone of adrenal incidentalomas
Prof. Dr Norlela Sukor - Malaysia

15.45 – 16.15 | **PD2.2** - Adrenal insufficiency in 2025: No longer just an Endocrine disease
Prof. Paul M. Stewart - UK

16.15 – 16.45 | **PD2.3** - Adrenal disorders in pregnancy: Challenges in diagnosis and treatment
Prof. Leilani B. Mercado Asis - Philippines

16.45 – 17.00 | End of ANAH pre-conference session

HALL D The 2nd floor

09.00 – 10.30		PLENARY D1 TREATMENT OF DIABETES: THE ROLE OF EARLY GLYCEMIC CONTRO
Chairpersons		Prof. Dan Ziegler – Germany Prof. Juliana Chan – Hongkong Dr. Le Van Chi PhD – Vietnam
09.00 - 09.15	D1.1	Clinical role of alpha -lipoic acid in managing diabetic polyneuropathy Prof. Dan Ziegler - Germany
09.15 - 09.30	D1.2	Early glycemic control in high-risk patients: Who and How? Prof. Juliana Chan - Hongkong
09.30 - 09.45	D1.3	Glycemic Control vs Cardiorenal Protection: Striking the Right Balance for Enhanced Patient Outcomes Prof. Mohamed Hassanein - UAE
09.45 - 10.00	D1.4	The Efficacy and Safety of Duodenal Mucocal Resurfacing on Glycemic Control among Adults with Type 2 Diabetes Mellitus: A Systematic Review and Meta-Analysis Assoc.Prof. Harold Henrison C. Chiu - Philippines
10.00 - 10.15	D1.5	Early detection of heart failure in diabetic patients Prof. Lee-Ling Lim - Malaysia
10.15 - 10.30	D1.6	Permanent neonatal diabetes mellitus presenting with intracranial hemorrhage: a rare case under long-term follow-up of 21 years Dr. Nguyen Thi My Linh - Vietnam
10.30 - 10.45	EXHIBITION OPENING / TEA BREAK	

HALL D The 2nd floor

10.45 – 12.15		SYMPOSIUM D2 APPLICATION OF AI AND NEW TECHNOLOGY IN TREATMENT
Chairpersons		Prof. Lee-Ling Lim – Malaysia Prof. Dukhabandhu Naik – India Assoc.Prof. Hoang Anh Tien – Vietnam
10.45 - 11.00	D2.1 - The Role of Artificial Intelligence in Cardiovascular and Endocrine Diseases	Assoc. Prof. Hoang Anh Tien - Vietnam
11.00 - 11.15	D2.2 - The evolution of glycaemia monitoring: a paradigm shift	Prof. Lee-Ling Lim - Malaysia
11.15 - 11.30	D2.3 - Development of Artificial Intelligence Models for Diagnosis of Thyroid Cancer based on Ultrasound Image	Dr. Le Quang Toan PhD - Vietnam
11.30 - 11.45	D2.4 - Diagnostic accuracy of 4D CT scan in detecting parathyroid adenoma compared with ultrasound and technetium Sestamibi SPECT/CT in primary hyperparathyroidism: A retrospective study	Prof. Dukhabandhu Naik - India
11.45 - 12.00	D2.5 - Proactively prevent the burden of RSV on diabetes patients with vaccine powered by adjuvant technology	Assoc.Prof. Ho Thi Kim Thanh - Vietnam
12.00 - 12.15	D2.6 - Transoral Endoscopic Thyroid Surgery	Dr. Ngo Quoc Duy PhD - Vietnam

HALL D The 2nd floor

13.15 – 15.00		SYMPOSIUM D3 SYNERGISTIC SOLUTION IN TREATMENT OF DIABETES
Chairpersons		Assoc.Prof. Tran Quang Nam – Vietnam Dr. Soebagijo Adi – Indonesia Dr. Feng-Hsuan Liu – Taiwan
13.30 – 13.45	D3.1 – Synergistic solution: DPP4i/SGLT2i for personalized type 2 diabetes care	Assoc.Prof. Tran Quang Nam – Vietnam
13.45 – 14.00	D3.2 – Heartfelt Glycemic Control: SU and SGLT2i's Role in Comprehensive T2DM Care	Dr. Soebagijo Adi – Indonesia
14.00 – 14.15	D3.3 – Ns -MRA: The novel pillar in holistic management of CKD – T2D	Prof. Vin-Cent Wu – Republic of China
14.15 – 14.30	D3.4 – Which is a Better Predictor of Diabetic Kidney Disease: Homocysteine or Glycation Gap?	Dr. Tran Van Tien – Vietnam
14.30 – 14.45	D3.5 – Vaccines and the role of endocrinologists in preventing infectious diseases for patients with diabetes	Prof. Tran Huu Dang – Vietnam
14.45 – 15.00	D3.6 – Real-world effectiveness of Sodium-Glucose cotransporter - 2 inhibitors on albuminuria progression and metabolism in patients with type 2 diabetes mellitus	Dr. To Viet Thuan PhD – Vietnam

15.00 – 15.15 | TEA BREAK

HALL D The 2nd floor

15.15 – 16.30	PLENARY D4 DIABETES AND COMORBIDITIES
Chairpersons	Prof. Tran Huu Dang – Vietnam Prof. Nemencio A. Nicodemus Jr. – Philippines
15.15 - 15.30	D4.1 - The role of SGLT2i in T2DM complicated with MAFLD Prof. Tran Huu Dang - Vietnam
15.30 - 15.45	D4.2 - How do we navigate case of diabetes with multi -morbidity? Prof. Nemencio A. Nicodemus Jr. - Philippines
15.45 - 16.00	D4.3 - Burden of Shingles on Endo/Diabetes pts & preventive solutions Dr. Le Hoang Bao - Vietnam
16.00 - 16.15	D4.4 - Real-life underuse of SGLT2i for patients with type 2 diabetes at high cardiorenal risk Dr. Ton That Minh PhD - Vietnam
16.15 - 16.30	Discussion
16.30 – 17.30	SATELLITE WORKSHOP D3. NOVARTIS XU HƯỚNG TIẾP CẬN ĐIỀU TRỊ TÍCH CỰC SỚM ĐÁI THÁO ĐƯỜNG TÍP 2 MỚI CHẨN ĐOÁN VỚI DPP4I
Chairpersons	PGS.TS. Nguyễn Thị Bích Đào
16.30 - 16.35	Khai mạc PGS.TS. Nguyễn Thị Bích Đào
16.35 - 16.55	SD3.1 - Xu hướng điều trị tích cực sớm với phối hợp thuốc: kiểm soát đường huyết nhanh và bền vững ThS.BS. Võ Tuấn Khoa
16.55 - 17.15	SD3.2 - Tiếp cận kiểm soát HbA1C với phối hợp thuốc bằng DPP4i: giải pháp hiệu quả và an toàn TS.BS. Huỳnh Ngọc Phương Thảo
17.15 - 17.25	Thảo luận
17.25 - 17.30	Tổng kết PGS.TS. Nguyễn Thị Bích Đào
18.30 - 21.00	GALA DINNER

HALL D The 2nd floor

08.00 – 09.30 | **SYMPOSIUM D5
GESTATIONAL DIABETES MELLITUS (GDM) 1**

Chairpersons | **Dr. Nguyen Thi Thuy Hang PhD** – *Vietnam*
Dr. Nguyen Van Vy Hau PhD – *Vietnam*

08.00 - 08.15 | **D5.1** - Comparison between IADPSG and ADA diagnostic criteria and their impact on diagnosis of Early Gestational Diabetes Mellitus
Dr. Tania Tofail - Bangladesh

08.15 - 08.30 | **D5.2** - Association of post features with user engagement in a facebook group for Filipino women with gestational diabetes
Dr. Catrine Jell F. Perez - Philippines

08.30 - 08.45 | **D5.3** - Determining the rate of gestational diabetes mellitus (GDM) and some related factors in prevention and control of gestational diabetes mellitus, period of 2022 - 2023
Dr Ta Thuy Linh - Vietnam

08.45 - 09.00 | **D5.4** - Characterizing lean, non-autoimmune young-onset diabetes in Bangladesh: 'Type 5' or a distinct entity?
Dr. Koushik Ashraf - Bangladesh

09.00 - 09.15 | **D5.5** - Insulin secretory status and insulin indices after 5 years of index pregnancy with gestational diabetes mellitus
Dr. Hasanul Islam - Bangladesh

09.15 - 09.30 | **D5.6** - Association of the Clinical Profile and Outcomes of Gestational Diabetes Mellitus Patients Admitted in a Tertiary Hospital in Cebu City from January 2021 to December 2022
Dr. Joshua H. Servande - Philippines

09.30 - 09.45 | **TEA BREAK**

HALL D The 2nd floor

09.45 – 11.35

SYMPOSIUM D6 MANEGEMENT IN METABOLISM DISORDER

Chairpersons

Assoc.Prof. Le Dinh Tuan – *Vietnam*

Dr. To Viet Thuan, PhD – *Vietnam*

Dr. Le Quoc Tuan PhD – *Vietnam*

09.45 - 10.00

D6.1 - Study on the lipid - lowering effect and toxicity of berberine proliposomes in an experimental animal model

Duong Thi Thuan PhD - Vietnam

10.00 - 10.15

D6.2 - Assessment of skin autofluorescence in non - diabetic adults

Dr. Dang Le Minh Khang - Vietnam

10.15 - 10.30

D6.3 - Nonlinear, Frequency -Domain, and Time -Domain Analysis of Heart Rate Variability in Type 2 Diabetes Mellitus: A Comparative Study

Dr. Tran Ngoc Hien - Vietnam

10.30 - 10.45

D6.4 - Vitamin B12 deficiency and its associated factors in type 2 diabetic patients treated with metformin: data from Cho Ray Hospital

Dr. Nguyen Thi Thuy An - Vietnam

10.45 - 11.00

D6.5 - Asian Lean Prediabetes: Metabolic Risk Factors and the Role of the Triglyceride-Glucose Index in Central Vietnam

Dr. Nguyen Hai Ngoc Minh - Vietnam

11.00 - 11.15

D6.6 - Discrepancy Between Creatinine - and Cystatin C-based eGFR Predicts Low Muscle Mass in Type 2 Diabetes

Dr. Doan Truc Quynh - Vietnam

11.15 - 11.25

D6.7 - Assessment of 10-year cardiovascular risk among patients with type 2 diabetes mellitus in Viet Nam

Dr. Tran Phuc Hau - Vietnam

11.25 - 11.35

D6.8 - Evaluation of the relationship between left atrial stiffness, left ventricular stiffness, and left atrioventricular coupling index in patients with type 2 diabetes

Dr. Tran Hung Duong - Vietnam

HALL E The 2nd floor

13.30 – 15.15

PRE E1 PEDIATRIC ENDOCRINOLOGY DISEASE

Chairpersons

Assoc.Prof. Vu Chi Dung – Vietnam
Prof. Vandana Jain – India

13.30 - 13.45

PE1.1 - Endocrine disorders in pediatric brain tumor

Dr. Nguyen Thi Diem Chi - Vietnam

13.45 - 13.55

PE1.2 - Gitelman Syndrome: A Case Report

Dr. Nguyen Thi Kim Hoan - Vietnam

13.55 - 14.05

PE1.3 - A case of multiple endocrine neoplasia 2A

Dr. Hera Pagalilauan - Vietnam

14.05 - 14.15

PE1.4 - Clinical and genetic insights of patients with MEN2 in Cho Ray Hospital

Assoc.Prof. Do Duc Minh - Indonesia

14.15 - 14.25

PE1.5 - Navigating the Unseen: The Diagnostic and Treatment Challenges of Occult Ectopic ACTH Syndrome

Dr. Jamila Christine M. Orticio - Philippines

14.25 - 14.35

PE1.6 - ACTH Independent Cushing Syndrome in Pregnancy secondary to an Adrenal Adenoma presenting with Central Serous Retinopathy: A Case Report

Dr. Airah P. Sardinia - Philippines

14.35 - 14.50

PE1.7 - Recommendation, efficacy and safety of rhGH therapy and children, transient period and adult

Dr. Nguyen Thu Ha - Vietnam

14.50 - 15.10

PE1.8 - Precision medicine in monogenic diabetes

Assoc.Prof. Vu Chi Dung - Vietnam

15.10 - 15.15

Discussion

HALL E The 2nd floor

15.15 – 17.00	PRE E2 COMPREHENSIVE MANAGEMENT IN ELDERLY PATIENTS
Chairpersons	Assoc.Prof. Ho Thi Kim Thanh – <i>Vietnam</i> Prof. Narelle Warren – <i>Australia</i>
15.15 - 15.30	PE2.1 - Association Between Thyroid Dysfunction and Frailty in Elderly Patients: A Cross-Sectional Study in Quezon City General Hospital Dr. Pamela Denise Dosono - Philippines
15.30 - 15.45	PE2.2 - Cognitive Frailty and Associated Factors in Older Adults with Type 2 Diabetes in Rural Vietnam Dr. Duong Thi Kim Ngan - Vietnam
15.45 - 16.00	PE2.3 - Sarcopenia among older adults with type 2 diabetes: A cross-sectional study in a geriatric hospital Dr. Nguyen Thi Thu Huong - Vietnam
16.00 - 16.15	PE2.4 - Real-world insulin use in older adults with type 2 diabetes mellitus: Insights from Public Hospitals in Malaysia Dr. Kuan Yueh Chien - Malaysia
16.15 - 16.30	PE2.5 - Frailty as a Risk Indicator for Falls in Older Adults with Type 2 Diabetes: Evidence from Vietnam Dr. Dinh Trung Hoa - Vietnam
16.30 - 16.45	PE2.6 - Medication adherence and its associated factors on glycemic control in older outpatients with type 2 diabetes in Vietnam Dr. Nguyen Thi Hoai Thu - Vietnam
16.45 - 17.00	PE2.7 - Vitamin D status and its association with sarcopenia in older adults with type 2 diabetes Dr. Pham Duc Duy - Vietnam

HALL E The 2nd floor

09.00 – 10.30	PLENART E1 PHYSIOLOGY IN DIABETES, METABOLIC DISORDERS
Chairpersons	Assoc.Prof. Dong Wook Choi – <i>Korea</i> Dr. Phan Hoang Hiep PhD – <i>Vietnam</i>
09.00 - 09.15	E1.1 - Stability of glycation gap in type 2 diabetes Dr. Le Quoc Tuan PhD - Vietnam
09.15 - 09.30	E1.2 - Exploring Metabolite Regulation of Human Physiology Assoc.Prof. Dong Wook Choi - Korea
09.30 - 09.45	E1.3 - Normal weight obesity assessed by bioelectrical impedance in T2DM patients Dr. Le Trong Nhan - Vietnam
09.45 - 10.00	E1.4 - Hypoxia-Inducible Factor-1 α (HIF-1 α) as a Biomarker for Hypertensive Nephropathy Among Non-hypertensive, Hypertensive, and Hypertensive Nephropathic Patients Dr. Almarie Joy B. Florida - Philippines
10.00 - 10.15	E1.5 - Research on the hypoglycemic effect and toxicity of anti-diabetic DTU hard capsules in mice Duong Thi Thuan PhD - Vietnam
10.15 - 10.30	E1.6 - Integrative Polygenic Score Improves the Risk Prediction of Type 2 Diabetes in Vietnam Vo Sy Nam PhD - Vietnam
10.30 - 10.45	EXHIBITION OPENING / TEA BREAK

HALL E The 2nd floor

10.45 – 12.15

SYMPOSIUM E2 OPTIMAL DIABETIC FOOT ULCER MANAGEMENT

Chairpersons

Assoc.Prof. Tran Quang Nam – Vietnam
Prof. Marco Meloni – Italia
Dr. Abel Soh – Singapore

10.45 – 11.00

E2.1 - Burden of diabetes foot ulcer complication

Dr. Phan Huu Hen PhD - Vietnam

11.00 – 11.15

E2.2 - Infection control in the diabetic foot ulcer

Dr Zhiwen Joseph Lo - Singapore

11.15 – 11.30

E2.3 - Preliminary evaluation of the ulcer healing effects of oral trio amino acid supplementation (L-Arginine, L-Glutamine, L-Leucine) in patients with moderate to severe diabetic foot ulcers associated with nutritional deficiencies

Dr. Lam Van Hoang PhD - Vietnam

11.30 – 11.45

E2.4 - The start of art of diabetic foot: a progressive disease. New insights on the global management

Prof. Marco Meloni - Italia

11.45 – 12.00

E2.5 - Diabetic foot ulcer from a surgical perspective

Dr. Nguyen Duc Anh Quan - Vietnam

12.00 – 12.15

Discussion

12.15 – 13.15

SATELITE WORKSHOP E2 – URGO TOP DRESSING OPTIONS FOR DFU

Chairpersons

Prof. Tran Huu Dang

12.15 – 12.20

Khai mạc

Prof. Tran Huu Dang

12.20 – 12.35

SE2.1 - The Vietnamese MoH guidelines for DFU management (with/without infection)

Assoc.Prof. Tran Thua Nguyen - Vietnam

12.35 – 12.50

SE2.2 - The clinical evidence of sucrose octasulfate dressing in DFU management

Prof. Marco Meloni - Italia

12.50 – 13.05

SE2.3 - Economic evaluation of TLC -NOSF Dressings versus Standard of Care for DFU management in Vietnam

Pharm. Kieu Thi Tuyet Mai - Vietnam

13.05 – 13.15

Thảo luận, Tổng kết

Prof. Tran Huu Dang

HALL E The 2nd floor

13.15 – 15.00	SYMPOSIUM E3 METABOLIC DISORDERS AND OBSTETRICS, PCOS
Chairpersons	Assoc.Prof. Le Minh Tam – <i>Vietnam</i> Assoc.Prof. Hurjahan Banu – <i>Bangladesh</i> Assoc.Prof. Kyaw K.Soe – <i>USA</i>
13.30 – 13.45	E3.1 – Metabolic disorders in male infertility: current trend in diagnosis and management Assoc.Prof. Le Minh Tam – Vietnam
13.45 – 14.00	E3.2 – Neck circumference as a marker of insulin resistance among women with polycystic ovary syndrome Assoc. Prof. Hurjahan Banu – Bangladesh
14.00 – 14.15	E3.3 – Validation of the Tagalog version of the modified polycystic ovary syndrome quality of life questionnaire among adult Filipino women Dr. Ranillo V Gamutan Jr – Philippines
14.15 – 14.30	E3.4 – Prevalence and characteristics of women with polycystic ovary syndrome using the International evidence-based guideline and antimullerian hormone: A nationwide cross -sectional survey Dr. Md Shahed-Morshed – Bangladesh
14.30 – 14.45	E3.5 – PCOS: Update on diagnosis and treatment Dr. Nguyen Thi Thuy Hang PhD – Vietnam
14.45 – 15.15	E3.6 – High prolactin and prolactinoma Assoc.Prof. Kyaw K.Soe – USA
15.00 – 15.15	TEA BREAK

HALL E The 2nd floor

15.15 – 16.30	PLENARY LECTURE E4 TREATMENT APPROACH IN ADRENAL DISORDERS	
Chairpersons	Prof. Jayaprakash Sahoo – India Assoc.Prof. Kyaw K.Soe – USA Dr. Nguyen The Thanh PhD. – Vietnam	
15.15 – 15.30	E4.1 - Comparison of the clinical and biochemical parameters between cystic and non-cystic pheochromocytoma	Prof. Jayaprakash Sahoo – India
15.30 – 15.45	E4.2 - Diagnostic caveats of male hypogonadism	Assoc.Prof. Kyaw K.Soe – USA
15.45 – 16.00	E4.3 - Adrenal vein sampling: experience at a center in Viet Nam	Dr. Do Quoc Huy – Vietnam
16.00 – 16.10	E4.4 - A Case of Congenital Adrenal Hyperplasia Highlighting the Transision Gap to Adult care in Indonesia	Dr. Leily Diniyati Pawa – Indonesia
16.10 – 16.20	E4.5 - The Prevalence Of Adrenal Insufficiency Due To Prolonged Glucocorticoid Therapy And Related Factors	Dr. Nguyen Truc Dung – Vietnam
16.20 – 16.30	E4.6 - A Case Report on Pembrolizumab-Induced Endocrinopathies: Primary Hypothyroidism and Secondary Adrenal Insufficiency	Dr. Ciara Maye Leoncini – Philippines
16.30 – 17.30	SATELLITE WORKSHOP E3. ABBOTT LIPANTHYL BỆNH VÔNG MẠC ĐÁI THÁO ĐƯỜNG HÀNH ĐỘNG SỚM ĐỂ GIẢM TIẾN TRIỂN	
Chairpersons	PGS.TS. Nguyễn Khoa Diệu Vân	
16.30 – 16.33	Khai mạc	PGS.TS Nguyễn Khoa Diệu Vân
16.33 – 17.13	SE3.1 - Kiểm soát mục tiêu kép trên người bệnh đái tháo đường - góc nhìn đa chuyên khoa	PGS.TS.BS. Nguyễn Khoa Diệu Vân TS.BS. Vũ Quỳnh Nga TS.BS. Lâm Văn Hoàng TS.BS. Nguyễn Thu Hiền BSCCKII. Nguyễn Thành Luân
17.13 – 17.25	Thảo luận	
17.25 – 17.30	Tổng kết	PGS.TS Nguyễn Khoa Diệu Vân
18.30 – 21.00	GALA DINNER	

HALL E The 2nd floor

08.00 – 09.30		SYMPOSIUM E5 SARCOPENIA: FROM PATHOPHYSIOLOGY TO TREATMENT
Chairpersons		Prof. Dongryeol Ryu – Korea Assoc.Prof. Yunju Jo – Korea
08.00 - 08.15	E5.1 - Identification and validation of MASAP as a universal blood biomarker for sarcopenia	Assoc.Prof. Yunju Jo - Korea
08.15 - 08.30	E5.2 - Prevalence and riskf factors of sarcopenia in elderly patients with type 2 diabetes mellitus – A cross-sectional study	Dr. Kishore K Behera - India
08.30 - 08.45	E5.3 - Sarcopenia and depression: a strong link in older adults with type 2 diabetes	Dr. Trinh Ngoc Anh - Vietnam
08.45 - 09.00	E5.4 - Association between sarcopenia with health -related quality of life among older patients with diabetes	Dr. Do Trung Hieu - Vietnam
09.00 - 09.15	E5.5 - The Pathophysiology and Clinical Implications of Osteosarcopenia and its association with type 2 diabetes mellitus in geriatric populations	Dr. Nguyen Anh Tuan - Vietnam
09.15 - 09.30	E5.6 - Emerging therapeutic strategies for sarcopenia	Prof. Dongryeol Ryu - South Korea
09.30 - 09.45	TEA BREAK	

HALL E The 2nd floor

09.45 – 11.30		SYMPOSIUM E6 COMPREHENSIVE ASSESSMENT OF DIABETIC PATIENTS
Chairpersons		Dr. Nguyen Thi Thuy Hang PhD – Vietnam Dr. Lam Van Hoang PhD – Vietnam TBD – Indonesia
09.45 – 10.00	E6.1	Serum neutrophil gelatinase-associated lipocalin as a potential biomarker for type 2 diabetes mellitus: A preliminary study among the Filipino population Dr. Franchezka Mia Amores - Philippines
10.00 – 10.15	E6.3	Association between Skin Autofluorescence and Obesity in Type 2 Diabetes Dr. Tang My Ngan - Vietnam
10.15 – 10.30	E6.4	Diabetic Striatopathy: A Rare Manifestation of Uncontrolled Diabetes Dr. Hanna Clementine Q. Tan - Philippines
10.30 – 10.45	E6.5	The effectiveness of a digital diabetes self-management education and support program empowered by coaching in Vietnamese individuals with type 2 diabetes Dr. Ly Dai Luong - Vietnam
10.45 – 11.00	E6.6	Predictors of Undiagnosed Diabetes Mellitus in Young Adult Patients according to Indonesian National Health Survey Dr. Syahidatul Wafa - Indonesia
11.00 – 11.15	E6.7	Health Related Quality of Life among Type 2 Diabetes Patients with Depressive Symptoms in Vietnam Dr. Nguyen Tran Kien - Vietnam
11.15 – 11.30	Discussion	

HALL F The 2nd floor

13.30 – 15.15		PRE F1 EMERGENCY RESUSCITATION, CLINICAL CASE OF THYROID DISEASE
Chairpersons		Dr. Le Van Chi PhD – Vietnam Dr Le Quang Toan PhD – Vietnam
13.30 - 13.40	PF1.1 - Severe hypercalcemia caused by parathyroid tumor complicated by renal failure: A case report	Dr. Alexander Kam - Indonesia
13.40 - 13.50	PF1.2 - Hypoglycemia in hospitalised type 2 diabetic patients at Dong Thap General Hospital	Dr. Le Van Chi PhD - Vietnam
13.50 - 14.00	PF1.3 - The Concurrent Use of the Modified NUTRIC score and Modified Subjective Global Assessment in predicting the 28-day mortality of critically ill patients admitted in the intensive care unit: A Tertiary Center Study	Dr. Kurt Bryan O. Tolentino - Philippines
14.00 - 14.10	PF1.4 - Caught by Storm: Metastatic Papillary Thyroid Carcinoma leading to Thyroid Storm Post Surgery	Dr. Jerome Dylan B. Montalbo - Philippines
14.10 - 14.20	PF1.5 - Methimazole -Induced Insulin Autoimmune Syndrome in a 23 Year-Old Filipino Woman Treated for Graves Disease: A Case Report	Dr. Marcus Belen - Philippines
14.20 - 14.30	PF1.6 - Methimazole-induced cholestatic hepatitis in a 42 year old female patient with Graves' disease	Dr. Jessa Joy D. Tocaldo - Philippines
14.30 - 14.40	PF1.7 - When the Butterfly Catches the Bug: A Case Thyroid Tuberculosis	Dr. Kristel Ann Laurente Mendoza - Philippines
14.40 - 14.50	PF1.8 - Hyperthyroidism - related cardiac arrhythmias: Pathophysiology, clinical impact and management strategies	Dr. Do Thi Ngoc Thuy - Vietnam
14.50 - 15.15	Discussion	

HALL F The 2nd floor

15.15 – 17.00

PRE F2 SURGERY, ORGAN TRANSPLANT

Chairpersons | **Dr. Phan Hoang Hiep PhD** – *Vietnam*
Prof. Ko Ko – *Myanmar*

15.15 - 15.30

PF2.1 - Sequential changes of hyperparathyroidism and mineral metabolism after successful kidney transplantation

Dr. Lam Huynh Kim Ngan - Vietnam

15.30 - 15.45

PF2.2 - Transwoman Kidney Transplant Donor: A Case Report and Review of Literature

Dr. Jernell Robert D. Malixi - Philippines

15.45 - 16.00

PF2.3 - Surgical treatment for Graves' disease at Da Nang hospital: indication and outcomes

Dr Than Trong Vu - Vietnam

16.00 - 16.15

PF2.4 - Active surveillance or surgery for papillary microcarcinoma: Rethinking the standard approach

Dr. Nguyen Thi Ngoc Han - Vietnam

16.15 - 16.30

PF2.5 - Hidden in the Mediastinum: A Case of Intrathoracic Goiter Presenting as a Posterior Mediastinal Mass - Clinical Approach and Management

Dr. Patricia Ana Vic H. Arcega - Philippines

16.30 - 16.45

PF2.6 - Radiofrequency Ablation for Primary Hyperparathyroidism: Initial Clinical Experience from the National Hospital of Endocrinology, Vietnam

Dr. Do Thanh Cong - Vietnam

16.45 - 17.00

Discussion

HALL F The 2nd floor

09.00 – 10.30	PLENARY F1 PARATHYROID AND THYROID DISEASE
Chairpersons	Prof. Thanh D. Hoang – USA Prof. Piter Benitez – Cuba
09.00 - 09.15	F1.1 - Parathyroid adenoma mimicking multinodular goiter: cases report at National Endocrinology hospital Dr. Do Trung Anh - Vietnam
09.15 - 09.30	F1.2 - Brown Tumor of the Maxilla and Mandible as a Manifestation of Tertiary Hyperparathyroidism: A Case Report Dr. Airah P. Sardinia - Philippines
09.30 - 09.45	F1.3 - Optimal treatment for hypothyroidism – new evidence for combination therapy Dr. Thanh D. Hoang - USA
09.45 - 10.00	F1.4 - Detection of Multiple Parathyroid Adenomas using 18F Choline PET/CT Scan: A Case Report Dr. Charisse B. Ferrer - Philippines
10.00 - 10.15	F1.5 - Thyroid dysfunction in infants of mothers with Graves' disease Dr. Hoang Xuan Dai - Vietnam
10.15 - 10.30	Discussion
10.30 - 10.45	EXHIBITION OPENING / TEA BREAK

HALL F The 2nd floor

10.45 – 12.15	SYMPOSIUM F2A ANAH RESEARCH
Chairpersons	Prof. William F. Young, Jr – USA Prof. Paul M. Stewart – UK
10.45 – 11.05	F2A.1 - Primary aldosteronism in patients with diabetes mellitus Dr. Tri Juli Edi Tarigan - Indonesia
11.05 – 11.25	F2A.2 - Beyond Aldosterone: The Role of Mild Autonomous Cortisol Secretion in Cardiovascular Risk of Primary Aldosteronism Dr Richard Cai - Taiwan
11.25 – 11.45	F2A.3 - The impact of setting up an Endocrine Hypertension Clinic in a low-middle income country of South Asia Prof. Sharmin Jahan - Bangladesh
11.45 – 12.15	Break
12.15 – 13.15	SYMPOSIUM F2B ANAH RESEARCH
Chairpersons	Prof. William F. Young, Jr – USA Prof. Gregory Kline – Canada
12.15 – 12.35	F2B.1 - Tissue Sodium Quantification in Primary Aldosteronism: From the Index Case to Current Insights on Na ⁺ /K ⁺ Redistribution Disorder Dr. Hieu Tran - Vietnam
12.35 – 12.55	F2B.2 - Glucocorticoid Excess Across the Spectrum Dr. Padiporn Limumpornpetch - Thailand
12.55 – 13.15	F2B.3 - Challenges in treating adrenal insufficiency Dr. Eng Pei Chia - Singapore

HALL F The 2nd floor

13.15 – 15.00 | **SYMPOSIUM F3
HYPOTHYROID AND THYROID DISEASE**

Chairpersons | **Assoc.Prof. Ho Thi Kim Thanh** – *Vietnam*
Dr. Vu Thi Hien Trinh PhD – *Vietnam*

13.30 - 13.45	F3.1 - Assessment changing of thyroxine dose for the management of primary hypothyroid during first trimester of pregnancy Dr. Vu Thi Hien Trinh PhD - Vietnam
13.45 - 14.00	F3.2 - The art of adjusting thyroid hormone dosage with multi- strenth solution Dr. Phan Huu Hen PhD - Vietnam
14.00 - 14.15	F3.3 - Approach to diagnosis and treatment of hypothyroidism: clinical cases Dr. Le Thi Tien - Vietnam
14.15 - 14.30	F3.4 - From Hypothyroidism with Elevated TRAb to Biphasic Autoimmune Thyroid States Dr. Nguyen Viet Hung - Vietnam
14.30 - 14.45	F3.5 - Management of Subclinical Hypothyroidism in Postmenopausal Women: Insights from a Tertiary Hospital in Vietnam Dr. Nguyen Thi Ngoc Han - Vietnam
14.45 - 15.00	Discussion
15.00 - 15.15	TEA BREAK

HALL F The 2nd floor

15.00 – 16.30		PLENARY LECTURE F4 PREDIABETES, METABOLISM SYNDROME
Chairpersons		Prof. Piter Benitez – Cuba Dr. Tran Minh Triet PhD – Vietnam Dr. Quach Huu Trung – Vietnam
15.00 - 15.15	F4.1 - Diagnostic accuracy of the modified Asian Finnish Diabetes Risk Score (ModAsian FINDRISC) in screening for prediabetes, type 2 DM and metabolic syndrome among undiagnosed adult Filipino Healthcare Workers: A cross sectional analytic study	Dr. Marivi Grace Mercado-Nerit - Philippines
15.15 - 15.30	F4.2 - Prevalence and atherothrombotic risk of prediabetes in patients undergoing coronary angiography: Data from a Vietnamese cohort study	Prof. Piter Benitez - Cuba
15.30 - 15.45	F4.3 - Stand Against Prediabetes (SAPd) : A National Campaign to strengthen Diagnosis, Clinical Practice, and Public Awareness in Malaysia	Dr. Chan Siew Pheng
15.45 - 16.00	F4.4 - Management of Severe Obesity and Super Obesity patients by “Non-Surgical multimodal therapies	Mr. Phan Bao Long - Vietnam
16.00 - 16.15	F4.5 - Association Between Inflammatory -Metabolic Indices and Renal Function in Patients with Type 2 Diabetes Mellitus	Mr. Tran Truong Trung Tinh - Vietnam
16.15 - 16.30	F4.6 - Utility of visceral fat rating, measured using bioelectrical impedance analysis, for screening metabolic syndrome in patients diagnosed with obesity in Vietnam	Dr. Hoang Khanh Chi - Vietnam

HALL F The 2nd floor

16.30 – 17.30		SATELLITE WORKSHOP F3. PFIZER DỰ PHÒNG NHIỄM KHUẨN PHẾ CẦU TRÊN BỆNH NHÂN ĐÁI THÁO ĐƯỜNG
Chairpersons		PGS.TS. Trần Thừa Nguyên
16.30 - 16.35	Khai mạc	PGS.TS. Trần Thừa Nguyên
16.35 - 16.55	SF3.1 - Mối tương quan giữa bệnh lý phế cầu trên bệnh nhân đái tháo đường	PGS.TS.BS. Trần Thừa Nguyên
16.55 - 17.15	SF3.2 - Vai trò của vắc xin ngừa phế cầu cộng hợp trên bệnh nhân đái tháo đường, các hướng dẫn thực hành tiêm chủng	ThS.BS. Nguyễn Ngọc Anh Tuấn
17.15 - 17.25	Thảo luận	
17.25 - 17.30	Tổng kết	PGS.TS. Trần Thừa Nguyên
18.30 - 21.00	GALA DINNER	

HALL F The 2nd floor

08.00 – 09.30		SYMPOSIUM F5 COMBINATION THERAPY IN DIABETES
Chairpersons		Assoc.Prof. Vu Bich Nga – Vietnam Dr. Vo Tuan Khoa – Vietnam Dr. Tong Chin Voon – Malaysia
08.00 - 08.15	F5.1	A Cross-sectional analysis of insulin therapy use among patients with type 2 diabetes in Malaysian Tertiary Hospitals: Data from the TARGET-T2D Study Dr. Tong Chin Voon – Malaysia
08.15 - 08.30	F5.2	Targeting triple treatment among patients with type 2 diabetes: A hospital based cross -sectional survey in Vietnam Dr. Vo Tuan Khoa – Vietnam
08.30 - 08.45	F5.3	Clinical and subclinical characteristics of the hyperglycemic crisis in patients with diabetes mellitus (diabetic ketoacidosis and/or hyperosmolar hyperglycemic state) Dr. Nguyen Minh Tuan Anh – Vietnam
08.45 - 09.00	F5.4	Evaluating the Efficacy of a Nutrition Education Intervention in Diabetic Patients at Hue Central Hospital Dr. Nguyen Hoai Linh – Vietnam
09.00 - 09.15	F5.5	Beyond glycemic control: Exploring the potential benefits of SGLT2 inhibitors in clinical practice Dr. Trinh Ngoc Anh – Vietnam
09.15 - 09.30	Discussion	

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SECRETARIAT OF THE AFES 2025

Assoc.Prof. Tran Thua Nguyen MD.PhD (General Secretary) - Phone: (+84)903 597 695

Ms. Le Hoang Ngoc Linh - Phone: (+84)915 975 656

Ms. Nguyen Khanh Linh - Phone: (+84)902534691

Email: secretariat@afes2025vietnam.com

Website: <https://afes2025vietnam.com>