



# DETAILED PROGRAM

## THE 23<sup>rd</sup> ASEAN FEDERATION OF ENDOCRINE SOCIETIES CONGRESS

ENDOCRINOLOGY, DIABETES, METABOLIC DISORDERS AND DIGITAL TECHNOLOGY

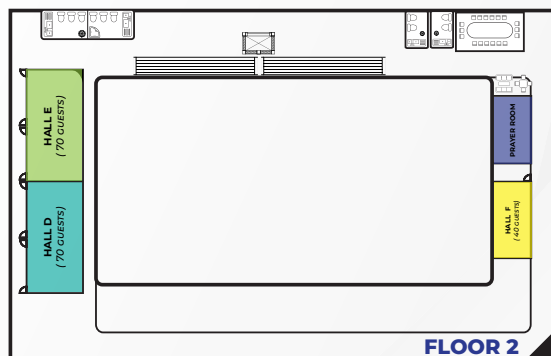
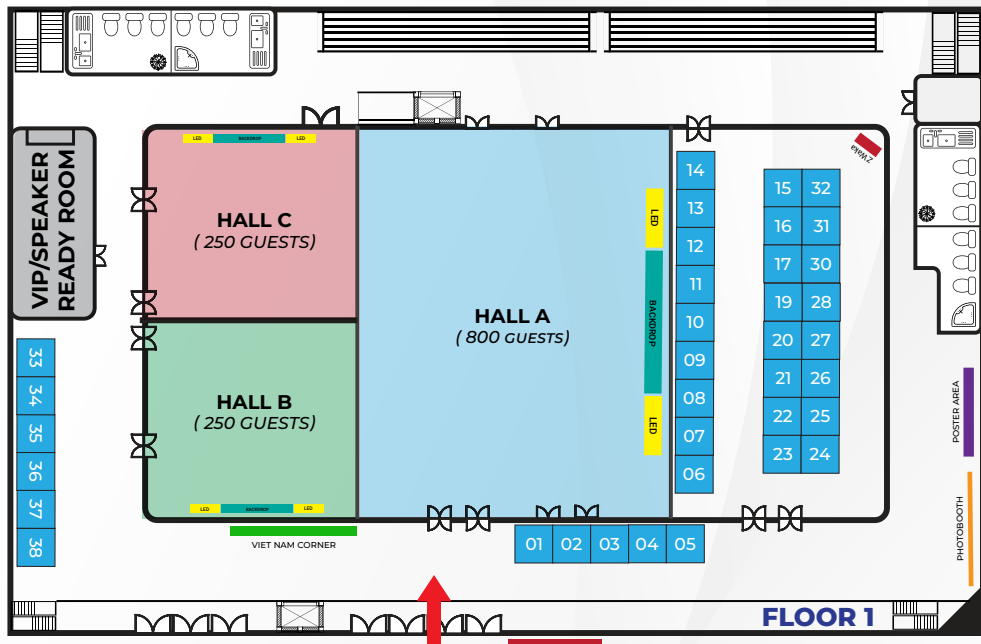
**Da Nang, Vietnam, 14-16.11.2025**

# AFES 2025



# LAYOUT AFES 2025

Ariyana Convention Center



- Standard Booth  
3m (length) x 3m (width) x 2.5m (height)
- Standard Table  
1.8m (length) x 0.6m (width) x 0.75m (height)

|           |               |                 |                     |            |
|-----------|---------------|-----------------|---------------------|------------|
| 1 SERVIER | 9 MEGA        | 17 ASTRAZENECA  | 26 WÖRWAG           | 35 PERKENI |
| 2 SERVIER | 10 GSK        | 19 ABBOTT       | 27 VÂN LONG         | 36 PCEDM   |
| 3 SERVIER | 11 GSK        | 20 ABBOTT       | 28 GIGAMED          | 37 VADE    |
| 4 SERVIER | 12 PFIZER     | 21 ABBOTT       | 30 HASAN DERMAPHARM | 38 MSEM    |
| 5 SERVIER | 13 ROCHE      | 22 NOVO NORDISK | 31 DƯỢC HẦU GIANG   |            |
| 6 MEGA    | 14 BOEHRINGER | 23 NOVO NORDISK | 32 UNITED           |            |
| 7 MEGA    | 15 EMBECTA    | 24 NOVO NORDISK | 33 AOCE             |            |
| 8 MEGA    | 16 SCIGEN     | 25 NOVO NORDISK | 34 EMSS             |            |



## PROF. TRAN HUU DANG

President of the ASEAN Federation of Endocrine Societies  
President of the Vietnam Association of Diabetes and Endocrinology

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**Dear Distinguished Delegates and Colleagues,**

On behalf of the **ASEAN Federation of Endocrine Societies (AFES)** and the **Vietnam Association of Diabetes and Endocrinology (VADE)**, I would like to extend to you my warmest greetings and best wishes for health and happiness.

In 2025, Vietnam has the great honor of hosting the **23<sup>rd</sup> Congress of the ASEAN Federation of Endocrine Societies (AFES 2025)** - the region's premier scientific event in the field of **Endocrinology, Diabetes, and Metabolic Disorders**.

With the theme **"Endocrinology, Diabetes, Metabolic Disorders and Digital Technology"**, the Congress aims to highlight the latest advancements in modern medicine, particularly the integration of **digital technology** into the diagnosis, treatment, and management of endocrine and metabolic diseases.

The Congress will bring together leading experts, scientists, and clinicians from Vietnam and across the world, offering high-quality lectures, scientific presentations, and diverse perspectives. It will serve as a valuable platform for the Southeast Asian medical community to share knowledge, exchange ideas, and strengthen collaboration in research, education, and patient care.

On behalf of the AFES Executive Council and the Organizing Committee, I would like to express my sincere appreciation to all delegates, speakers, sponsors, and colleagues for your invaluable support and contributions to the success of this Congress.

I wish you inspiring and memorable days of learning, connection, and collaboration at **AFES 2025 in Da Nang City, Vietnam**.

**Sincerely,**



# PROGRAM AT GLANCE

| TIME                                                  | HALL A<br>(1 <sup>st</sup> Floor)                                                                        | HALL B<br>(1 <sup>st</sup> Floor)                                         | HALL C<br>(1 <sup>st</sup> Floor)                                                         | HALL D<br>(2 <sup>nd</sup> Floor)                                                                        | HALL E<br>(2 <sup>nd</sup> Floor)                                   | HALL F<br>(2 <sup>nd</sup> Floor)                                            |
|-------------------------------------------------------|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|------------------------------------------------------------------------------|
| PRE-SCIENTIFIC CONFERENCE<br>FRIDAY, 14 NOVEMBER 2025 |                                                                                                          |                                                                           |                                                                                           |                                                                                                          |                                                                     |                                                                              |
| 13.30 - 15.15                                         | PRE A1<br>ENDOCRINOLOGY<br>DISORDER                                                                      | PRE B1<br>TYPE 1 DIABETES:<br>COMPLICATION OF<br>DIABETES                 | PRE C1<br>QUẢN LÝ BIẾN CHỨNG CẤP<br>TÍNH VÀ CHIẾN LƯỢC<br>TOÁN ĐIỂN TRONG ĐIỀU<br>TRỊ ĐTĐ | PRE. D1<br>AFES - ANAH JOINT<br>SYMPOSIUM                                                                | PRE E1<br>PEDIATRIC<br>ENDOCRINOLOGY DISEASE                        | PRE F1<br>EMERGENCY<br>RESUSCITATION,<br>CLINICAL CASE OF<br>THYROID DISEASE |
| 15.15 - 17.00                                         | PRE A2<br>METABOLISM<br>DISORDER                                                                         | PRE B2<br>NEW APPROACHS IN<br>MANAGEMENT OF<br>THYROID DISEASE            | PRE C2<br>TIẾP CẬN MÔI TRƯỜNG ĐIỀU<br>TRỊ ĐÁI THẢO ĐƯỜNG                                  | PRE. D2<br>MEET THE PROFESSOR<br>SESSION:<br>PREGNANCY, GENETIC<br>DISORDER AND ADRENAL<br>INCIDENTALOMA | PRE E2<br>COMPREHENSIVE<br>MANAGEMENT<br>IN ELDERLY PATIENTS        | PRE F2<br>SURGERY, ORGAN<br>TRANSPLANT                                       |
| 17:00 - 18:00                                         |                                                                                                          | SATELITE WORKSHOP B1 -<br>SERVIER                                         |                                                                                           |                                                                                                          |                                                                     |                                                                              |
| SCIENTIFIC CONFERENCE<br>SATURDAY, 15 NOVEMBER 2025   |                                                                                                          |                                                                           |                                                                                           |                                                                                                          |                                                                     |                                                                              |
| 8.30 - 9.00                                           | OPENNING CEREMORY - HALL A                                                                               |                                                                           |                                                                                           |                                                                                                          |                                                                     |                                                                              |
| 9.00 - 10.40                                          | PLENARY A1<br>ENDOCRINOLOGY,<br>DIABETES, METABOLIC<br>DISORDERS AND<br>DIGITAL TECHNOLOGY               | PLENARY B1<br>MEDICATION ADHERENCE<br>IN TREATMENT<br>OF DIABTES          | PLENARY C1<br>QUẢN LÝ BIẾN CHỨNG<br>BỆNH ĐÁI THẢO ĐƯỜNG                                   | PLENARY D1<br>TREATMENT OF<br>DIABETES: THE ROLE<br>OF EARLY GLYCEMIC<br>CONTROL                         | PLENARY E1<br>PHYSIOLOGY IN<br>DIABETES, METABOLIC<br>DISORDERS     | PLENARY F1<br>PARATHYROID AND<br>THYROID DISEASE                             |
| EXHIBITION OPENING / TEA BREAK                        |                                                                                                          |                                                                           |                                                                                           |                                                                                                          |                                                                     |                                                                              |
| 10.45 - 12.15                                         | SYMPOSIUM A2<br>APPLICATION OF NEW<br>TECHNOLOGY<br>IN TREATMENT OF<br>DIABETES                          | SYMPOSIUM B2<br>GESTATIONAL DIABETES<br>MELLITUS (GDM) 2                  | SYMPOSIUM C2<br>ĐIỀU TRỊ BỆNH BÉO PHÌ<br>VÀ BỆNH TUYẾN GIÁP                               | SYMPOSIUM D2<br>APPLICATION OF AI AND<br>NEW TECHNOLOGY<br>IN TREATMENT                                  | SYMPOSIUM E2<br>OPTIMAL DIABETIC FOOT<br>ULCER MANAGEMENT           | SYMPOSIUM F2A<br>ANAH RESEARCH                                               |
| 12.15 - 13.15                                         | SATELITE WORKSHOP<br>A2 - NOVIO                                                                          | SATELITE WORKSHOP B2<br>- SERVIER                                         | SATELITE WORKSHOP C2<br>- SANDOZ                                                          |                                                                                                          | SATELITE WORKSHOP E2<br>- URGO                                      | SYMPOSIUM F2B<br>ANAH RESEARCH                                               |
| 13.30 - 15.00                                         | SYMPOSIUM A3<br>RENAL AND<br>CARDIOVASCULAR<br>IN DIABETES                                               | SYMPOSIUM B3<br>OBESITY                                                   | SYMPOSIUM C3<br>CHIẾN LƯỢC ĐIỀU TRỊ ĐÁI<br>THẢO ĐƯỜNG                                     | SYMPOSIUM D3<br>SYNERGISTIC SOLUTION IN<br>TREATMENT<br>OF DIABETES                                      | SYMPOSIUM E3<br>METABOLIC DISORDERS<br>AND OBSTETRICS, PCOS         | SYMPOSIUM F3<br>HYPOTHYROID AND<br>THYROID DISEASE                           |
| TEA BREAK                                             |                                                                                                          |                                                                           |                                                                                           |                                                                                                          |                                                                     |                                                                              |
| 15.15 - 16.30                                         | EXPERTS TALK A4<br>MEET THE PROFESSOR<br>SESSION:<br>PARAGANGLIOMA,<br>CORTISOL AND GENETIC<br>DISORDERS | EXPERTS TALK B4<br>POWERING PATIENTS:<br>TOGETHER FOR BETTER<br>CARE      | PLENARY C4<br>QUẢN LÝ BỆNH TIM MẠCH<br>VÀ BÀN CHÂN ĐTĐ                                    | PLENARY D4<br>DIABETES AND<br>COMORBIDITIES                                                              | PLENARY LECTURE E4<br>TREATMENT APPROACH<br>IN ADRENAL DISORDERS    | PLENARY LECTURE F4<br>PREDIABETES,<br>METABOLISM SYNDROME                    |
| 16.30 - 17.30                                         |                                                                                                          | SATELLITE WORKSHOP<br>B3. ABBOTT                                          | SATELLITE WORKSHOP<br>C3. ASTRAZENECA                                                     | SATELLITE WORKSHOP<br>D3. NOVARTIS                                                                       | SATELLITE WORKSHOP<br>E3. ABBOTT                                    | SATELLITE WORKSHOP<br>F3. PFIZER                                             |
| GALA DINNER                                           |                                                                                                          |                                                                           |                                                                                           |                                                                                                          |                                                                     |                                                                              |
| SCIENTIFIC CONFERENCE<br>SUNDAY, 16 NOVEMBER 2025     |                                                                                                          |                                                                           |                                                                                           |                                                                                                          |                                                                     |                                                                              |
| 8.00 - 9.30                                           | SYMPOSIUM A5<br>THE EPIDEMIOLOGY OF<br>DIABETES                                                          | SYMPOSIUM B5<br>MEET THE PROFESSOR<br>SESSION<br>PRIMARY<br>ALDOSTERONISM | SYMPOSIUM C5<br>DEPRESSIVE AND<br>DIABETIC NEUROPATHY                                     | SYMPOSIUM D5<br>GESTATIONAL DIABETES<br>MELLITUS (GDM) 1                                                 | SYMPOSIUM E5<br>SARCOPENIA: FROM<br>PATHOPHYSIOLOGY<br>TO TREATMENT | SYMPOSIUM F5<br>COMBINATION THERAPY<br>IN DIABETES                           |
| TEA BREAK                                             |                                                                                                          |                                                                           |                                                                                           |                                                                                                          |                                                                     |                                                                              |
| 9.45 - 11.30                                          | SYMPOSIUM A6<br>NEW INSIGHTS INTO<br>OSTEOPOROSIS                                                        | SYMPOSIUM B6<br>MEET THE PROFESSOR<br>SESSION<br>PRIMARY<br>ALDOSTERONISM | SYMPOSIUM C6<br>NOVEL THERAPEUTIC<br>APPROACHES IN<br>CANCER OF THYROID                   | SYMPOSIUM D6<br>MANEGEMENT IN<br>METABOLISM DISORDER                                                     | SYMPOSIUM E6<br>COMPREHENSIVE<br>ASSESSMENT<br>OF DIABETIC PATIENTS |                                                                              |
| 12.00                                                 | CLOSING CEREMORY - HALL A                                                                                |                                                                           |                                                                                           |                                                                                                          |                                                                     |                                                                              |

## HALL A The 1<sup>st</sup> floor

13.30 – 15.15

### PRE A1 ENDOCRINOLOGY DISORDER

Chairpersons

**Dr. Nguyen Van Vy Hau PhD** – Vietnam  
**Prof. Sharmin Jahan** – Bangladesh

13.30 - 13.40

**PA1.1** - Into the unknown: a case of autoimmune hypothalamitis as a cause of neuroendocrine dysfunction

**Dr. Elisha Mae G. Indiongco** - Philippines

13.40 - 13.50

**PA1.2** - Case Report: Pituitary Apoplexy in a Dual Hormone-Secreting Macroadenoma

**Dr. Model Grace A. Montes-Buna** - Philippines

13.50 - 14.00

**PA1.3** - A Case of a Non-functioning Pituitary Microadenoma Conservatively Managed in a 49-year-old Filipino Male

**Dr. Angel Abraham Sison** - Philippines

14.00 - 14.10

**PA1.4** - Conn's Syndrome : When Hormones Rule Blood Pressure (Case study)

**Dr. Zainal Fahmi** - Indonesia

14.10 - 14.20

**PA1.5** - Diagnosis and treatment of endogenous Cushing syndrome: experiences at Cho Ray Hospital

**Dr. Le Thi Thu Thao** - Vietnam

14.20 - 14.30

**PA1.6** - Case of Lymphocytic Hypophysitis in a 59 year old Filipino Woman

**Dr. Catherine Rose P. Dumpit** - Philippines

14.30 - 14.40

**PA1.7** - Current status of Cardiovascular-Kidney-Metabolic Syndrome in adults  $\geq 30$  years old in Can Tho city in 2025

**Dr. Nguyen Thi Thuy Trang** - Vietnam

14.40 - 14.50

**PA1.8** - The diagnostic utility of the Captopril challenge test for primary aldosteronism in Bangladeshi population: A prospective study

**Prof. Sharmin Jahan** - Bangladesh

14.50 - 15.15

**Discussion**

## HALL A The 1<sup>st</sup> floor

15.15 – 17.00

### PRE A2 METABOLISM DISORDER

Chairpersons

**Prof. Nguyen Hai Thuy** – Vietnam  
**Dr. Lora May T. Tin Hay** – Philippines

15.15 - 15.30

**PA2.1** - Estimating the prevalence of familial hypercholesterolemia from the 8th National Health and Nutrition Survey

**Dr. Patricia Marie M. Lusica** - Philippines

15.30 - 15.45

**PA2.2** - Nutritional Status and Dietary Patterns in Patients with Severe and Very Severe Hypertriglyceridemia at the Department of Endocrinology and Diabetes, Bach Mai Hospital

**Dr. Ngo Quynh Trang** - Vietnam

15.45 - 16.00

**PA2.3** - Exploring the effects of Scleroderma on bone metabolism: A case report

**Dr. Patricia Ana Vic H. Arcega** - Philippines

16.00 - 16.15

**PA2.4** - Dyslipidemia in Southeast Asian Patients With Ischemic Stroke

**Prof. Nguyen Hai Thuy** - Vietnam

16.15 - 16.30

**PA2.5** - Disposable vaping in selected young adults: Effects on malondialdehyde and liver-specific enzyme levels

**Dr. John Michelle M. Lagat** - Philippines

16.30 - 16.45

**PA2.6** - Coronary Microvascular Dysfunction in Diabetes Mellitus

**Dr. Bui Cao My Ai** - Vietnam

16.45 - 17.00

**Discussion**

**HALL A** The 1<sup>st</sup> floor

|               |                                                                                                                                                                       |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08.30 – 09.00 | <b>OPENNING CEREMORY</b>                                                                                                                                              |
| 09.00 – 10.40 | <b>PLENARY A1<br/>ENDOCRINOLOGY, DIABETES, METABOLIC DISORDERS<br/>AND DIGITAL TECHNOLOGY</b>                                                                         |
| Chairpersons  | <b>Prof. Tran Huu Dang</b> – <i>Vietnam</i><br><b>Prof. William F. Young, Jr</b> – <i>USA</i><br><b>Prof. Eun-Gyoung Hong</b> – <i>Korea</i>                          |
| 09.00 - 09.20 | <b>A1.1</b> - The role of SGLT2i in T2DM complicated with MAFLD<br><br><b>Prof. Tran Huu Dang</b> - Vietnam                                                           |
| 09.20 - 09.40 | <b>A1.2</b> - AI in Medicine: Opportunities and Challenges Distinguished<br><br><b>Prof. Tuan V. Nguyen</b> - Australia                                               |
| 09.40 - 10.00 | <b>A1.3</b> - Clinical perspectives on adrenal disorders: Answers to common Q<br><br><b>Prof. William F. Young, Jr</b> - USA                                          |
| 10.00 - 10.20 | <b>A1.4</b> - Taking control: Complementary and alternative medicine in diabetes and cardiovascular disease management<br><br><b>Prof. Narelle Warren</b> - Australia |
| 10.20 - 10.40 | <b>A1.5</b> - Advancements in Diabetes Technology:<br>A Focus on Continuous Glucose Monitoring<br><br><b>Dr. Amit Kumar Gupta</b> - India                             |
| 10.30 - 10.45 | <b>EXHIBITION OPENING / TEA BREAK</b>                                                                                                                                 |

**HALL A** The 1<sup>st</sup> floor

|               |             |                                                                                                                                                                                      |
|---------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10.45 – 12.15 |             | <b>SYMPOSIUM A2</b><br><b>APPLICATION OF NEW TECHNOLOGY IN TREATMENT OF DIABETES</b>                                                                                                 |
| Chairpersons  |             | <b>Prof. Tony Cunningham – Australia</b><br><b>Assoc.Prof. Vinh Q.Mai – USA</b><br><b>Dr. Alice Pik Shan KONG PhD – Hongkong</b>                                                     |
| 10.45 – 11.00 | <b>A2.1</b> | Breakthroughs in vaccine technology and applications for diabetes patient<br><br><b>Prof. Tony Cunningham – Australia</b>                                                            |
| 11.00 – 11.15 | <b>A2.2</b> | Frequency of hypoglycemia via continuous glucose monitoring in hospitalized patients with type 2 diabetes in non - ICU settings<br><br><b>Dr. Nguyen Thi Thu Huong PhD – Vietnam</b> |
| 11.15 – 11.30 | <b>A2.3</b> | Revolution of diabetes care with CGM as a standard of care and accelerate iCGM as an official standard about accuracy<br><br><b>Dr. Alice Pik Shan KONG PhD – Hongkong</b>           |
| 11.30 – 11.45 | <b>A2.4</b> | Building better outcomes: Advancing insulin injection technique and education with FITTER forward<br><br><b>Dr. Shailendra Bajpai – India</b>                                        |
| 11.45 – 12.15 | <b>A2.5</b> | Updates on diabetes mellitus diagnosis and management including advanced technology/CGM/insulin pumps<br><br><b>Assoc.Prof. Vinh Q.Mai – USA</b>                                     |

**HALL A** The 1<sup>st</sup> floor

|                                                        |                                                                                                           |                                                                                                                                   |
|--------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| 12.15 – 13.15                                          |                                                                                                           | <b>SATELITE WORKSHOP A2 – NOVO</b><br><b>A NEW ERA IN THE TREATMENT OF TYPE 2 DIABETES:</b><br><b>THE KEY ROLE OF SEMAGLUTIDE</b> |
| <b>Chairpersons   Assoc.Prof. Nguyen Khoa Dieu Van</b> |                                                                                                           |                                                                                                                                   |
| 12.15 - 12.20                                          | Opening                                                                                                   | <b>Assoc.Prof. Nguyen Khoa Dieu Van</b>                                                                                           |
| 12.20 - 12.40                                          | <b>SA2.1</b> - Mechanism of action and benefits of Semaglutide:<br>From research to practical application | <b>Dr. Richard MacIsaac</b> - Australia                                                                                           |
| 12.40 - 13.00                                          | <b>SA2.2</b> - Semaglutide: A solution to change the situation of<br>type 2 diabetes treatment in Vietnam | <b>Assoc.Prof. Nguyen Ngoc Quang</b> - Vietnam                                                                                    |
| 13.00 - 13.10                                          | <b>Discussion</b>                                                                                         |                                                                                                                                   |
| 13.10 - 13.15                                          | Closing                                                                                                   | <b>Assoc.Prof. Nguyen Khoa Dieu Van</b>                                                                                           |

**HALL A** The 1<sup>st</sup> floor

|               |                                                                                                                                                     |                                                                                                                    |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| 13.30 – 15.00 |                                                                                                                                                     | <b>SYMPOSIUM A3</b><br><b>RENAL AND CARDIOVASCULAR IN DIABETES</b>                                                 |
| Chairpersons  |                                                                                                                                                     | <b>Prof. Nguyen Hai Thuy</b> – Vietnam<br><b>Prof. Dang Van Phuoc</b> – Vietnam<br><b>Dr. Abel Soh</b> – Singapore |
| 13.30 – 13.45 | <b>A3.1</b> – Assessment of renal cardiovascular risk factors – Key to improving prognosis for patients with metabolic renal cardiovascular disease | <b>Prof. Dang Van Phuoc</b> – Vietnam                                                                              |
| 13.45 – 14.00 | <b>A3.2</b> – Current situation of arterial hypertension and its related metabolic factors through 5 years MMM ' s Vietnam campaign                 | <b>Prof. Huynh Van Minh</b> – Vietnam                                                                              |
| 14.00 – 14.15 | <b>A3.3</b> – Remnant cholesterol as a distinct cardiovascular risk factor in young adults: An age-stratified nationwide cohort study               | <b>Dr. Han Na Jung</b> - Korea - Korea                                                                             |
| 14.15 – 14.30 | <b>A3.4</b> – New-Onset Diabetes in Southeast Asian Patients With Heart Failure                                                                     | <b>Prof. Nguyen Hai Thuy</b> – Vietnam                                                                             |
| 14.30 – 14.45 | <b>A3.5</b> – Insulin resistance and cardiovascular complications: The art of treatment approach                                                    | <b>Prof. Nemencio A. Nicodemus Jr.</b> - Philippines                                                               |
| 14.45 – 15.00 | <b>A3.6</b> – GLP-1RA – An advanced therapy to reduce cardiovascular risk and overweight in diabetes patients in Vietnam                            | <b>Dr. Nguyen Quoc Thai PhD</b> – Vietnam                                                                          |
| 15.00 – 15.15 | <b>TEA BREAK</b>                                                                                                                                    |                                                                                                                    |

**HALL A** The 1<sup>st</sup> floor

|               |                                                         |                                                                                                                      |
|---------------|---------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| 15.15 – 16.30 |                                                         | <b>EXPERTS TALK A4</b><br><b>MEET THE PROFESSOR SESSION:</b><br><b>PARAGANGLIOMA, CORTISOL AND GENETIC DISORDERS</b> |
| Chairpersons  |                                                         | <b>Dr. Sum Satha</b> – Cambodia<br><b>Dr. Tri Juli Edi Tarigan</b> – Indonesia                                       |
| 15.15 - 15.40 | <b>A4.1</b> - Ruling OUT pheochromocytoma/paraganglioma | <b>Prof. Gregory Kline</b> - Canada                                                                                  |
| 15.40 - 16.05 | <b>A4.2</b> - Hypercortisolism and hypertension         | <b>Assoc.Prof. Guido Di Dalmazi</b> - Italia                                                                         |
| 16.05 - 16.30 | <b>A4.3</b> - Genetic disorders in adrenal disease      | <b>Assoc. Prof. Do Duc Minh</b> - Vietnam                                                                            |
| 18.30 - 21.00 | <b>GALA DINNER</b>                                      |                                                                                                                      |

## HALL A The 1<sup>st</sup> floor

### 08.00 - 09.30 | SYMPOSIUM A5 THE EPIDEMIOLOGY OF DIABETES

**Chairpersons** | **Prof. Ko Ko** – Myanmar  
**Dr. Le Quang Toan PhD** – Vietnam  
**Dr. Nguyen Ngoc Tam PhD** – Vietnam

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**08.00 - 08.15** | **A5.1** - The epidemiology of diabetes mellitus and associated factors in adults under 40 years old presenting at Hanoi University of Medicine Hospital  
**Dr. Do Thu Thao** - Vietnam

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**08.15 - 08.30** | **A5.2** - Efficacy and safety of icodex in type 2 diabetes mellitus in Asia population: A systematic review and meta analysis  
**Dr. Devina Ravelia Tiffany Subroto** - Indonesia

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**08.30 - 08.45** | **A5.3** - Prevalence of cognitive impairment and some related factors in diabetic patients  
**Dr. Nguyen Ngoc Tam PhD** - Vietnam

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**08.45 - 09.00** | **A5.4** - Prevalence of diabetes mellitus and related factors: Results of 2020 Vietnam Nationwide community-based survey  
**Dr. Le Quang Toan PhD** - Vietnam

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**09.00 - 09.15** | **A5.5** - Prevalence of diabetes in the first trimester of pregnancy among women conceiving via in vitro fertilization and risk factors  
**Dr. Bui Phuong Thao** - Vietnam

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**09.15 - 09.30** | **Discussion**

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**09.30 - 09.45** | **TEA BREAK**

**HALL A** The 1<sup>st</sup> floor

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|---------------|--------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| 09.45 - 11.40 |                                                                                | <b>SYMPOSIUM A6</b><br><b>NEW INSIGHTS INTO OSTEOPOROSIS</b>                                     |
| Chairpersons  |                                                                                | <b>Distinguished Prof. Tuan V. Nguyen</b> - Australia<br><b>Prof. Manju Chandran</b> - Singapore |
| 09.45 - 09.50 | Opening remarks                                                                | <b>Distinguished Prof. Tuan V. Nguyen</b>                                                        |
| 09.50 - 10.20 | <b>A6.1</b> - Osteoporosis and Diabetes                                        | <b>Assoc. Prof. Vinh Q. Mai</b> - USA                                                            |
| 10.20 - 10.50 | <b>A6.2</b> - Minimum Clinical Standards of Osteoporosis Care                  | <b>Prof. Manju Chandran</b> - Singapore                                                          |
| 10.50 - 11.20 | <b>A6.3</b> - Recent Developments in Fracture Risk Assessment                  | <b>Distinguished Prof. Tuan V. Nguyen</b> - Australia                                            |
| 11.20 - 11.35 | <b>A6.4</b> - Prevention and treatment of glucocorticoid -induced osteoporosis | <b>Dr. Nguyen Thi Ngoc Thoi</b> - Vietnam                                                        |
| 11.35 - 11.40 | <b>Discussion</b>                                                              |                                                                                                  |

HALL B The 1<sup>st</sup> floor

|               |                                                                                                                                                                                                                                                                       |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 13.30 – 15.15 | <b>PRE B1</b><br><b>TYPE 1 DIABETES: COMPLICATION OF DIABETES</b>                                                                                                                                                                                                     |
| Chairpersons  | <b>Assoc.Prof. Le Dinh Tuan</b> – Vietnam<br><b>Dr. Edy Kornelius</b> – Taiwan                                                                                                                                                                                        |
| 13.30 - 13.45 | <b>PB1.1</b> - A decade of insights study: Long-term incidence and severity correlation between chronic kidney disease and diabetic retinopathy in type 2 diabetes<br><b>Dr. Mai Trong Tri</b> - Vietnam                                                              |
| 13.45 - 13.55 | <b>PB1.2</b> - Glycemic control status among patients with type 1 diabetes at the National Hospital of Endocrinology, Vietnam<br><b>Dr. Thai Thi Hanh</b> - Vietnam                                                                                                   |
| 13.55 - 14.05 | <b>PB1.4</b> - The association between ADIPOQ gene variants (rs266729, rs2241766, rs1501299) and acute myocardial infarction in Vietnamese patients with type 2 diabetes mellitus<br><b>Dr. Le Hoang Bao</b> - Vietnam                                                |
| 14.05 - 14.15 | <b>PB1.5</b> - Diabetic peripheral neuropathy associated with cardiovascular risk factors and glucagon-like peptide-1 concentrations among newly diagnosed patients with type 2 Diabetes Mellitus<br><b>Assoc.Prof. Le Dinh Tuan</b> - Vietnam                        |
| 14.15 - 14.25 | <b>PB1.6</b> - The prevalence of erectile dysfunction and associated risk factors among Filipino men with type 2 diabetes mellitus in a Tertiary Hospital and community clinic in Metro Manila: A cross-sectional study<br><b>Dr. Joebeth S. Tabora</b> - Philippines |
| 14.25 - 14.35 | <b>PB1.7</b> - Review the results of using continuous blood glucose monitoring devices in pregnant women with diabetes under insulin treatment at Hai Duong General Hospital in 2024<br><b>BS. Vu Van Nguyen</b> - Vietnam                                            |
| 14.35 - 14.45 | <b>PB1.8</b> - Stem Cell Therapy for Type 1 Diabetes Mellitus: Opportunities and Challenges<br><b>Dr. Hoang Nguyen Thanh Thuy</b> - Vietnam                                                                                                                           |
| 14.45 - 15.00 | <b>PB1.9</b> - Research of left ventricular global longitudinal strain using speckle tracking echocardiography in patients with heart failure with preserved ejection fraction<br><b>Dr. Nguyen Vu Ha Nguyen</b> - Vietnam                                            |
| 15.00 - 15.15 | <b>Discussion</b>                                                                                                                                                                                                                                                     |

## HALL B The 1<sup>st</sup> floor

15.15 – 17.00

### PRE B2 NEW APPROACHS IN MANAGEMENT OF THYROID DISEASE

Chairpersons

**Prof. Thanh D. Hoang** – USA  
**Dr. Nguyen The Thanh PhD** – Vietnam

15.15 - 15.30

**PB2.1** - The golden window for treating Basedow eye disease and warning signs

**Dr. Nguyen The Thanh PhD** - Vietnam

15.30 - 15.45

**PB2.2** - Graves' ophthalmopathy (thyroid eye disease)

**Dr. Thanh D. Hoang** - USA

15.45 - 16.00

**PB2.3** - Challenges in the management of antithyroid drug -induced agranulocytosis in pregnant patient with Graves' disease - a case series

**Dr. Jiramine M. Vicente** - Philippines

16.00 - 16.15

**PB2.4** - The value of TRAb in the diagnosis, monitoring, prognosis, and follow-up of Graves' disease

**Dr. Nguyen Manh Ha** - Vietnam

16.15 - 16.25

**PB2.5** - Management of Graves' disease with methimazole induced agranulocytosis in a resource limited setting: A case report

**Dr. Jifamy Faeldin** - Philippines

16.25 - 16.35

**PB2.6** - Characteristics of Antithyroid drug-induced Agranulocytosis patients in Cho Ray hospital from 2018 to 2025

**Dr. Pham Vo Anh Tuan** - Vietnam

16.35 - 17.00

**Discussion**

## **HALL B** The 1<sup>st</sup> floor

17:00 – 18:00

**SATELITE WORKSHOP B1 – SERVIER**  
**DIABETES TREATMENT STRATEGIES: FROM OPTIMIZATION TO**  
**PERSONALIZATION IN CLINICAL PRACTICE**

**Chairpersons**

**Assoc.Prof. Nguyen Thi Bich Dao – Vietnam**  
**Assoc.Prof. Nguyen Khoa Dieu Van – Vietnam**

**17.00 - 17.05**

Opening

**Assoc.Prof. Nguyen Thi Bich Dao**

**17.05 - 17.20**

**SB1.1** - Optimizing treatment from existing weapons: Are we doing enough?

**Assoc.Prof. Phan Huong Duong**

**17.20 - 17.40**

**SB1.2** - Personalized treatment - practical lessons from Vietnam

**Assoc.Prof. Vu Thi Thanh Huyen**

**17.40 - 17.50**

**Discussion**

**17.50 - 18.00**

Closing

**Assoc.Prof. Nguyen Khoa Dieu Van**

## HALL B The 1<sup>st</sup> floor

09.00 – 10.20

### PLENARY B1 MEDICATION ADHERENCE IN TREATMENT OF DIABTES

Chairpersons

**Prof. Touch Khun** – Cambodia  
**Assoc.Prof. Vu Thi Thanh Huyen** – Vietnam  
**Dr. Sanjay Agarwal** – India

09.00 – 09.15

**B1.1** - Control and adherence in chronic CMVD: Current status and evolving guidelines

**Dr. Sanjay Agarwal** - India

09.15 – 09.30

**B1.2** - Application of digital health technologies to improve care quality and treatment adherence in cardiovascular and diabetes management

**Assoc.Prof. Vu Thi Thanh Huyen** - Vietnam

09.30 – 09.40

**B1.3** - Mobile phone usage and willingness to use mobile phones to support medication adherence and receive text message appointment reminders in older outpatients with type 2 diabetes

**Dr. Nguyen Xuan Thanh PhD** - Vietnam

09.40 – 09.50

**B1.4** - Adherence to medication, nutrition and physical activity among type 2 diabetes patients at a Vietnamese tertiary hospital

**Dr. Pham Hong Tham PhD** - Vietnam

9.50 – 10.05

**B1.5** - Evaluation of continuous glucose monitoring (isCGM) on type 2 diabetes patients treated with basal - bolus insulin therapy

**Dr. Nguyen Thuy Duong** - Vietnam

10.05 – 10.20

**B1.6** - Blood glucose control and risk of cardiovascular complications, overweight: Epidemiological perspective in Vietnam

**Dr. Phan Huu Hen PhD** - Vietnam

10.20 – 10.30

**Discussion**

10.30 – 10.45

**EXHIBITION OPENING / TEA BREAK**

## HALL B The 1<sup>st</sup> floor

10.45 – 12.15

### SYMPOSIUM B2 GESTATIONAL DIABETES MELLITUS (GDM) 2

Chairpersons

**Dr. Le Van Chi PhD**  
**Assoc.Prof. Shamar Lo Lasta – Philippines**

10.45 – 11.00

**B2.1** - Intestinal alkaline phosphatase level is similar in women with gestational diabetes and normal glucose tolerance

**Dr. Hasanul Islam** - Bangladesh

11.00 – 11.15

**B2.2** - A study on the relationship between maternal serum cortisol, low -grade inflammation indices and maternal insulin resistance and fetal growth indices by ultrasound in first -time diagnosed gestational diabetes mellitus

**Dr Nguyen Tien Son** - Vietnam

11.15 – 11.30

**B2.3** - Blood protein oxidation is increased among Filipino Women with Gestational Diabetes Mellitus

**Assoc.Prof. Shamar Lo Lasta** - Philippines

11.30 – 11.45

**B2.4** - Unmasking gestational diabetes mellitus: Distinct roles of insulin resistance and  $\beta$  -cell dysfunction-stratified by body mass index

**Dr. Tania Tofail** - Bangladesh

11.45 – 12.00

**B2.5** - Glycemic status after 5 years of index pregnancy with gestational diabetes mellitus

**Dr. Krishna Airi** - Nepal

12.00 – 12.15

**B2.6** - Assessing the Use of First Trimester Triglyceride Glucose (TyG) Index For Early Prediction of Gestational Diabetes Mellitus (GDM) Among Filipino: A Prospective Cohort Study

**Dr. Jaqueline A. Sulit** - Philippines

**HALL B** The 1<sup>st</sup> floor

|               |                                                                                                                                       |                                                                                                                             |
|---------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| 12.15 – 13.15 |                                                                                                                                       | <b>SATELITE WORKSHOP B2 – SERVIER</b><br><b>DIABVERSE: EXPANDING THE UNIVERSE OF DIABETES CARE</b>                          |
| Chairpersons  |                                                                                                                                       | <b>Prof. Tran Huu Dang</b> – Vietnam<br><b>Prof. Mohamed Hassanein</b> – UAE                                                |
| 12.15 - 12.20 | Opening                                                                                                                               | <b>Prof. Tran Huu Dang</b> – Vietnam                                                                                        |
| 12.20 - 12.35 | <b>SB2.1</b> - Leveraging synergies to Transform T2DM Care with real world evidence                                                   | <b>Prof. Mohamed Hassanein</b> – UAE                                                                                        |
| 12.35 - 12.50 | <b>SB2.2</b> - Beyond Numbers: Managing a Curious Case of rising sugars and albuminuria                                               | <b>Dr. Sanjay Agarwal</b> – India                                                                                           |
| 12.50 - 13.05 | <b>SB2.3</b> - Harnessing Technology to Enhance Treatment Outcomes                                                                    | <b>M.Med. Nguyen Truong Duy</b> – Vietnam                                                                                   |
| 13.05 - 13.15 | Closing                                                                                                                               | <b>Prof. Mohamed Hassanein</b> – UAE                                                                                        |
| 13.15 – 15.00 |                                                                                                                                       | <b>SYMPOSIUM B3</b><br><b>OBESITY</b>                                                                                       |
| Chairpersons  |                                                                                                                                       | <b>Assoc.Prof. Vu Thi Thanh Huyen</b> – Vietnam<br><b>Prof. Vivien Lim</b> – Singapore<br><b>Prof. Vandana Jain</b> – India |
| 13.30 - 13.45 | <b>B3.1</b> - Myths and Misconceptions of Obesity                                                                                     | <b>Prof. Vivien Lim</b> – Singapore                                                                                         |
| 13.45 - 14.00 | <b>B3.2</b> - Spatiotemporal immune-prenchymal communication regulates metabolic quiescence in brown adipose tissue                   | <b>Assoc.Prof. Su Myung Jung</b> – Korea                                                                                    |
| 14.00 - 14.15 | <b>B3.3</b> - Obesity management from geriatric perspective                                                                           | <b>Assoc.Prof. Vu Thi Thanh Huyen</b> – Vietnam                                                                             |
| 14.15 - 14.30 | <b>B3.4</b> - The thin fat Asian Indian phenotype: myth or reality                                                                    | <b>Prof. Vandana Jain</b> – India                                                                                           |
| 14.30 - 14.45 | <b>B3.5</b> - Neck Circumference as an Anthropometric Measure of Obesity Among Newly Diagnosed Patients with Type 2 Diabetes Mellitus | <b>Dr. Fabrienne Tuazon</b> – Philippines                                                                                   |
| 14.45 - 15.00 | <b>B3.6</b> - The HFpEF obesity: New phenotype?                                                                                       | <b>Dr. Phan Thi Thanh</b> – Vietnam                                                                                         |

**HALL B** The 1<sup>st</sup> floor

|               |                                                                                                                                         |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| 15.15 – 16.30 | <b>EXPERTS TALK B4<br/>POWERING PATIENTS: TOGETHER FOR BETTER CARE</b>                                                                  |
| Chairpersons  | <b>Assoc.Prof. Tran Thua Nguyen</b> - Vietnam                                                                                           |
| 15.15 - 15.30 | <b>B4.1</b> - The manager's perspective<br><b>Assoc.Prof. Ho Thi Kim Thanh</b> - Vietnam                                                |
| 15.30 - 15.45 | <b>B4.2</b> - The clinician's perspective<br><b>Dr. Nguyen Manh Ha</b> - Vietnam                                                        |
| 15.45 - 16.00 | <b>B4.3</b> - The nursing's perspective<br><b>Doan Thi Anh Le MSN</b> - Vietnam                                                         |
| 16.00 - 16.15 | <b>B4.4</b> - The role of the patient's voice<br><b>PhD. Pharmd. Aude Lemoine - Andre</b> - France                                      |
| 16.15 - 16.30 | Closing & key message<br><b>Assoc.Prof. Tran Thua Nguyen</b>                                                                            |
| 16.30 – 17.30 | <b>SATELLITE WORKSHOP B3. ABBOTT GLUCERNA<br/>NUTRITION, DIABETES AND OBESITY CARE:<br/>BRIDGING EVIDENCE AND CLINICAL PRACTICE</b>     |
| Chairpersons  | <b>Prof. Tran Huu Dang</b> - Vietnam                                                                                                    |
| 16.30 - 16.35 | Opening<br><b>Prof. Tran Huu Dang</b> - Vietnam                                                                                         |
| 16.35 - 16.55 | <b>SB3.1</b> - Benefits of DSF in Cardiometabolic - based Chronic diseases<br><b>Assoc.Prof. Phan Huong Duong</b> - Vietnam             |
| 16.55 - 17.15 | <b>SB3.2</b> - Advancing Care: Guideline Directed Interventions for Diabetes and Obesity<br><b>Assoc.Prof. Tran Quang Nam</b> - Vietnam |
| 17.15 - 17.25 | <b>Discussion</b>                                                                                                                       |
| 17.25 - 17.30 | Closing<br><b>Prof. Tran Huu Dang</b> - Vietnam                                                                                         |
| 18.30 - 21.00 | <b>GALA DINNER</b>                                                                                                                      |

**HALL B** The 1<sup>st</sup> floor

|               |                                                                                      |                                                                                                                                                                                                                                                  |
|---------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08.00 – 09.30 |                                                                                      | <b>SYMPOSIUM B5</b><br><b>MEET THE PROFESSOR SESSION PRIMARY ALDOSTERONISM</b>                                                                                                                                                                   |
| Chairpersons  |                                                                                      | <b>Prof. Tran Huu Dang</b> – <i>Vietnam</i><br><b>Asst.Prof. Troy Puar</b> – <i>Singapore</i>                                                                                                                                                    |
| 08.00 - 08.30 | B5.1 - Primary aldosteronism diagnosis in a global perspective                       | <b>Prof. Gregory Kline</b> - Canada                                                                                                                                                                                                              |
| 08.30 - 09.00 | B5.2 - The spectrum of primary aldosteronism: Challenges in diagnosis and management | <b>Dr. Wasita Parksook</b> - Thailand                                                                                                                                                                                                            |
| 09.00 - 09.30 | B5.3 - Challenges and solutions in subtyping primary aldosteronism                   | <b>Asst.Prof. Troy Puar</b> - Singapore                                                                                                                                                                                                          |
| 09.30 - 09.45 | TEA BREAK                                                                            |                                                                                                                                                                                                                                                  |
| 09.45 – 11.30 |                                                                                      | <b>SYMPOSIUM B6</b><br><b>MEET THE PROFESSOR SESSION PRIMARY ALDOSTERONISM</b>                                                                                                                                                                   |
| Chairpersons  |                                                                                      | <b>Dr. Wasita Parksook</b> – <i>Thailand</i><br><b>Dr. Hieu Tran</b> – <i>Viet Nam</i>                                                                                                                                                           |
| 09.45 - 10.15 | B6.1 - Cardiovascular complications in primary aldosteronism                         | <b>Prof. Austin Yen-Hung Lin</b> - Taiwan                                                                                                                                                                                                        |
| 10.15 - 11.15 | B6.2 - Primary aldosteronism - Guidelines discussion                                 | <b>Prof. William F. Young</b> - USA<br><b>Prof. Gregory Kline</b> - Canada<br><b>Asst.Prof. Troy Puar</b> - Singapore<br><b>Prof. Vin-Cent Wu</b> - Taiwan<br><b>Prof. Austin Yen-Hung Lin</b> - Taiwan<br><b>Dr. Nguyen Quang Bay</b> - Vietnam |
| 11.15 - 11.30 | B6.3 - ANAH Masterclass Closing Remarks                                              | <b>Asst.Prof. Troy Puar</b> - Singapore                                                                                                                                                                                                          |

## HALL C The 1<sup>st</sup> floor

13.30 – 15.15

### PRE C1

#### ACUTE COMPLICATION MANAGEMENT AND COMPREHENSIVE STRATEGY IN DIABETES TREATMENT

QUẢN LÝ BIẾN CHỨNG CẤP TÍNH VÀ CHIẾN LƯỢC  
TOÀN DIỆN TRONG ĐIỀU TRỊ ĐTD

Chairpersons

**Assoc.Prof. Phan Huong Duong** - Vietnam

**Dr. Quach Huu Trung PhD** - Vietnam

**Dr. Vo Bao Dung PhD** - Vietnam

13.30 - 13.45

#### PC1.1 - Diabetic ketoacidosis and hyperglycemic hyperosmolar state

Toan ceton do đái tháo đường và tình trạng tăng thẩm thấu do tăng đường máu

**Dr. Nguyen Duc Hoang PhD** - Vietnam

13.45 - 14.00

#### PC1.2 - Treatment strategies to prevent hypoglycemic complications in type 2 diabetes patients

Chiến lược điều trị giúp ngăn ngừa biến chứng hạ glucose máu trên BN ĐTD típ 2

**Dr. Pham Tuan Duong** - Vietnam

14.00 - 14.15

#### PC1.3 - Metformin-Associated Lactic Acidosis - (MALA), Rare and easily overlooked situation: Report of 3 clinical cases and review of literature

Nhiễm toan lactic liên quan đến metformin, tình huống hiếm gặp và dễ bỏ sót:

Báo cáo 3 ca lâm sàng và tổng quan y văn

**Dr. Tran Doan Minh Tuan** - Vietnam

14.15 - 14.30

#### PC1.4 - Approach to diagnosis and treatment of Hyponatremia due to SIADH: from inpatient to outpatient

Tiếp cận chẩn đoán và điều trị Hạ natri máu do SIADH: từ nội viện đến ngoại trú

**Assoc.Prof. Nguyen Ta Dong** - Vietnam

14.30 - 14.45

#### PC1.5 - Exploring heterogeneities of cardiovascular efficacy and effectiveness of SGLT2i in T2D: an umbrella review of evidence from RCT versus RWE studies

Khám phá tính không đồng nhất của hiệu quả tim mạch của SGLT2i trong ĐTD típ 2: tổng quan chung về bằng chứng từ các nghiên cứu RCT so với RWE

**Assoc.Prof. Tran Thua Nguyen** - Vietnam

14.45 - 15.00

#### PC1.6 - GLP-1RA in new treatment recommendations:

##### The focus of a comprehensive treatment strategy for type 2 diabetes patients

GLP-1RA trong khuyến cáo điều trị mới: Tâm điểm của chiến lược điều trị toàn diện cho BN ĐTD típ 2

**Prof. Tran Huu Dang** - Vietnam

15.00 - 15.15

#### PC1.7 - Insulin resistance, obesity, type 2 diabetes and cancer risk

Kháng insulin, béo phì, đái tháo đường típ 2 gia tăng nguy cơ một số bệnh ung thư

**Assoc. Prof. Hoang Trung Vinh** - Vietnam

**HALL C** The 1<sup>st</sup> floor

|               |  |                                                                                                                                                                                                                                                    |
|---------------|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 15.15 – 17.00 |  | <b>PRE C2</b><br><b>NEW APPROACHES IN DIABETES TREATMENT</b><br>TIẾP CẬN MỚI TRONG ĐIỀU TRỊ ĐÁI THÁO ĐƯỜNG                                                                                                                                         |
| Chairpersons  |  | <b>Assoc.Prof. Dao Thi Dua</b> – Vietnam<br><b>Dr. Diep Thi Thanh Binh</b> – Vietnam                                                                                                                                                               |
| 15.15 - 15.30 |  | <b>PC2.1</b> - Approach to the treatment of newly diagnosed diabetes patients according to updated IDF and ADA 2025 guidelines<br>Tiếp cận điều trị BN ĐTĐ mới chẩn đoán cập nhận IDF VÀ ADA 2025<br><b>Dr. Diep Thi Thanh Binh</b> - Vietnam      |
| 15.30 - 15.45 |  | <b>PC2.2</b> - Early intensive treatment in newly diagnosed type 2 diabetes patients<br>Điều trị tích cực sớm trên bệnh nhân đái tháo đường type 2 mới chẩn đoán<br><b>Dr. Nguyen Trong Nghia PhD</b> - Vietnam                                    |
| 15.45 - 16.00 |  | <b>PC2.3</b> - Classification approach & new treatment strategies for cardio-renal-metabolic syndrome<br>Tiếp cận phân loại & chiến lược điều trị mới cho hội chứng tim mạch thận chuyển hóa<br><b>Prof. Tran Huu Dang</b> - Vietnam               |
| 16.00 - 16.15 |  | <b>PC2.4</b> - International guideline update: Three pillars in the treatment of diabetic polyneuropathy<br>Cập nhật khuyến cáo quốc tế: Ba trụ cột điều trị bệnh đa dây thần kinh ĐTĐ<br><b>Dr. Le Hoang Bao</b> - Vietnam                        |
| 16.15 - 16.30 |  | <b>PC2.5</b> - Diabetes-specific nutrition (DSF) in diabetes management: latest clinical evidence and ADA 2025<br>Dinh dưỡng chuyên biệt (DSF) trong quản lý ĐTĐ qua bằng chứng lâm sàng mới nhất và ADA 2025<br><b>Dr. Ta Thuy Linh</b> - Vietnam |
| 16.30 - 16.45 |  | <b>PC2.6</b> - Clinical and paraclinical characteristics of young diabetic patients<br>Đặc điểm lâm sàng, cận lâm sàng bệnh nhân đái tháo đường trẻ tuổi<br><b>Dr. Nguyen Trang Nhung</b> - Vietnam                                                |
| 16.45 - 17.00 |  | Discussion                                                                                                                                                                                                                                         |

**HALL C** The 1<sup>st</sup> floor

|               |                                                                                                                                                                                                                                                       |
|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09.00 – 10.30 | <b>PLENARY C1</b><br><b>MANAGEMENT OF DIABETES COMPLICATIONS</b><br>QUẢN LÝ BIẾN CHỨNG BỆNH ĐÁI THÁO ĐƯỜNG                                                                                                                                            |
| Chairpersons  | <b>Prof. Thai Hong Quang</b> – Vietnam<br><b>Assoc. Prof. Nguyen Khoa Dieu Van</b> – Vietnam<br><b>Dr. Nguyen Thi Thanh Thuy PhD</b> – Vietnam                                                                                                        |
| 09.00 - 09.15 | <b>C1.2 - Glycemic control in patients with chronic kidney disease: Easy or Difficult?</b><br>Kiểm soát đường huyết cho bệnh nhân bệnh thận mạn: Dễ hay Khó<br><b>Assoc. Prof. Nguyen Khoa Dieu Van</b> - Vietnam                                     |
| 09.15 - 09.30 | <b>C1.3 - Diabetic dementia: from physiopathology to treatment</b><br>Sa sút trí tuệ do đái tháo đường: từ cơ chế bệnh sinh đến điều trị<br><b>Assoc. Prof. Nguyen Dinh Toan</b> - Vietnam                                                            |
| 09.30 - 09.45 | <b>C1.4 - Intravenous ALA: A rapid solution for symptom relief in diabetic polyneuropathy</b><br>ALA dạng tiêm truyền: giải pháp giảm nhanh triệu chứng cho BN bệnh đa dây thần kinh ĐTĐ<br><b>Assoc.Prof. Tran Thi Thanh Hoa</b> - Vietnam           |
| 09.45 - 10.00 | <b>C1.5 - Chromium in glucose metabolism: Clinical insights from insulin resistance to prediabetes</b><br>Chromium trong chuyển hóa glucose: Những hiểu biết lâm sàng từ kháng insulin đến tiền ĐTĐ<br><b>Dr. Nguyen Thi Thanh Thuy PhD</b> - Vietnam |
| 10.00 - 10.15 | <b>C1.6 - The role of weight management in the treatment of type 2 diabetes</b><br>Vai trò của quản lý cân nặng trong điều trị đái tháo đường típ 2<br><b>Dr. Tran Huu Thanh Tung PhD</b> - Vietnam                                                   |
| 10.15 - 10.30 | <b>Discussion</b>                                                                                                                                                                                                                                     |
| 10.30 - 10.45 | <b>EXHIBITION OPENING / TEA BREAK</b>                                                                                                                                                                                                                 |

**HALL C** The 1<sup>st</sup> floor

|               |                                                                                                                                                                                                                                                                |                                                                                                                                           |
|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| 10.45 – 12.15 |                                                                                                                                                                                                                                                                | <b>SYMPOSIUM C2</b><br><b>MANAGEMENT OF OBESITY AND THYROID DISEASES</b><br>ĐIỀU TRỊ BỆNH BÉO PHÌ VÀ BỆNH TUYẾN GIÁP                      |
| Chairpersons  |                                                                                                                                                                                                                                                                | <b>Assoc.Prof. Nguyen Thi Bich Dao</b> – Vietnam<br><b>Assoc.Prof. Vu Bich Nga</b> – Vietnam<br><b>Dr. Nguyen Thu Huong PhD</b> – Vietnam |
| 10.45 – 11.00 | <b>C2.1 - Clinical strategies for obesity management: for whom, when, and how?</b><br>Chiến lược điều trị béo phì trên thực tế lâm sàng: cho ai, khi nào và như thế nào?<br><b>Dr. Lam Van Hoang PhD</b> – Vietnam                                             |                                                                                                                                           |
| 11.00 – 11.15 | <b>C2.2 - Obesity and respiratory diseases</b><br>Béo phì và các bệnh lý hô hấp<br><b>Dr. Hoang Thi Lan Huong</b> – Vietnam                                                                                                                                    |                                                                                                                                           |
| 11.15 – 11.30 | <b>C2.3 - The burden of obesity in the elderly: complications and effective treatment strategies</b><br>Gánh nặng béo phì ở người cao tuổi: Biến chứng và Chiến lược điều trị hiệu quả<br><b>Assoc. Prof. Vu Thi Thanh Huyen</b> – Vietnam                     |                                                                                                                                           |
| 11.30 – 11.45 | <b>C2.4 - Challenges in Diagnosis and the Art of Personalized Treatment of Hypothyroidism: Multi-Dosage Solutions</b><br>Thách thức trong chẩn đoán và nghệ thuật cá thể hóa điều trị suy giáp: giải pháp đa hàm lượng<br><b>Dr. Lam My Hanh PhD</b> – Vietnam |                                                                                                                                           |
| 11.45 – 11.55 | <b>C2.5 - Diagnosis and treatment of hypothyroidism in pregnancy</b><br>Chẩn đoán và điều trị suy giáp trong thai kỳ<br><b>Dr. Nguyen Thi Hong Van PhD</b> – Vietnam                                                                                           |                                                                                                                                           |
| 11.55 – 12.05 | <b>C2.6 - Hypothyroidism in the elderly: Who needs treatment and how to treat?</b><br>Suy giáp ở người cao tuổi: Ai cần điều trị và điều trị như thế nào?<br><b>Dr. Nguyen Thu Huong PhD</b> – Vietnam                                                         |                                                                                                                                           |
| 12.05 – 12.15 | <b>C2.7 - Considerations in selecting appropriate treatment methods for patients with hyperthyroidism</b><br>Những cân nhắc khi lựa chọn phương pháp điều trị phù hợp cho bệnh nhân cường giáp<br><b>Dr. Nguyen Thi Thu</b> – Vietnam                          |                                                                                                                                           |

**HALL C** The 1<sup>st</sup> floor

12.15 – 13.15

**SATELITE WORKSHOP C2 – SANOFI**  
**CÁC VẤN ĐỀ THƯỜNG GẶP KHI KHỞI TRỊ INSULIN CHO BN ĐTĐ TÍP 2 VÀ**  
**ỨNG DỤNG THỰC TIỄN LÂM SÀNG TẠI VIỆT NAM**

Chairpersons | **PGS.TS. Nguyễn Thị Bích Đào**

|               |                                                                               |                              |
|---------------|-------------------------------------------------------------------------------|------------------------------|
| 12.15 - 12.20 | Khai mạc                                                                      | PGS.TS. Nguyễn Thị Bích Đào  |
| 12.20 - 12.40 | <b>SC2.1</b> - Đây là giải pháp tối ưu khi khởi trị insulin cho BN ĐTĐ típ 2? | PGS.TS. Trần Quang Nam       |
| 12.40 - 13.00 | <b>SC2.2</b> - Khởi trị insulin cho BN ĐTĐ típ 2: Bài học từ thực tế lâm sàng | BSCKII. Nguyễn Thị Thu Hương |
| 13.00 - 13.10 | Thảo luận                                                                     |                              |
| 13.10 - 13.15 | Kết thúc                                                                      | PGS.TS. Nguyễn Thị Bích Đào  |

**HALL C** The 1<sup>st</sup> floor

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| 13.15 – 15.00 | <b>SYMPOSIUM C3</b><br><b>STRATEGIES FOR DIABETES TREATMENT</b><br>CHIẾN LƯỢC ĐIỀU TRỊ ĐÁI THÁO ĐƯỜNG                                                                                                                                                                                                                                          |
| Chairpersons  | <b>Assoc.Prof. Tran Thi Thanh Hoa</b> – Vietnam<br><b>Dr. Dang Anh Dao PhD</b> – Vietnam<br><b>Dr. Chau My Chi PhD</b> – Vietnam                                                                                                                                                                                                               |
| 13.30 – 13.45 | <b>C3.1 - Updates on blood pressure control in patients with type 2 diabetes</b><br>Cập nhật quản lý huyết áp ở BN ĐTĐ típ 2<br><b>Prof. Tran Huu Dang</b> – Vietnam                                                                                                                                                                           |
| 13.45 – 14.00 | <b>C3.2 - Preventing hypoglycemia in the elderly: How to simplify treatment protocols according to ADA 2025?</b><br>Phòng ngừa hạ đường huyết ở người cao tuổi: Đơn giản hóa phác đồ điều trị theo ADA 2025 như thế nào?<br><b>Assoc.Prof. Tran Thua Nguyen</b> – Vietnam                                                                      |
| 14.00 – 14.15 | <b>C3.3 - Updated data on the injectable fixed -ratio combination iGlarLixi and its impact on type 2 diabetes management in clinical practice in Asia</b><br>Dữ liệu cập nhật về liệu pháp tiêm phối hợp iGlarLixi có ảnh hưởng gì đến bức tranh điều trị ĐTĐ típ 2 trong thực hành lâm sàng tại Châu Á ?<br><b>Dr. Le Hoang Bao</b> – Vietnam |
| 14.15 – 14.30 | <b>C3.4 - What is the optimal combination for early initiation of therapy in type 2 diabetes patients?</b><br>Đâu là phối hợp tối ưu để khởi trị sớm cho người bệnh ĐTĐ típ 2<br><b>Assoc.Prof. Nguyen Thi Bich Dao</b> – Vietnam                                                                                                              |
| 14.30 – 14.45 | <b>C3.5 - GLP-1 receptor agonists – A new piece in the management of diabetic kidney disease according to ADA 2025</b><br>Đồng vận thụ thể GLP-1 - Manh ghép mới trong điều trị bệnh thận đái tháo đường theo ADA 2025<br><b>Dr. Dang Anh Dao</b> – Vietnam                                                                                    |
| 14.45 – 15.00 | <b>C3.6 - Arterial hypertension treatment in patients with CKD/Dialysiss</b><br>Cập nhật điều trị THA trong BN thận lọc máu<br><b>Assoc.Prof. Pham Van Bui</b> – Vietnam                                                                                                                                                                       |
| 15.00 – 15.15 | <b>TEA BREAK</b>                                                                                                                                                                                                                                                                                                                               |

**HALL C** The 1<sup>st</sup> floor

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| 15.00 – 16.30 | <b>PLENARY C4</b><br><b>MANAGEMENT OF CARDIOVASCULAR DISEASE AND DIABETIC FOOT</b><br>QUẢN LÝ BỆNH TIM MẠCH VÀ BÀN CHÂN ĐTD                                                                                                                                                                                                                                              |
| Chairpersons  | <b>Prof. Huynh Van Minh – Vietnam</b><br><b>Assoc.Prof. Hoang Trung Vinh – Vietnam</b><br><b>Dr. Phan Long Nhon PhD – Vietnam</b>                                                                                                                                                                                                                                        |
| 15.00 - 15.15 | <b>C4.1 - Can the Triglyceride/Glucose index be used to assess Cardio-Renal-Metabolic syndrome in Asian populations?</b><br>Có thể dùng chỉ số Triglycerid/ Glucose để đánh giá Hội chứng Tim - Thận - Chuyển hóa người Châu Á không?<br><b>Prof. Huynh Van Minh – Vietnam</b>                                                                                           |
| 15.15 - 15.30 | <b>C4.2 - Atrial fibrillation and hyperthyroidism</b><br>Rung nhĩ và cường giáp<br><b>Dr. Ly Huy Khanh – Vietnam</b>                                                                                                                                                                                                                                                     |
| 15.30 - 15.40 | <b>C4.3 - Analysis of immune cell activation in patients with diabetes foot ulcer from the perspective of single cell</b><br>Phân tích sự kích hoạt của các tế bào miễn dịch ở bệnh nhân loét chân do đái tháo đường từ góc nhìn đơn bào<br><b>Dr. Vu Le Hoang Anh – Vietnam</b>                                                                                         |
| 15.40 - 15.50 | <b>C4.4 - Study on dyslipidemia in patients with carotid atherosclerosis and hypertension in northern Binh Dinh</b><br>NC rối loạn lipid máu ở BN vữa xơ động mạch cảnh tăng huyết áp tại địa bàn bắc Bình Định<br><b>Dr. Phan Long Nhon PhD – Vietnam</b>                                                                                                               |
| 15.50 - 16.00 | <b>C4.5 - Optimal statin selection for the treatment of dyslipidemia in non-diabetic patients</b><br>Lựa chọn statin tối ưu trong điều trị rối loạn lipid máu ở người chưa mắc ĐTD<br><b>Dr. Tran Huu Thanh Tung PhD – Vietnam</b>                                                                                                                                       |
| 16.00 - 16.10 | <b>C4.6 - Assessment of eating disorders in relation to metabolic and psychological status in patients with diabetes mellitus</b><br>Đánh giá rối loạn ăn uống với tình trạng chuyển hóa và tâm lý ở bệnh nhân đái tháo đường<br><b>Dr. Luu Ngoc Tran – Vietnam</b>                                                                                                      |
| 16.10 - 16.20 | <b>C4.7 - Evaluation of amputation rates and associated factors in patients with diabetic foot ulcers treated at the Endocrinology Department, Post Office General Hospital</b><br>Đánh giá tỉ lệ đoạn chi và các yếu tố liên quan trên bệnh nhân vết loét bàn chân đái tháo đường đang điều trị tại khoa Nội Tiết BVĐK Bưu Điện<br><b>Dr. Tho Truong Linh – Vietnam</b> |
| 16.20 - 16.30 | <b>C4.8 - Preliminary results of diabetic foot ulcer treatment using cortical window bone flap transfer</b><br>Kết quả bước đầu ứng dụng điều trị loét bàn chân ĐTD bằng di chuyển nắp cửa sổ thân xương<br><b>Dr. Dinh Van Thuy – Vietnam</b>                                                                                                                           |

**HALL C** The 1<sup>st</sup> floor

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| 16.30 – 17.30 |                                                                                                     | <b>SATELLITE WORKSHOP C3. ASTRAZENECA<br/>EARLY COMBINATION STRATEGIES IN TYPE 2 DIABETES OPTIMIZING<br/>GLYCEMIC CONTROL AND CARDIORENAL PROTECTION</b> |
| Chairpersons  |                                                                                                     | <b>A/Prof. Tran Thi Bich Huong</b> – <i>Vietnam</i>                                                                                                      |
| 16.30 - 16.35 | Opening                                                                                             | <b>A/Prof. Tran Thi Bich Huong</b> - Vietnam                                                                                                             |
| 16.35 - 16.55 | <b>SC3.1</b> - Early Combination Therapy Trends in Newly Diagnosed Diabetes Management              | <b>A/Prof. Alexander Tan</b> - Malaysia                                                                                                                  |
| 16.55 - 17.15 | <b>SC3.2</b> - Chronic Kidney Disease in Diabetes Patients:<br>Diagnosis And Therapeutic Approaches | <b>A/Prof. Tran Thi Bich Huong</b> - Vietnam                                                                                                             |
| 17.15 - 17.25 | <b>Discussion</b>                                                                                   |                                                                                                                                                          |
| 17.25 - 17.30 | Closing                                                                                             | <b>A/Prof. Tran Thi Bich Huong</b> - Vietnam                                                                                                             |
| 18.30 - 21.00 | <b>GALA DINNER</b>                                                                                  |                                                                                                                                                          |

**HALL C** The 1<sup>st</sup> floor

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|---------------|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08.00 – 09.30 |                  | <b>SYMPOSIUM C5</b><br><b>DEPRESSIVE AND DIABETIC NEUROPATHY</b>                                                                                                                                                                                                                                                |
| Chairpersons  |                  | <b>Dr. Phan Huu Hen PhD</b> – Vietnam<br><b>Dr. Tran Minh Triet</b> – Vietnam                                                                                                                                                                                                                                   |
| 08.00 – 08.15 | <b>C5.1</b>      | Severity and factors associated with depressive symptoms among type 2 diabetic patients in Vietnam<br><br><b>Dr. Nguyen Tran Kien</b> - Vietnam                                                                                                                                                                 |
| 08.15 – 08.30 | <b>C5.1</b>      | Prevalence and association of diabetic peripheral neuropathy and severity of coronary artery disease among adults with diabetes mellitus undergoing coronary Angiography: A Single-Center Cross-Sectional Study<br><br><b>Dr. Precious Diamond Chua See</b> - Philippines                                       |
| 08.30 – 08.45 | <b>C5.1</b>      | The Efficacy Of Thread Embedding As Adjuvant Therapy To Type 2 Diabetic Peripheral Neuropathy<br><br><b>Dr. To Thi Van Giang</b> - Vietnam                                                                                                                                                                      |
| 08.45 – 09.00 | <b>C5.1</b>      | Comparison of diabetes-related attitudes of health care providers and type 2 diabetes mellitus patients in a Tertiary Regional Hospital in the Philippines using the Filipino version of the Diabetes Attitude Scale (DAS-3): A cross-sectional study.<br><br><b>Dr. Ivy Concepcion B. Quiapo</b> - Philippines |
| 09.00 – 09.15 | <b>C5.1</b>      | Evaluation of diabetic foot by wounds, ischemia, and foot infections (Wifi) classification system<br><br><b>Dr. Huynh Le Thai Bao</b> - Vietnam                                                                                                                                                                 |
| 09.15 – 09.30 | <b>C5.1</b>      | Application of reverse first dorsal metatarsal artery flap to treat soft tissue defect of great toe<br><br><b>Dr. Dat Tran Dinh Truong</b> - Vietnam                                                                                                                                                            |
| 09.30 – 09.45 | <b>TEA BREAK</b> |                                                                                                                                                                                                                                                                                                                 |

**HALL C** The 1<sup>st</sup> floor

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|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| 09.45 – 11.30 |                                                                                                                                                    | <b>SYMPOSIUM C6</b><br><b>NOVEL THERAPEUTIC APPROACHES IN CANCER OF THYROID</b>                                                          |
| Chairpersons  |                                                                                                                                                    | <b>Assoc.Prof. Tran Quang Nam</b> – Vietnam<br><b>Dr. Lora May T. Tin Hay</b> – Philippines<br><b>Dr. Nguyen Quang Bay PhD</b> – Vietnam |
| 09.45 - 10.00 | <b>C6.1</b> - Advancing Oncoendocrinology in Southeast Asia: Developing Referral Pathways in a Philippines Cancer Center                           | <b>Dr. Diana Colleen M. Dimayuga</b> - Philippines                                                                                       |
| 10.00 - 10.15 | <b>C6.2</b> - Insulinoma case series: Experience of a South Vietnam Tertiary Hospital                                                              | <b>Dr. Huynh Thi Thanh Thanh</b> - Vietnam                                                                                               |
| 10.15 - 10.30 | <b>C6.3</b> - Novel therapeutic approaches for papillary microcarcinoma of the thyroid: preliminary results from one single center                 | <b>Dr. Nguyen Van Bang</b> - Vietnam                                                                                                     |
| 10.30 - 10.45 | <b>C6.4</b> - Braf positive and radioactive iodine refractory multifocal micropapillary thyroid carcinoma with concomitant Hashimoto's thyroiditis | <b>Dr. Claudine Aubrey G. Marquez</b> - Philippines                                                                                      |
| 10.45 - 11.00 | <b>C6.5</b> - Papillary Thyroid Carcinoma Coexisting with Thyroid Tuberculosis: A Case Report                                                      | <b>Dr. Serianne M. Soriano-Manasan</b> - Philippines                                                                                     |
| 11.00 - 11.15 | <b>C6.6</b> - Combination of Rago's score and Tirads classification in predicting Papillary Thyroid Cancer                                         | <b>Dr. Nguyen Trung Hung PhD</b> - Vietnam                                                                                               |
| 11.15 - 11.30 | <b>Discussion</b>                                                                                                                                  |                                                                                                                                          |

## HALL D The 2<sup>nd</sup> floor

### 13.30 – 15.15 | PRE. D1 AFES – ANAH JOINT SYMPOSIUM

**Chairpersons** | **Prof. Norlela Sukor** – Malaysia  
**Dr. Nguyen Quang Bay PhD** – Vietnam

**13.30 – 13.45** | **PD1.1** - Opening remarks and introduction to the ASEAN Network of Adrenal Hypertension (ANAH)  
**Prof. Norlela Sukor** - Malaysia

**13.45 – 14.20** | **PD1.2** - Adrenal Incidentalomas: Illustrative Cases of Current Diagnostic Strategies  
**Prof. William F. Young, Jr** - USA

**Chairpersons** | **Dr. Ada Teo** – Singapore  
**Dr. Than Than Aye** – Myanmar

**14.20 – 14.40** | **PD1.3** - Hypertension in obstructive sleep apnea: The hidden role of Aldosterone  
**Dr. Loh Huai Heng** - Malaysia

**14.40 – 15.00** | **PD1.4** - Inhibition of aldosterone by 1-liter normal saline infusion over 2 hours compared to 2 Liters over 4 Hours: Preliminary results from the Vietnamese Primary Hyperaldosteronism Registry  
**Dr. Mai Trong Tri** - Vietnam

**15.00 – 15.15** | **Break**

### 15.15 – 17.00 | PRE. D2 MEET THE PROFESSOR SESSION: ADRENAL INCIDENTALOMAS, ADRENAL INSUFFICIENCY AND PREGNANCY

**Chairpersons** | **Dr. Sum Satha** – Cambodia  
**Prof. Leilani B. Mercado Asis** – Philippines

**15.15 – 15.45** | **PD2.1** - Mild autonomous cortisol secretion: Revisiting the gray zone of adrenal incidentalomas  
**Prof. Dr Norlela Sukor** - Malaysia

**15.45 – 16.15** | **PD2.2** - Adrenal insufficiency in 2025: No longer just an Endocrine disease  
**Prof. Paul M. Stewart** - UK

**16.15 – 16.45** | **PD2.3** - Adrenal disorders in pregnancy: Challenges in diagnosis and treatment  
**Prof. Leilani B. Mercado Asis** - Philippines

**16.45 – 17.00** | End of ANAH pre-conference session

**HALL D** The 2<sup>nd</sup> floor

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|---------------|--------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09.00 – 10.30 |                                | <b>PLENARY D1</b><br><b>TREATMENT OF DIABETES: THE ROLE OF EARLY GLYCEMIC CONTRO</b>                                                                                                                                   |
| Chairpersons  |                                | <b>Prof. Dan Ziegler</b> – Germany<br><b>Prof. Juliana Chan</b> – Hongkong<br><b>Dr. Le Van Chi PhD</b> – Vietnam                                                                                                      |
| 09.00 - 09.15 | D1.1                           | Clinical role of alpha -lipoic acid in managing diabetic polyneuropathy<br><br>Prof. Dan Ziegler - Germany                                                                                                             |
| 09.15 - 09.30 | D1.2                           | Early glycemic control in high-risk patients: Who and How?<br><br>Prof. Juliana Chan - Hongkong                                                                                                                        |
| 09.30 - 09.45 | D1.3                           | Glycemic Control vs Cardiorenal Protection: Striking the Right Balance for Enhanced Patient Outcomes<br><br>Prof. Mohamed Hassanein - UAE                                                                              |
| 09.45 - 10.00 | D1.4                           | The Efficacy and Safety of Duodenal Mucocal Resurfacing on Glycemic Control among Adults with Type 2 Diabetes Mellitus: A Systematic Review and Meta-Analysis<br><br>Assoc.Prof. Harold Henrison C. Chiu - Philippines |
| 10.00 - 10.15 | D1.5                           | Early detection of heart failure in diabetic patients<br><br>Prof. Lee-Ling Lim - Malaysia                                                                                                                             |
| 10.15 - 10.30 | D1.6                           | Permanent neonatal diabetes mellitus presenting with intracranial hemorrhage: a rare case under long-term follow-up of 21 years<br><br>Dr. Nguyen Thi My Linh - Vietnam                                                |
| 10.30 - 10.45 | EXHIBITION OPENING / TEA BREAK |                                                                                                                                                                                                                        |

**HALL D** The 2<sup>nd</sup> floor

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|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
| 10.45 – 12.15       |                                                                                                                                                                                                   | <b>SYMPOSIUM D2</b><br><b>APPLICATION OF AI AND NEW TECHNOLOGY IN TREATMENT</b>                                              |
| <b>Chairpersons</b> |                                                                                                                                                                                                   | <b>Prof. Lee-Ling Lim</b> – Malaysia<br><b>Prof. Dukhabandhu Naik</b> – India<br><b>Assoc.Prof. Hoang Anh Tien</b> – Vietnam |
| 10.45 - 11.00       | <b>D2.1</b> - The Role of Artificial Intelligence in Cardiovascular and Endocrine Diseases                                                                                                        | <b>Assoc. Prof. Hoang Anh Tien</b> - Vietnam                                                                                 |
| 11.00 - 11.15       | <b>D2.2</b> - The evolution of glycaemia monitoring: a paradigm shift                                                                                                                             | <b>Prof. Lee-Ling Lim</b> - Malaysia                                                                                         |
| 11.15 - 11.30       | <b>D2.3</b> - Development of Artificial Intelligence Models for Diagnosis of Thyroid Cancer based on Ultrasound Image                                                                             | <b>Dr. Le Quang Toan PhD</b> - Vietnam                                                                                       |
| 11.30 - 11.45       | <b>D2.4</b> - Diagnostic accuracy of 4D CT scan in detecting parathyroid adenoma compared with ultrasound and technetium Sestamibi SPECT/CT in primary hyperparathyroidism: A retrospective study | <b>Prof. Dukhabandhu Naik</b> - India                                                                                        |
| 11.45 - 12.00       | <b>D2.5</b> - Proactively prevent the burden of RSV on diabetes patients with vaccine powered by adjuvant technology                                                                              | <b>Assoc.Prof. Ho Thi Kim Thanh</b> - Vietnam                                                                                |
| 12.00 - 12.15       | <b>D2.6</b> - Transoral Endoscopic Thyroid Surgery                                                                                                                                                | <b>Dr. Ngo Quoc Duy PhD</b> - Vietnam                                                                                        |

**HALL D** The 2<sup>nd</sup> floor

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| 13.15 – 15.00 |                                                                                                                                                                           | <b>SYMPOSIUM D3</b><br><b>SYNERGISTIC SOLUTION IN TREATMENT OF DIABETES</b>                                               |
| Chairpersons  |                                                                                                                                                                           | <b>Assoc.Prof. Tran Quang Nam</b> – Vietnam<br><b>Dr. Soebagijo Adi</b> – Indonesia<br><b>Dr. Feng-Hsuan Liu</b> – Taiwan |
| 13.30 – 13.45 | <b>D3.1</b> – Synergistic solution: DPP4i/SGLT2i for personalized type 2 diabetes care                                                                                    | <b>Assoc.Prof. Tran Quang Nam</b> – Vietnam                                                                               |
| 13.45 – 14.00 | <b>D3.2</b> – Heartfelt Glycemic Control: SU and SGLT2i's Role in Comprehensive T2DM Care                                                                                 | <b>Dr. Soebagijo Adi</b> – Indonesia                                                                                      |
| 14.00 – 14.15 | <b>D3.3</b> – Ns -MRA: The novel pillar in holistic management of CKD – T2D                                                                                               | <b>Prof. Vin-Cent Wu</b> – Republic of China                                                                              |
| 14.15 – 14.30 | <b>D3.4</b> – Which is a Better Predictor of Diabetic Kidney Disease: Homocysteine or Glycation Gap?                                                                      | <b>Dr. Tran Van Tien</b> – Vietnam                                                                                        |
| 14.30 – 14.45 | <b>D3.5</b> – Vaccines and the role of endocrinologists in preventing infectious diseases for patients with diabetes                                                      | <b>Prof. Tran Huu Dang</b> – Vietnam                                                                                      |
| 14.45 – 15.00 | <b>D3.6</b> – Real-world effectiveness of Sodium-Glucose cotransporter - 2 inhibitors on albuminuria progression and metabolism in patients with type 2 diabetes mellitus | <b>Dr. To Viet Thuan PhD</b> – Vietnam                                                                                    |

15.00 – 15.15 | TEA BREAK

**HALL D** The 2<sup>nd</sup> floor

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|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 15.15 – 16.30 | <b>PLENARY D4<br/>DIABETES AND COMORBIDITIES</b>                                                                                                                                                                          |
| Chairpersons  | <b>Prof. Tran Huu Dang</b> – <i>Vietnam</i><br><b>Prof. Nemencio A. Nicodemus Jr.</b> – <i>Philippines</i>                                                                                                                |
| 15.15 – 15.30 | <b>D4.1</b> - Evaluation of the relationship between left atrial stiffness, left ventricular stiffness, and left atrioventricular coupling index in patients with type 2 diabetes<br><b>Dr. Tran Hung Duong</b> - Vietnam |
| 15.30 – 15.45 | <b>D4.2</b> - How do we navigate case of diabetes with multi -morbidity?<br><b>Prof. Nemencio A. Nicodemus Jr.</b> - Philippines                                                                                          |
| 15.45 – 16.00 | <b>D4.3</b> - Burden of Shingles on Endo/Diabetes pts & preventive solutions<br><b>Dr. Le Hoang Bao</b> - Vietnam                                                                                                         |
| 16.00 – 16.15 | <b>D4.4</b> - Real-life underuse of SGLT2i for patients with type 2 diabetes at high cardiorenal risk<br><b>Dr. Ton That Minh PhD</b> - Vietnam                                                                           |
| 16.15 – 16.30 | <b>Discussion</b>                                                                                                                                                                                                         |
| 16.30 – 17.30 | <b>SATELLITE WORKSHOP D3. NOVARTIS<br/>XU HƯỚNG TIẾP CẬN ĐIỀU TRỊ TÍCH CỰC SỚM ĐÁI THÁO ĐƯỜNG TÍP 2 MỚI CHẨN ĐOÁN VỚI DPP4I</b>                                                                                           |
| Chairpersons  | <b>PGS.TS. Nguyễn Thị Bích Đào</b>                                                                                                                                                                                        |
| 16.30 – 16.35 | Khai mạc<br><b>PGS.TS. Nguyễn Thị Bích Đào</b>                                                                                                                                                                            |
| 16.35 – 16.55 | <b>SD3.1</b> - Xu hướng điều trị tích cực sớm với phối hợp thuốc: kiểm soát đường huyết nhanh và bền vững<br><b>ThS.BS. Võ Tuấn Khoa</b>                                                                                  |
| 16.55 – 17.15 | <b>SD3.2</b> - Tiếp cận kiểm soát HbA1C với phối hợp thuốc bằng DPP4i: giải pháp hiệu quả và an toàn<br><b>TS.BS. Huỳnh Ngọc Phương Thảo</b>                                                                              |
| 17.15 – 17.25 | <b>Thảo luận</b>                                                                                                                                                                                                          |
| 17.25 – 17.30 | Tổng kết<br><b>PGS.TS. Nguyễn Thị Bích Đào</b>                                                                                                                                                                            |
| 18.30 – 21.00 | <b>GALA DINNER</b>                                                                                                                                                                                                        |

## HALL D The 2<sup>nd</sup> floor

08.00 – 09.30 | **SYMPOSIUM D5  
GESTATIONAL DIABETES MELLITUS (GDM) 1**

**Chairpersons** | **Dr. Nguyen Thi Thuy Hang PhD** – *Vietnam*  
**Dr. Nguyen Van Vy Hau PhD** – *Vietnam*

**08.00 - 08.15** | **D5.1** - Comparison between IADPSG and ADA diagnostic criteria and their impact on diagnosis of Early Gestational Diabetes Mellitus  
**Dr. Tania Tofail** - Bangladesh

**08.15 - 08.30** | **D5.2** - Association of post features with user engagement in a facebook group for Filipino women with gestational diabetes  
**Dr. Catrine Jell F. Perez** - Philippines

**08.30 - 08.45** | **D5.3** - Determining the rate of gestational diabetes mellitus (GDM) and some related factors in prevention and control of gestational diabetes mellitus, period of 2022 - 2023  
**Dr Ta Thuy Linh** - Vietnam

**08.45 - 09.00** | **D5.4** - Characterizing lean, non-autoimmune young-onset diabetes in Bangladesh: 'Type 5' or a distinct entity?  
**Dr. Koushik Ashraf** - Bangladesh

**09.00 - 09.15** | **D5.5** - Insulin secretory status and insulin indices after 5 years of index pregnancy with gestational diabetes mellitus  
**Dr. Hasanul Islam** - Bangladesh

**09.15 - 09.30** | **D5.6** - Association of the Clinical Profile and Outcomes of Gestational Diabetes Mellitus Patients Admitted in a Tertiary Hospital in Cebu City from January 2021 to December 2022  
**Dr. Joshua H. Servande** - Philippines

**09.30 - 09.45** | **TEA BREAK**

**HALL D** The 2<sup>nd</sup> floor

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|---------------|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09.45 – 11.35 |  | <b>SYMPOSIUM D6<br/>MANEGEMENT IN METABOLISM DISORDER</b>                                                                                                                                 |
| Chairpersons  |  | <b>Assoc.Prof. Le Dinh Tuan</b> – Vietnam<br><b>Dr. To Viet Thuan, PhD</b> – Vietnam<br><b>Dr. Le Quoc Tuan PhD</b> – Vietnam                                                             |
| 09.45 - 10.00 |  | <b>D6.1</b> - Study on the lipid - lowering effect and toxicity of berberine proliposomes in an experimental animal model<br><b>Duong Thi Thuan PhD</b> - Vietnam                         |
| 10.00 - 10.15 |  | <b>D6.2</b> - Assessment of skin autofluorescence in non - diabetic adults<br><b>Dr. Dang Le Minh Khang</b> - Vietnam                                                                     |
| 10.15 - 10.30 |  | <b>D6.3</b> - Nonlinear, Frequency -Domain, and Time -Domain Analysis of Heart Rate Variability in Type 2 Diabetes Mellitus: A Comparative Study<br><b>Dr. Tran Ngoc Hien</b> - Vietnam   |
| 10.30 - 10.45 |  | <b>D6.4</b> - Vitamin B12 deficiency and its associated factors in type 2 diabetic patients treated with metformin: data from Cho Ray Hospital<br><b>Dr. Nguyen Thi Thuy An</b> - Vietnam |
| 10.45 - 11.00 |  | <b>D6.5</b> - Asian Lean Prediabetes: Metabolic Risk Factors and the Role of the Triglyceride-Glucose Index in Central Vietnam<br><b>Dr. Nguyen Hai Ngoc Minh</b> - Vietnam               |
| 11.00 - 11.15 |  | <b>D6.6</b> - Discrepancy Between Creatinine - and Cystatin C-based eGFR Predicts Low Muscle Mass in Type 2 Diabetes<br><b>Dr. Doan Truc Quynh</b> - Vietnam                              |
| 11.15 - 11.25 |  | <b>D6.7</b> - Assessment of 10-year cardiovascular risk among patients with type 2 diabetes mellitus in Viet Nam<br><b>Dr. Tran Phuc Hau</b> - Vietnam                                    |
| 11.25 - 11.35 |  | <b>Discussion</b>                                                                                                                                                                         |

## HALL E The 2<sup>nd</sup> floor

13.30 – 15.15

### PRE E1 PEDIATRIC ENDOCRINOLOGY DISEASE

Chairpersons

**Assoc.Prof. Vu Chi Dung** – Vietnam  
**Prof. Vandana Jain** – India

13.30 - 13.45

**PE1.1** - Endocrine disorders in pediatric brain tumor

**Dr. Nguyen Thi Diem Chi** - Vietnam

13.45 - 13.55

**PE1.2** - Gitelman Syndrome: A Case Report

**Dr. Nguyen Thi Kim Hoan** - Vietnam

13.55 - 14.05

**PE1.3** - A case of multiple endocrine neoplasia 2A

**Dr. Hera Pagalilauan** - Vietnam

14.05 - 14.15

**PE1.4** - Clinical and genetic insights of patients with MEN2 in Cho Ray Hospital

**Assoc.Prof. Do Duc Minh** - Indonesia

14.15 - 14.25

**PE1.5** - Navigating the Unseen: The Diagnostic and Treatment Challenges of Occult Ectopic ACTH Syndrome

**Dr. Jamila Christine M. Orticio** - Philippines

14.25 - 14.35

**PE1.6** - ACTH Independent Cushing Syndrome in Pregnancy secondary to an Adrenal Adenoma presenting with Central Serous Retinopathy: A Case Report

**Dr. Airah P. Sardinia** - Philippines

14.35 - 14.50

**PE1.7** - Recommendation, efficacy and safety of rhGH therapy and children, transient period and adult

**Dr. Nguyen Thu Ha** - Vietnam

14.50 - 15.10

**PE1.8** - Precision medicine in monogenic diabetes

**Assoc.Prof. Vu Chi Dung** - Vietnam

15.10 - 15.15

**Discussion**

**HALL E** The 2<sup>nd</sup> floor

|               |                                                                                                                                                                                                     |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 15.15 – 17.00 | <b>PRE E2</b><br><b>COMPREHENSIVE MANAGEMENT IN ELDERLY PATIENTS</b>                                                                                                                                |
| Chairpersons  | <b>Assoc.Prof. Ho Thi Kim Thanh</b> – <i>Vietnam</i><br><b>Prof. Narelle Warren</b> – <i>Australia</i>                                                                                              |
| 15.15 - 15.30 | <b>PE2.1</b> - Association Between Thyroid Dysfunction and Frailty in Elderly Patients:<br>A Cross-Sectional Study in Quezon City General Hospital<br><b>Dr. Pamela Denise Dosono</b> - Philippines |
| 15.30 - 15.45 | <b>PE2.2</b> - Cognitive Frailty and Associated Factors in Older Adults with Type 2 Diabetes<br>in Rural Vietnam<br><b>Dr. Duong Thi Kim Ngan</b> - Vietnam                                         |
| 15.45 - 16.00 | <b>PE2.3</b> - Sarcopenia among older adults with type 2 diabetes: A cross-sectional study<br>in a geriatric hospital<br><b>Dr. Nguyen Thi Thu Huong</b> - Vietnam                                  |
| 16.00 - 16.15 | <b>PE2.4</b> - Real-world insulin use in older adults with type 2 diabetes mellitus: Insights<br>from Public Hospitals in Malaysia<br><b>Dr. Kuan Yueh Chien</b> - Malaysia                         |
| 16.15 - 16.30 | <b>PE2.5</b> - Frailty as a Risk Indicator for Falls in Older Adults with Type 2 Diabetes:<br>Evidence from Vietnam<br><b>Dr. Dinh Trung Hoa</b> - Vietnam                                          |
| 16.30 - 16.45 | <b>PE2.6</b> - Medication adherence and its associated factors on glycemic control in<br>older outpatients with type 2 diabetes in Vietnam<br><b>Dr. Nguyen Thi Hoai Thu</b> - Vietnam              |
| 16.45 - 17.00 | <b>PE2.7</b> - Vitamin D status and its association with sarcopenia in older adults<br>with type 2 diabetes<br><b>Dr. Pham Duc Duy</b> - Vietnam                                                    |

**HALL E** The 2<sup>nd</sup> floor

|               |                                                                                                                                                                                                                                |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09.00 – 10.30 | <b>PLENART E1<br/>PHYSIOLOGY IN DIABETES, METABOLIC DISORDERS</b>                                                                                                                                                              |
| Chairpersons  | <b>Assoc.Prof. Dong Wook Choi</b> – <i>Korea</i><br><b>Dr. Phan Hoang Hiep PhD</b> – <i>Vietnam</i>                                                                                                                            |
| 09.00 - 09.15 | <b>E1.1</b> - Stability of glycation gap in type 2 diabetes<br><b>Dr. Le Quoc Tuan PhD</b> - Vietnam                                                                                                                           |
| 09.15 - 09.30 | <b>E1.2</b> - Exploring Metabolite Regulation of Human Physiology<br><b>Assoc.Prof. Dong Wook Choi</b> - Korea                                                                                                                 |
| 09.30 - 09.45 | <b>E1.3</b> - Normal weight obesity assessed by bioelectrical impedance in T2DM patients<br><b>Dr. Le Trong Nhan</b> - Vietnam                                                                                                 |
| 09.45 - 10.00 | <b>E1.4</b> - Hypoxia-Inducible Factor-1α (HIF-1α) as a Biomarker for Hypertensive Nephropathy Among Non-hypertensive, Hypertensive, and Hypertensive Nephropathic Patients<br><b>Dr. Almarie Joy B. Florida</b> - Philippines |
| 10.00 - 10.15 | <b>E1.5</b> - Research on the hypoglycemic effect and toxicity of anti-diabetic DTU hard capsules in mice<br><b>Duong Thi Thuan PhD</b> - Vietnam                                                                              |
| 10.15 - 10.30 | <b>E1.6</b> - Integrative Polygenic Score Improves the Risk Prediction of Type 2 Diabetes in Vietnam<br><b>Ms. Vuong Thi Huong</b> - Vietnam                                                                                   |
| 10.30 - 10.45 | <b>EXHIBITION OPENING / TEA BREAK</b>                                                                                                                                                                                          |

## HALL E The 2<sup>nd</sup> floor

10.45 – 12.15

### SYMPOSIUM E2 OPTIMAL DIABETIC FOOT ULCER MANAGEMENT

Chairpersons

**Assoc.Prof. Tran Quang Nam** – Vietnam  
**Prof. Marco Meloni** – Italia  
**Dr. Abel Soh** – Singapore

10.45 – 11.00

**E2.1** - Burden of diabetes foot ulcer complication

**Dr. Phan Huu Hen PhD** - Vietnam

11.00 – 11.15

**E2.2** - Infection control in the diabetic foot ulcer

**Dr Zhiwen Joseph Lo** - Singapore

11.15 – 11.30

**E2.3** - Preliminary evaluation of the ulcer healing effects of oral trio amino acid supplementation (L-Arginine, L-Glutamine, L-Leucine) in patients with moderate to severe diabetic foot ulcers associated with nutritional deficiencies

**Dr. Lam Van Hoang PhD** - Vietnam

11.30 – 11.45

**E2.4** - The start of art of diabetic foot: a progressive disease. New insights on the global management

**Prof. Marco Meloni** - Italia

11.45 – 12.00

**E2.5** - Diabetic foot ulcer from a surgical perspective

**Dr. Nguyen Duc Anh Quan** - Vietnam

12.00 – 12.15

**Discussion**

12.15 – 13.15

### SATELITE WORKSHOP E2 – URGO TOP DRESSING OPTIONS FOR DFU

Chairpersons

**Prof. Tran Huu Dang**

12.15 – 12.20

Khai mạc

**Prof. Tran Huu Dang**

12.20 – 12.35

**SE2.1** - The Vietnamese MoH guidelines for DFU management (with/without infection)

**Assoc.Prof. Tran Thua Nguyen** - Vietnam

12.35 – 12.50

**SE2.2** - The clinical evidence of sucrose octasulfate dressing in DFU management

**Prof. Marco Meloni** - Italia

12.50 – 13.05

**SE2.3** - Economic evaluation of TLC -NOSF Dressings versus Standard of Care for DFU management in Vietnam

**Pharm. Kieu Thi Tuyet Mai** - Vietnam

13.05 – 13.15

Thảo luận, Tổng kết

**Prof. Tran Huu Dang**

**HALL E** The 2<sup>nd</sup> floor

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|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 13.15 – 15.00 | <b>SYMPOSIUM E3<br/>METABOLIC DISORDERS AND OBSTETRICS, PCOS</b>                                                                                                                                                                                   |
| Chairpersons  | <b>Assoc.Prof. Le Minh Tam</b> – <i>Vietnam</i><br><b>Assoc.Prof. Hurjahan Banu</b> – <i>Bangladesh</i><br><b>Assoc.Prof. Kyaw K.Soe</b> – <i>USA</i>                                                                                              |
| 13.30 – 13.45 | <b>E3.1</b> – Metabolic disorders in male infertility: current trend in diagnosis and management<br><b>Assoc.Prof. Le Minh Tam</b> – Vietnam                                                                                                       |
| 13.45 – 14.00 | <b>E3.2</b> – Neck circumference as a marker of insulin resistance among women with polycystic ovary syndrome<br><b>Assoc. Prof. Hurjahan Banu</b> – Bangladesh                                                                                    |
| 14.00 – 14.15 | <b>E3.3</b> – Validation of the Tagalog version of the modified polycystic ovary syndrome quality of life questionnaire among adult Filipino women<br><b>Dr. Ranillo V Gamutan Jr</b> – Philippines                                                |
| 14.15 – 14.30 | <b>E3.4</b> – Prevalence and characteristics of women with polycystic ovary syndrome using the International evidence-based guideline and antimullerian hormone: A nationwide cross -sectional survey<br><b>Dr. Md Shahed-Morshed</b> – Bangladesh |
| 14.30 – 14.45 | <b>E3.5</b> – PCOS: Update on diagnosis and treatment<br><b>Dr. Nguyen Thi Thuy Hang PhD</b> – Vietnam                                                                                                                                             |
| 14.45 – 15.15 | <b>E3.6</b> – High prolactin and prolactinoma<br><b>Assoc.Prof. Kyaw K.Soe</b> – USA                                                                                                                                                               |
| 15.00 – 15.15 | <b>TEA BREAK</b>                                                                                                                                                                                                                                   |

**HALL E** The 2<sup>nd</sup> floor

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|---------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 15.15 – 16.30 |                                                                                                                            | <b>PLENARY LECTURE E4<br/>TREATMENT APPROACH IN ADRENAL DISORDERS</b>                                                                                                     |
| Chairpersons  |                                                                                                                            | <b>Prof. Jayaprakash Sahoo</b> – India<br><b>Assoc.Prof. Kyaw K.Soe</b> – USA<br><b>Dr. Nguyen The Thanh PhD.</b> – Vietnam                                               |
| 15.15 – 15.30 | E4.1 – Comparison of the clinical and biochemical parameters between cystic and non-cystic pheochromocytoma                | <b>Prof. Jayaprakash Sahoo</b> – India                                                                                                                                    |
| 15.30 – 15.45 | E4.2 – Diagnostic caveats of male hypogonadism                                                                             | <b>Assoc.Prof. Kyaw K.Soe</b> – USA                                                                                                                                       |
| 15.45 – 16.00 | E4.3 – Adrenal vein sampling: experience at a center in Viet Nam                                                           | <b>Dr. Do Quoc Huy</b> – Vietnam                                                                                                                                          |
| 16.00 – 16.10 | E4.4 – A Case of Congenital Adrenal Hyperplasia Highlighting the Transision Gap to Adult care in Indonesia                 | <b>Dr. Leily Diniyati Pawa</b> – Indonesia                                                                                                                                |
| 16.10 – 16.20 | E4.5 – The Prevalence Of Adrenal Insufficiency Due To Prolonged Glucocorticoid Therapy And Related Factors                 | <b>Dr. Nguyen Truc Dung</b> – Vietnam                                                                                                                                     |
| 16.20 – 16.30 | E4.6 – A Case Report on Pembrolizumab-Induced Endocrinopathies: Primary Hypothyroidism and Secondary Adrenal Insufficiency | <b>Dr. Ciara Maye Leoncini</b> – Philippines                                                                                                                              |
| 16.30 – 17.30 |                                                                                                                            | <b>SATELLITE WORKSHOP E3. ABBOTT<br/>KIỂM SOÁT MỤC TIÊU KÉP TRÊN BỆNH NHÂN ĐÁI THÁO ĐƯỜNG:<br/>GÓC NHÌN ĐA CHUYÊN KHOA</b>                                                |
| Chairpersons  |                                                                                                                            | <b>PGS.TS. Nguyễn Khoa Diệu Vân</b>                                                                                                                                       |
| 16.30 – 16.33 | Khai mạc                                                                                                                   | <b>PGS.TS Nguyễn Khoa Diệu Vân</b>                                                                                                                                        |
| 16.33 – 17.13 | SE3.1 – Kiểm soát mục tiêu kép trên bệnh nhân đái tháo đường: góc nhìn đa chuyên khoa                                      | <b>PGS.TS.BS. Nguyễn Khoa Diệu Vân</b><br><b>TS.BS. Vũ Quỳnh Nga</b><br><b>TS.BS. Lâm Văn Hoàng</b><br><b>TS.BS. Nguyễn Thu Hiền</b><br><b>BSCCKII. Nguyễn Thành Luân</b> |
| 17.13 – 17.25 | Thảo luận                                                                                                                  |                                                                                                                                                                           |
| 17.25 – 17.30 | Tổng kết                                                                                                                   | <b>PGS.TS Nguyễn Khoa Diệu Vân</b>                                                                                                                                        |
| 18.30 – 21.00 | <b>GALA DINNER</b>                                                                                                         |                                                                                                                                                                           |

**HALL E** The 2<sup>nd</sup> floor

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|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08.00 – 09.30 | <b>SYMPOSIUM E5</b><br><b>SARCOPENIA: FROM PATHOPHYSIOLOGY TO TREATMENT</b>                                                                                                                       |
| Chairpersons  | <b>Prof. Dongryeol Ryu</b> – Korea<br><b>Assoc.Prof. Yunju Jo</b> – Korea                                                                                                                         |
| 08.00 - 08.15 | <b>E5.1</b> - Identification and validation of MASAP as a universal blood biomarker for sarcopenia<br><b>Assoc.Prof. Yunju Jo</b> - Korea                                                         |
| 08.15 - 08.30 | <b>E5.2</b> - Prevalence and riskf factors of sarcopenia in elderly patients with type 2 diabetes mellitus – A cross-sectional study<br><b>Dr. Kishore K Behera</b> - India                       |
| 08.30 - 08.45 | <b>E5.3</b> - Sarcopenia and depression: a strong link in older adults with type 2 diabetes<br><b>Dr. Trinh Ngoc Anh</b> - Vietnam                                                                |
| 08.45 - 09.00 | <b>E5.4</b> - Association between sarcopenia with health -related quality of life among older patients with diabetes<br><b>Dr. Do Trung Hieu</b> - Vietnam                                        |
| 09.00 - 09.15 | <b>E5.5</b> - The Pathophysiology and Clinical Implications of Osteosarcopenia and its association with type 2 diabetes mellitus in geriatric populations<br><b>Dr. Nguyen Anh Tuan</b> - Vietnam |
| 09.15 - 09.30 | <b>E5.6</b> - Emerging therapeutic strategies for sarcopenia<br><b>Prof. Dongryeol Ryu</b> - South Korea                                                                                          |
| 09.30 - 09.45 | <b>TEA BREAK</b>                                                                                                                                                                                  |

**HALL E** The 2<sup>nd</sup> floor

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|---------------|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09.45 – 11.30 |                   | <b>SYMPOSIUM E6</b><br><b>COMPREHENSIVE ASSESSMENT OF DIABETIC PATIENTS</b>                                                                                                                                 |
| Chairpersons  |                   | <b>Dr. Nguyen Thi Thuy Hang PhD – Vietnam</b><br><b>Dr. Lam Van Hoang PhD – Vietnam</b><br><b>TBD – Indonesia</b>                                                                                           |
| 09.45 – 10.00 | <b>E6.1</b>       | Serum neutrophil gelatinase-associated lipocalin as a potential biomarker for type 2 diabetes mellitus: A preliminary study among the Filipino population<br><b>Dr. Franchezka Mia Amores - Philippines</b> |
| 10.00 – 10.15 | <b>E6.3</b>       | Association between Skin Autofluorescence and Obesity in Type 2 Diabetes<br><b>Dr. Tang My Ngan - Vietnam</b>                                                                                               |
| 10.15 – 10.30 | <b>E6.4</b>       | Diabetic Striatopathy: A Rare Manifestation of Uncontrolled Diabetes<br><b>Dr. Hanna Clementine Q. Tan - Philippines</b>                                                                                    |
| 10.30 – 10.45 | <b>E6.5</b>       | The effectiveness of a digital diabetes self-management education and support program empowered by coaching in Vietnamese individuals with type 2 diabetes<br><b>Dr. Ly Dai Luong - Vietnam</b>             |
| 10.45 – 11.00 | <b>E6.6</b>       | Predictors of Undiagnosed Diabetes Mellitus in Young Adult Patients according to Indonesian National Health Survey<br><b>Dr. Syahidatul Wafa - Indonesia</b>                                                |
| 11.00 – 11.15 | <b>E6.7</b>       | Health Related Quality of Life among Type 2 Diabetes Patients with Depressive Symptoms in Vietnam<br><b>Dr. Nguyen Tran Kien - Vietnam</b>                                                                  |
| 11.15 – 11.30 | <b>Discussion</b> |                                                                                                                                                                                                             |

**HALL F** The 2<sup>nd</sup> floor

13.30 – 15.15

**PRE F1  
EMERGENCY RESUSCITATION, CLINICAL CASE OF THYROID DISEASE**

**Chairpersons** | **Dr. Le Van Chi PhD – Vietnam**  
**Dr Le Quang Toan PhD – Vietnam**

13.30 - 13.40

**PF1.1** - Severe hypercalcemia caused by parathyroid tumor complicated by renal failure: A case report

**Dr. Alexander Kam** - Indonesia

13.40 - 13.50

**PF1.3** - The Concurrent Use of the Modified NUTRIC score and Modified Subjective Global Assessment in predicting the 28-day mortality of critically ill patients admitted in the intensive care unit: A Tertiary Center Study

**Dr. Kurt Bryan O. Tolentino** - Philippines

13.50 - 14.00

**PF1.4** - Caught by Storm: Metastatic Papillary Thyroid Carcinoma leading to Thyroid Storm Post Surgery

**Dr. Jerome Dylan B. Montalbo** - Philippines

14.00 - 14.10

**PF1.5** - Methimazole -Induced Insulin Autoimmune Syndrome in a 23 Year-Old Filipino Woman Treated for Graves Disease: A Case Report

**Dr. Marcus Belen** - Philippines

14.10 - 14.20

**PF1.6** - Methimazole-induced cholestatic hepatitis in a 42 year old female patient with Graves' disease

**Dr. Jessa Joy D. Tocaldo** - Philippines

14.20 - 14.30

**PF1.7** - When the Butterfly Catches the Bug: A Case Thyroid Tuberculosis

**Dr. Kristel Ann Laurente Mendoza** - Philippines

14.30 - 14.40

**PF1.8** - Hyperthyroidism - related cardiac arrhythmias: Pathophysiology, clinical impact and management strategies

**Dr. Do Thi Ngoc Thuy** - Vietnam

14.40 - 15.15

**Discussion**

## **HALL F** The 2<sup>nd</sup> floor

15.15 – 17.00

### **PRE F2 SURGERY, ORGAN TRANSPLANT**

**Chairpersons**

**Prof. Ko Ko – Myanmar**  
**Assoc.Prof. Vu Thi Thanh Huyen – Vietnam**

**15.15 - 15.30**

**PF2.1** - Sequential changes of hyperparathyroidism and mineral metabolism after successful kidney transplantation

**Dr. Lam Huynh Kim Ngan** - Vietnam

**15.30 - 15.45**

**PF2.2** - Transwoman Kidney Transplant Donor: A Case Report and Review of Literature

**Dr. Jernell Robert D. Malixi** - Philippines

**15.45 - 16.00**

**PF2.3** - Surgical treatment for Graves' disease at Da Nang hospital: indication and outcomes

**Dr Than Trong Vu** - Vietnam

**16.00 - 16.15**

**PF2.4** - Active surveillance or surgery for papillary microcarcinoma: Rethinking the standard approach

**Dr. Nguyen Thi Ngoc Han** - Vietnam

**16.15 - 16.30**

**PF2.5** - Hidden in the Mediastinum: A Case of Intrathoracic Goiter Presenting as a Posterior Mediastinal Mass - Clinical Approach and Management

**Dr. Patricia Ana Vic H. Arcega** - Philippines

**16.30 - 16.45**

**PF2.6** - Radiofrequency Ablation for Primary Hyperparathyroidism: Initial Clinical Experience from the National Hospital of Endocrinology, Vietnam

**Dr. Do Thanh Cong** - Vietnam

**16.45 - 17.00**

**Discussion**

**HALL F** The 2<sup>nd</sup> floor

|                     |                                                                                                                                                                       |
|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09.00 – 10.30       | <b>PLENARY F1<br/>PARATHYROID AND THYROID DISEASE</b>                                                                                                                 |
| <b>Chairpersons</b> | <b>Prof. Thanh D. Hoang – USA</b><br><b>Prof. Piter Benitez – Cuba</b>                                                                                                |
| 09.00 - 09.15       | <b>F1.1</b> - Parathyroid adenoma mimicking multinodular goiter: cases report at National Endocrinology hospital<br><b>Dr. Do Trung Anh</b> - Vietnam                 |
| 09.15 - 09.30       | <b>F1.2</b> - Brown Tumor of the Maxilla and Mandible as a Manifestation of Tertiary Hyperparathyroidism: A Case Report<br><b>Dr. Airah P. Sardinia</b> - Philippines |
| 09.30 - 09.45       | <b>F1.3</b> - Optimal treatment for hypothyroidism – new evidence for combination therapy<br><b>Dr. Thanh D. Hoang</b> - USA                                          |
| 09.45 - 10.00       | <b>F1.4</b> - Detection of Multiple Parathyroid Adenomas using 18F Choline PET/CT Scan: A Case Report<br><b>Dr. Charisse B. Ferrer</b> - Philippines                  |
| 10.00 - 10.15       | <b>F1.5</b> - Thyroid dysfunction in infants of mothers with Graves' disease<br><b>Dr. Hoang Xuan Dai</b> - Vietnam                                                   |
| 10.15 - 10.30       | <b>Discussion</b>                                                                                                                                                     |
| 10.30 - 10.45       | <b>EXHIBITION OPENING / TEA BREAK</b>                                                                                                                                 |

**HALL F** The 2<sup>nd</sup> floor

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|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10.45 – 12.15       | <b>SYMPOSIUM F2A</b><br><b>ANAH RESEARCH</b>                                                                                                                                                               |
| <b>Chairpersons</b> | <b>Prof. William F. Young, Jr – USA</b><br><b>Prof. Paul M. Stewart – UK</b>                                                                                                                               |
| 10.45 – 11.05       | <b>F2A.1</b> - Primary aldosteronism in patients with diabetes mellitus<br><b>Dr. Tri Juli Edi Tarigan</b> - Indonesia                                                                                     |
| 11.05 – 11.25       | <b>F2A.2</b> - Beyond Aldosterone: The Role of Mild Autonomous Cortisol Secretion in Cardiovascular Risk of Primary Aldosteronism<br><b>Dr Richard Cai</b> - Taiwan                                        |
| 11.25 – 11.45       | <b>F2A.3</b> - The impact of setting up an Endocrine Hypertension Clinic in a low-middle income country of South Asia<br><b>Prof. Sharmin Jahan</b> - Bangladesh                                           |
| 11.45 – 12.15       | <b>Break</b>                                                                                                                                                                                               |
| 12.15 – 13.15       | <b>SYMPOSIUM F2B</b><br><b>ANAH RESEARCH</b>                                                                                                                                                               |
| <b>Chairpersons</b> | <b>Prof. William F. Young, Jr – USA</b><br><b>Prof. Gregory Kline – Canada</b>                                                                                                                             |
| 12.15 – 12.35       | <b>F2B.1</b> - Tissue Sodium Quantification in Primary Aldosteronism: From the Index Case to Current Insights on Na <sup>+</sup> /K <sup>+</sup> Redistribution Disorder<br><b>Dr. Hieu Tran</b> - Vietnam |
| 12.35 – 12.55       | <b>F2B.2</b> - Glucocorticoid Excess Across the Spectrum<br><b>Dr. Padiporn Limumpornpetch</b> - Thailand                                                                                                  |
| 12.55 – 13.15       | <b>F2B.3</b> - Challenges in treating adrenal insufficiency<br><b>Dr. Eng Pei Chia</b> - Singapore                                                                                                         |

**HALL F** The 2<sup>nd</sup> floor

13.15 – 15.00 | **SYMPOSIUM F3  
HYPOTHYROID AND THYROID DISEASE**

**Chairpersons** | **Assoc.Prof. Ho Thi Kim Thanh** – *Vietnam*  
**Dr. Vu Thi Hien Trinh PhD** – *Vietnam*

|               |                                                                                                                                                                                 |
|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 13.30 - 13.45 | <b>F3.1</b> - Assessment changing of thyroxine dose for the management of primary hypothyroid during first trimester of pregnancy<br><b>Dr. Vu Thi Hien Trinh PhD</b> - Vietnam |
| 13.45 - 14.00 | <b>F3.2</b> - The art of adjusting thyroid hormone dosage with multi- strenth solution<br><b>Dr. Phan Huu Hen PhD</b> - Vietnam                                                 |
| 14.00 - 14.15 | <b>F3.3</b> - Approach to diagnosis and treatment of hypothyroidism: clinical cases<br><b>Dr. Le Thi Tien</b> - Vietnam                                                         |
| 14.15 - 14.30 | <b>F3.4</b> - From Hypothyroidism with Elevated TRAb to Biphasic Autoimmune Thyroid States<br><b>Dr. Nguyen Viet Hung</b> - Vietnam                                             |
| 14.30 - 14.45 | <b>F3.5</b> - Management of Subclinical Hypothyroidism in Postmenopausal Women: Insights from a Tertiary Hospital in Vietnam<br><b>Dr. Nguyen Thi Ngoc Han</b> - Vietnam        |
| 14.45 - 15.00 | <b>Discussion</b>                                                                                                                                                               |
| 15.00 - 15.15 | <b>TEA BREAK</b>                                                                                                                                                                |

**HALL F** The 2<sup>nd</sup> floor

|               |                                                                                                                                                                                                                                                                 |                                                                                                                       |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| 15.00 – 16.30 |                                                                                                                                                                                                                                                                 | <b>PLENARY LECTURE F4</b><br><b>PREDIABETES, METABOLISM SYNDROME</b>                                                  |
| Chairpersons  |                                                                                                                                                                                                                                                                 | <b>Prof. Piter Benitez</b> – Cuba<br><b>Dr. Tran Minh Triet PhD</b> – Vietnam<br><b>Dr. Quach Huu Trung</b> – Vietnam |
| 15.00 - 15.15 | <b>F4.1</b> - Diagnostic accuracy of the modified Asian Finnish Diabetes Risk Score (ModAsian FINDRISC) in screening for prediabetes, type 2 DM and metabolic syndrome among undiagnosed adult Filipino Healthcare Workers:<br>A cross sectional analytic study | <b>Dr. Marivi Grace Mercado-Nerit</b> - Philippines                                                                   |
| 15.15 - 15.30 | <b>F4.2</b> - Prevalence and atherothrombotic risk of prediabetes in patients undergoing coronary angiography: Data from a Vietnamese cohort study                                                                                                              | <b>Prof. Piter Benitez</b> - Cuba                                                                                     |
| 15.30 - 15.45 | <b>F4.3</b> - Stand Against Prediabetes (SAPd) : A National Campaign to strengthen Diagnosis, Clinical Practice, and Public Awareness in Malaysia                                                                                                               | <b>Dr. Chan Siew Pheng</b>                                                                                            |
| 15.45 - 16.00 | <b>F4.4</b> - Management of Severe Obesity and Super Obesity patients by “Non-Surgical multimodal therapies                                                                                                                                                     | <b>Mr. Phan Bao Long</b> - Vietnam                                                                                    |
| 16.00 - 16.15 | <b>F4.5</b> - Association Between Inflammatory -Metabolic Indices and Renal Function in Patients with Type 2 Diabetes Mellitus                                                                                                                                  | <b>Mr. Tran Truong Trung Tinh</b> - Vietnam                                                                           |
| 16.15 - 16.30 | <b>F4.6</b> - Utility of visceral fat rating, measured using bioelectrical impedance analysis, for screening metabolic syndrome in patients diagnosed with obesity in Vietnam                                                                                   | <b>Dr. Hoang Khanh Chi</b> - Vietnam                                                                                  |

**HALL F** The 2<sup>nd</sup> floor

|               |                                                                                                                            |                                                                                                           |
|---------------|----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| 16.30 – 17.30 |                                                                                                                            | <b>SATELLITE WORKSHOP F3. PFIZER</b><br><b>DỰ PHÒNG NHIỄM KHUẨN PHẾ CẦU TRÊN BỆNH NHÂN ĐÁI THÁO ĐƯỜNG</b> |
| Chairpersons  |                                                                                                                            | <b>PGS.TS. Trần Thừa Nguyên</b>                                                                           |
| 16.30 - 16.35 | Khai mạc                                                                                                                   | <b>PGS.TS. Trần Thừa Nguyên</b>                                                                           |
| 16.35 - 16.55 | <b>SF3.1</b> - Mối tương quan giữa bệnh lý phế cầu trên bệnh nhân đái tháo đường                                           | <b>PGS.TS.BS. Trần Thừa Nguyên</b>                                                                        |
| 16.55 - 17.15 | <b>SF3.2</b> - Vai trò của vắc xin ngừa phế cầu cộng hợp trên bệnh nhân đái tháo đường, các hướng dẫn thực hành tiêm chủng | <b>ThS.BS. Nguyễn Ngọc Anh Tuấn</b>                                                                       |
| 17.15 - 17.25 | Thảo luận                                                                                                                  |                                                                                                           |
| 17.25 - 17.30 | Tổng kết                                                                                                                   | <b>PGS.TS. Trần Thừa Nguyên</b>                                                                           |
| 18.30 - 21.00 | <b>GALA DINNER</b>                                                                                                         |                                                                                                           |

**HALL F** The 2<sup>nd</sup> floor

|               |            |                                                                                                                                                                                                                      |
|---------------|------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08.00 – 09.30 |            | <b>SYMPOSIUM F5<br/>COMBINATION THERAPY IN DIABETES</b>                                                                                                                                                              |
| Chairpersons  |            | <b>Assoc.Prof. Vu Bich Nga</b> – Vietnam<br><b>Dr. Vo Tuan Khoa</b> – Vietnam<br><b>Dr. Tong Chin Voon</b> – Malaysia                                                                                                |
| 08.00 - 08.15 | F5.1       | A Cross-sectional analysis of insulin therapy use among patients with type 2 diabetes in Malaysian Tertiary Hospitals: Data from the TARGET-T2D Study<br><b>Dr. Tong Chin Voon</b> – Malaysia                        |
| 08.15 - 08.30 | F5.2       | Targeting triple treatment among patients with type 2 diabetes: A hospital based cross -sectional survey in Vietnam<br><b>Dr. Vo Tuan Khoa</b> – Vietnam                                                             |
| 08.30 - 08.45 | F5.3       | Clinical and subclinical characteristics of the hyperglycemic crisis in patients with diabetes mellitus (diabetic ketoacidosis and/or hyperosmolar hyperglycemic state)<br><b>Dr. Nguyen Minh Tuan Anh</b> – Vietnam |
| 08.45 - 09.00 | F5.4       | Evaluating the Efficacy of a Nutrition Education Intervention in Diabetic Patients at Hue Central Hospital<br><b>Dr. Nguyen Hoai Linh</b> – Vietnam                                                                  |
| 09.00 - 09.15 | F5.5       | Beyond glycemic control: Exploring the potential benefits of SGLT2 inhibitors in clinical practice<br><b>Dr. Trinh Ngoc Anh</b> – Vietnam                                                                            |
| 09.15 - 09.30 | Discussion |                                                                                                                                                                                                                      |

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#### SECRETARIAT OF THE AFES 2025

Assoc.Prof. Tran Thua Nguyen MD.PhD (General Secretary) - Phone: (+84)903 597 695

Ms. Le Hoang Ngoc Linh - Phone: (+84)915 975 656

Ms. Nguyen Khanh Linh - Phone: (+84)902534691

Email: [secretariat@afes2025vietnam.com](mailto:secretariat@afes2025vietnam.com)

Website: <https://afes2025vietnam.com>